

LAANSW REGION 1 CARNIVAL

Event: T1 - U/13 Girls 1500M Run

Record: 4-53.1

Place	Athlete Name	Centre	Number	Result	
1	Janine Liversage	Hills District	123	4-50.8	RECORD
2	Thea Welsby	Ku-Ring-Gai	277	5-05.2	
3	Suzanne Langer	Parramatta	34	5-05.5	
4	Montana Turner	Cherrybrook	159	5-13.3	
5	Hannah Menday	Cherrybrook	356	5-19.0	
6	Victoria Swalwell	Cherrybrook	283	5-26.3	
7	Nardia Nowlan	Tuggerah Lakes Mingara	213	5-42.3	
8	Natalie Turrin	Northern Districts	34	5-46.5	
9	Miranda Scott	Gosford	230	5-47.5	
10	Emily Thomson	Winston Hills	61	5-48.3	
11	Renee Wardell	Gosford	64	5-49.0	
12	Ashleigh Trupiano	Ku-Ring-Gai	134	5-59.9	
13	Georgia McHugh	Winston Hills	63	6-01.8	
14	Emily Wright	Tuggerah Lakes Mingara	447	6-12.2	

Event: T2 - U/13 Boys 1500M Run

Record: 4-33.0

Place	Athlete Name	Centre	Number	Result	
1	James Zimbulis	Northern Suburbs	324	5-04.5	
2	Craig Cameron	Gosford	80	5-09.0	
3	Jake Richardson	Riverstone	23	5-15.5	
4	Jordan Mulhearn	Parramatta	19	5-21.5	
5	Robert Terlato	Tuggerah Lakes Mingara	10	5-25.2	
6	Ryan Hobbs	Hills District	241	5-27.1	
7	Andrew Allan	Parramatta	92	5-28.5	
8	Samuel Shepherd	Winston Hills	89	5-31.8	
9	Adam Chor	Ku-Ring-Gai	400	5-32.1	
10	Ross Hendry	Ku-Ring-Gai	365	5-35.9	
11	Declan Whealing	Manly Warringah	486	5-36.7	
12	Robert Guinn	Manly Warringah	163	5-48.4	
13	Nathan Hopkins	Terrigal/Wamberal	161	6-00.2	
14	Andrew Robertson	Parramatta	53	6-15.0	

Event: T3 - U/14 Girls 1500M Run

Record: 4-49.0

Place	Athlete Name	Centre	Number	Result	
1	Renee Mainwaring	Gosford	105	4-56.6	
2	Louise Marvin	Winston Hills	29	5-01.0	
3	Kristina Cavanna	Cherrybrook	231	5-06.5	
4	Xanthe Dwyer	Hills District	29	5-11.3	
5	Chelsea Hayward	Manly Warringah	202	5-15.0	
6	Amanda Xuereb	Riverstone	16	5-22.1	
7	Lisa Harvey	Northern Districts	55	5-23.3	
8	Samantha Shaw	Hills District	101	5-25.9	
9	Megan Sullivan	Gosford	111	5-29.4	
10	Rochelle Johnson	Gosford	110	5-30.0	
11	Rebekah Cormack	Manly Warringah	203	5-30.0	
12	Kate Henry	Hornsby	215	6-01.3	

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Event: T4 - U/14 Boys 1500M Run

Record: 4-26.2

Place	Athlete Name	Centre	Number	Result
1	Joshua Ralph	Nth Rocks/Carlingford	261	4-36.6
2	Matthew Ryan	Manly Warringah	688	4-40.5
3	Cameron Borwick	Ryde	361	4-51.5
4	Luke Herzog	Hills District	199	4-57.6
5	Mitch Lozinski	Wyong	7	5-00.6
6	James O'Donnell	Northern Suburbs	61	5-03.2
7	Charles Brooks	Gosford	17	5-14.3
8	Kurt Herzog	Hills District	222	5-17.6
9	Lewis Aramayo	Parramatta	149	5-30.3
10	Angus Gaudry	Gosford	269	5-33.3
11	Carl Puchner	Manly Warringah	505	5-33.8
12	Ben Scheffers	Manly Warringah	359	5-41.8

Event: T5 - U/15 Girls 1500M Run

Record: 4-49.5

Place	Athlete Name	Centre	Number	Result
1	Kaitlin Murphy	Terrigal/Wamberal	1	4-53.6
2	Jessica Drysdale	Wyong	115	4-56.1
3	Bethany Scott	Gosford	229	4-59.3
4	Jessie O'Brien	Northern Districts	270	5-03.8
5	Hayley Jones	Riverstone	107	5-13.9
6	Victoria Low	Cherrybrook	304	5-18.6
7	Alyse Wigley	Hills District	111	5-23.9
8	Katie Furniss	Parramatta	218	5-26.6
9	Kendra Spring	Northern Suburbs	248	6-01.8
10	Sophie Bilsborough	Manly Warringah	27	6-09.6
11	Laura Wilde	Nth Rocks/Carlingford	159	7-28.6

Event: T6 - U/15 Boys 1500M Run

Record: 4-10.7

Place	Athlete Name	Centre	Number	Result
1	Cameron Page	Gosford	285	4-14.0
2	Jordan Smith	Manly Warringah	207	4-19.4
3	Alex Matheson	Manly Warringah	345	4-27.5
4	Joshua Wright	Terrigal/Wamberal	47	4-35.7
5	Ben Tumminello	Ryde	95	4-38.8
6	William Dredge	Tuggerah Lakes Mingara	54	4-42.8
7	Rhys Williams	Ku-Ring-Gai	15	4-49.5
8	Joseph Craft	Northern Suburbs	301	4-54.7
9	Derek Mulheam	Hawkesbury City	259	5-00.6
10	Christian Millgate	Parramatta	9	5-06.6
11	Rory Sparrow	Wyong	283	5-22.9

Event: T13 - U/10 Girls 1500M Run

Record: 5-20.6

Place	Athlete Name	Centre	Number	Result
1	Katie Gamble	Hills District	15	5-28.1
2	Paulina Peters	Ryde	7	5-40.6

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3	Matilda Souter	Winston Hills	215	5-41.3
4	Briarna Rowland	Manly Warringah	222	5-48.4
5	K Deverell	Quakers Hull	250	5-49.0
6	Tegan Boden	Gosford	10	5-51.4
7	Rebecca Marco	Parramatta	44	5-52.9
8	Melanie Stonis	Northern Suburbs	13	5-57.9
9	Ainsley Rose	Manly Warringah	220	6-01.4
10	Alicia Van Arkel	Hills District	6	6-04.8
11	Nicola Simmons	Ku-Ring-Gai	58	6-05.7
12	Vanessa Moriarty	Gosford	149	6-07.5
13	Melissa Hopkins	Terrigal/Wamberal	162	6-13.3
14	Sarah Crisafulli	Northern Districts	23	6-14.7
15	Sophie Edmondstone	Cherrybrook	68	6-21.9

Event: T14 - U/10 Boys 1500M Run

Record: 4-58.8

Place	Athlete Name	Centre	Number	Result
1	Conor O'Sullivan	Manly Warringah	626	5-11.2
2	Joshua Shepherd	Winston Hills	236	5-14.9
3	Andrew Brown	Manly Warringah	569	5-15.9
4	Jayden Rennie	Hills District	437	5-17.8
5	William Richardson	Northern Suburbs	7	5-26.9
6	Anthony Jones	Gosford	39	5-28.1
7	Alex Waterson	Cherrybrook	265	5-36.7
8	Matthew Perry	Hills District	244	5-42.6
9	Andrew Crowe	Wyong	179	5-44.2
10	Henry Gallagher	Ryde	15	5-44.4
11	Oliver Briggs	Northern Suburbs	155	5-47.4
12	Jack Giannini	Winston Hills	244	5-47.9
13	Oscar Melchiorsen	Northern Districts	73	5-52.9
14	Patrick Cornelius-Mau'u	Manly Warringah	135	5-53.8
15	Nicholas Trengrove	Gosford	328	5-55.0
16	Andrew Hastings	Gosford	305	6-07.7

Event: T15 - U/11 Girls 1500M Run

Record: 4-54.7

Place	Athlete Name	Centre	Number	Result
1	Vida Robinson	Manly Warringah	696	5-16.8
2	Courtney Chamberlain	Cherrybrook	305	5-23.2
3	Jessica Clarke	Winston Hills	172	5-32.5
4	Kristal Lewis	Hawkesbury City	16	5-33.3
5	Bethany Halmy	Northern Districts	6	5-35.2
6	Caitlin Delaney	Tuggerah Lakes Mingara	343	5-39.0
7	Katie Ingle	Cherrybrook	224	5-44.5
8	Isabella Wigley	Hills District	110	5-46.9
9	Katie Hunter	Northern Districts	218	5-48.1
10	Amy Bettiol	Manly Warringah	334	5-49.0
11	Amy-Lee Lawrence	Wyong	57	5-54.7
12	Lily Bardsley	Tuggerah Lakes Mingara	47	6-02.8
13	Courtney Cranfield	Cherrybrook	256	6-04.2

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14	Isabella Shina	Hills District	10	6-09.3
15	Ally Davis	Parramatta	377	6-18.3

Event: T16 - U/11 Boys 1500M Run

Record: 4-52.4

Place	Athlete Name	Centre	Number	Result
1	Seth Godlewski	Ku-Ring-Gai	194	5-02.7
2	Jack Stapleton	Parramatta	165	5-02.8
3	Liam Whiting	Ku-Ring-Gai	150	5-04.0
4	Harrison Gregson	Nth Rocks/Carlingford	22	5-12.8
5	Joshua Williams	Ku-Ring-Gai	343	5-14.0
6	Brandon Smallwood	Hawkesbury City	140	5-16.6
7	Ryan Jelley	Tuggerah Lakes Mingara	378	5-20.1
8	Toby Menday	Cherrybrook	355	5-22.3
9	Patrick Kelland	Ryde	50	5-25.8
10	Patrick Weir	Manly Warringah	284	5-29.8
11	Andrew Louw	Hills District	70	5-32.9
12	S Lush	Quakers Hull	301	5-45.8
13	Jay Felton	Gosford	218	5-47.3
14	Harley Donoghue	Terrigal/Wamberal	18	5-56.3

Event: T17 - U/12 Girls 1500M Run

Record: 5-00.1

Place	Athlete Name	Centre	Number	Result
1	Jenny Blundell	Cherrybrook	18	5-00.8
2	Libby Augustine	Manly Warringah	229	5-15.4
3	Sarah Bright	Hills District	19	5-23.4
4	Holly Cormack	Manly Warringah	204	5-27.6
5	Felicity Bright	Hills District	18	5-33.8
6	Eliza Bell	Wyong	5	5-34.3
7	Nicola Forbes-Smith	Northern Districts	60	5-34.8
8	Rachel Attenborough	Hornsby	50	5-35.7
9	Emily Gentle	Nth Rocks/Carlingford	61	5-37.4
10	Gemma Boden	Gosford	12	5-40.4
11	Brittany Annear	Wyong	10	5-49.5
12	Aleisha Wawn	Ku-Ring-Gai	175	5-50.9
13	Natalie Jukic	Ryde	6	5-51.3
14	L Deverell	Quakers Hull	249	5-53.4
15	Danika Messina	Hawkesbury City	103	5-54.3

Event: T18 - U/12 Boys 1500M Run

Record: 4-43.0

Place	Athlete Name	Centre	Number	Result
1	Josh Davies	Cherrybrook	405	4-54.3
2	Blake Wigley	Hills District	159	5-06.1
3	Crawford Huuk	Ku-Ring-Gai	289	5-08.0
4	Jarred Mears	Gosford	30	5-09.6
5	Matthew Van Arkel	Hills District	5	5-11.7
6	Dylan Van Noort	Northern Districts	4	5-18.4
7	Joshua Ray	Parramatta	39	5-23.6
8	Dylan Buhagiar	Woy Woy Peninsula	75	5-26.2

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9	Daniel Terranova	Cherrybrook	322	5-29.5
10	Robert Dredge	Tuggerah Lakes Mingara	56	5-35.9
11	Hugh White	Ku-Ring-Gai	313	5-48.7
12	C Gregg	Quakers Hull	93	5-53.6
13	Aiden Kelly	Winston Hills	147	6-02.4

Event: T19 - U/13 Girls 200M Hurdles

Record: 28.0

Place	Athlete Name	Centre	Number	Result
1	Annaliese Gardiner	Ku-Ring-Gai	33	28.9
2	Tahlia Smith	Nth Rocks/Carlingford	255	29.6
3	Kim Kennedy	Winston Hills	88	30.1
4	Erin Ortado	Ryde	110	32.1
5	Michelle Jenneke	Cherrybrook	210	32.6
6	Victoria Parker	Northern Suburbs	545	35.3
7	Jade Galbraith	Gosford	241	35.5
8	Heather Morton	Northern Districts	100	36.2

Event: t20 - U/13 Boys 200M Hurdles

Record: 27.0

Place	Athlete Name	Centre	Number	Result
1	Kane Thompson	Manly Warringah	101	26.4
2	Raymond Smith	Northern Suburbs	595	27.9
3	Angus Baird	Hills District	78	30.2
4	Justin Gow	Tuggerah Lakes Mingara	158	30.5
5	Jonathan Perry	Hills District	242	30.6
6	Kwaku Ansah	Northern Districts	320	31.0
7	Matthew Andrew	Gosford	367	31.7
8	Samuel Williams	Northern Suburbs	12	32.7

Event: T21 - U/14 Girls 200M Hurdles

Record: 27.6

Place	Athlete Name	Centre	Number	Result
1	Jessi Elliott	Winston Hills	37	28.7
2	Chloe Ker	Manly Warringah	320	29.6
3	Madeleine Powell	Gosford	1	29.8
4	Ellie Maxton	Ku-Ring-Gai	23	30.1
5	Ellen Ford	Hornsby	14	30.5
6	Christina Mc Phee	Parramatta	24	31.7
7	Belinda Frewin	Northern Districts	153	31.8
8	Rachel May	Winston Hills	38	33.0

Event: T22 - U/14 Boys 200M Hurdles

Record: 25.3

Place	Athlete Name	Centre	Number	Result
1	Hugh Brigden	Northern Suburbs	482	26.8
2	Mitchell Tysoe	Gosford	2	27.5
3	Matthew White	Manly Warringah	491	27.6
4	Jack Richardson	Northern Suburbs	10	27.7
5	Campbell Ford	Parramatta	14	29.1
6	Michael Dempsey	Northern Suburbs	8	29.2
7	Cole Taylor	Northern Districts	2	30.4

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8 Angus Hirst Northern Districts 25 34.7

Event: T23 - U/15 Girls 200M Hurdles

Record: 27.2

Place	Athlete Name	Centre	Number	Result
1	Dimity Norton	Hornsby	3	29.3
2	Alice King	Ku-Ring-Gai	5	30.0
3	Anne Sandig	Ku-Ring-Gai	18	30.2
4	Alyce Donoghue	Terrigal/Wamberal	12	30.4
5	Jade Booty	Hornsby	160	30.8
6	Simone Baker	Cherrybrook	158	30.9
7	Nadine George	Parramatta	3	31.2
8	Madison Johnstone	Winston Hills	22	32.6

Event: T24 - U/15 Boys 200M Hurdles

Record: 24.4

Place	Athlete Name	Centre	Number	Result
1	Robert McIntyre	Manly Warringah	301	25.5
2	James Dooley	Northern Suburbs	599	26.1
3	Eamon Akamarmoi	Terrigal/Wamberal	22	27.1
4	Regino Caswell	Kings Langley	204	27.9
5	Matthew Hicks	Hornsby	67	28.6
6	Gary Partridge	Toukley	90	28.9
7	Ashley Hanson	Hills District	265	29.6
8	Mark Collins	Gosford	53	30.4

Event: T35 - U/8 Girls 60M Hurdles

Record: 10.9

Place	Athlete Name	Centre	Number	Result
1	Madeleine Jones	Hornsby	258	11.1
2	Rachel Pace	Riverstone	8	11.1
3	Eloise Wicks	Ku-Ring-Gai	176	12.0
4	Lara Newey	Cherrybrook	465	12.1
5	Emily Campbell	Gosford	262	12.3
6	Kayla Sisinni	Winston Hills	328	12.4
7	Ellen Boucher	Hornsby	77	12.5
8	Mimi Lewis	Northern Suburbs	146	12.7

Event: T36 - U/8 Boys 60M Hurdles

Record: 10.5

Place	Athlete Name	Centre	Number	Result
1	Wade Buhler	Parramatta	204	11.1
2	Lachlan Behagg	Manly Warringah	141	11.1
3	Paul Salem	Ku-Ring-Gai	507	11.2
4	Daniel Gostelow	Manly Warringah	430	11.3
5	Luke Podnar	Woy Woy Peninsula	112	11.5
6	Jordan Altmann	Gosford	182	11.5
7	Ryan Boot	Ku-Ring-Gai	156	11.7
8	Jack Holm	Tuggerah Lakes Mingara	208	11.9

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Event: T37 - U/9 Girls 60M Hurdles

Record: 10.2

Place	Athlete Name	Centre	Number	Result
1	Ashlee Tait	Kings Langley	11	10.6
2	Katrina Hunt	Northern Suburbs	168	10.7
3	Georgie Daniels	Manly Warringah	12	10.9
4	Kirsty Welfare	Winston Hills	248	11.3
5	Gabriella O'Grady	Northern Suburbs	289	11.3
6	Antonia Howard	Ku-Ring-Gai	30	11.3
7	Sarah Paek	Hornsby	133	11.4
8	Ainslee Elliott	Manly Warringah	384	11.5

Event: T38 - U/9 Boys 60M Hurdles

Record: 9.3

Place	Athlete Name	Centre	Number	Result
1	Nelson Osifo	Hills District	467	10.1
2	Tyler Grindal	Northern Suburbs	99	10.3
3	Alec Diamond	Northern Suburbs	111	10.4
4	Joshua Parkinson	Tuggerah Lakes Mingara	152	10.5
5	Braxton Facer	Manly Warringah	412	10.6
6	Dominic Mete	Ku-Ring-Gai	253	10.7
7	Timothy Anstee	Hills District	35	10.9
8	Scott Drinkwater	Tuggerah Lakes Mingara	380	11.0

Event: T39 - U/10 Girls 60M Hurdles

Record: 10.2

Place	Athlete Name	Centre	Number	Result
1	Claudia Lonngren-Hall	Manly Warringah	103	10.7
2	Jamie Carr	Gosford	296	10.9
3	Bianca Mould	Terrigal/Wamberal	2	11.1
4	Casey Judge	Tuggerah Lakes Mingara	1	11.3
5	Matilda Souter	Winston Hills	215	11.3
6	Briarna Rowland	Manly Warringah	222	11.7
7	Samantha Cahill	Winston Hills	202	11.7
8	Paige Wilson-Mosey	Winston Hills	205	11.9

Event: T40 - U/10 Boys 60M Hurdles

Record: 9.7

Place	Athlete Name	Centre	Number	Result
1	Glenn Clothier	Northern Districts	197	10.5
2	Maxwell Irish	Manly Warringah	285	10.8
3	Benjamin Butler	Wyong	21	10.8
4	Jamie Huntley	Winston Hills	222	10.9
5	Andrew Shorrocks	Hills District	564	11.5
6	Rhys Holman	Parramatta	448	11.5
7	Jack McArdle	Ku-Ring-Gai	286	11.5
8	Kinta Saunders	Tuggerah Lakes Mingara	176	11.6

Event: T41 - U/11 Girls 60M Hurdles

Record: 9.6

Place	Athlete Name	Centre	Number	Result
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2	Mikaela Hale	Tuggerah Lakes Mingara	317	10.5
3	Sheridan Marks	Hornsby	41	10.8
4	Katy Oswald	Northern Districts	57	10.9
5	Laura Douglass	Manly Warringah	218	10.9
6	Madeleine Bird	Tuggerah Lakes Mingara	229	11.1
7	Jordan Kaatzke-McDonald	Winston Hills	149	11.1
8	Corrina Moore	Kings Langley	286	11.2

Event: T42 - U/11 Boys 60M Hurdles

Record: 9.4

Place	Athlete Name	Centre	Number	Result
1	Travis Wood	Northern Suburbs	32	9.8
2	Marcus Alcock	Manly Warringah	251	10.2
3	Duane Matulick-Short	Manly Warringah	625	10.4
4	Sanjai Krishna	Winston Hills	191	10.5
5	Steven Jessep	Kings Langley	174	10.7
6	Zachary Sheridan	Parramatta	86	10.7
7	Nick McKell	Ku-Ring-Gai	146	11.4
8	Joshua Linton	Wyong	26	11.4

Event: T43 - U/12 Girls 60M Hurdles

Record: 9.1

Place	Athlete Name	Centre	Number	Result
1	Courtney Cross	Hornsby	94	9.7
2	Samantha Hulme	Manly Warringah	313	10.2
3	Katie Healey	Northern Suburbs	175	10.4
4	Olivia Caprarelli	Ku-Ring-Gai	83	10.5
5	Vanessa Osifo	Hills District	466	10.5
6	Kasey Tysoe	Gosford	4	10.9
7	Kimberley Lowe	Ryde	9	10.9
8	Jana Birkby	Manly Warringah	408	11.1

Event: T44 - U/12 Boys 60M Hurdles

Record: 8.9

Place	Athlete Name	Centre	Number	Result
1	Mason Farrell	Cherrybrook	417	9.9
2	Matt Rowland	Manly Warringah	88	10.1
3	Nicholas Chapman	Northern Suburbs	72	10.1
4	Benjamin Eldridge	Northern Suburbs	5	10.3
5	Brandon Starc	Parramatta	386	10.6
6	Evan Clothier	Northern Districts	196	10.8
7	Scott MacLennan	Ku-Ring-Gai	238	11.0
8	Dillon Mould	Terrigal/Wamberal	150	11.0

Event: T77 - U/13 Girls 100M Run

Record: 12.3

Place	Athlete Name	Centre	Number	Result
1	Annaliese Gardiner	Ku-Ring-Gai	33	12.8
2	Meryn Denning	Hills District	333	13.3
3	Rebecca Watts	Winston Hills	77	13.5
4	Tahinee Amos	Terrigal/Wamberal	151	13.6
5	Samantha Harmer	Manly Warringah	307	13.6

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6	Megan Tully	Terrigal/Wamberal	96	14.0
7	Kaitlyn Duursma	Cherrybrook	100	14.0
8	Leah Elder	Manly Warringah	311	14.4

Event: T78 - U/13 Boys 100M Run

Record: None

Place	Athlete Name	Centre	Number	Result
1	Kane Thompson	Manly Warringah	101	12.1
2	D Mooneesamy	Quakers Hull	142	12.5
3	Allen Jones	Manly Warringah	131	12.6
4	Alexander Pettigrew	Parramatta	7	12.8
5	Joshua Andrew	Hawkesbury City	32	12.8
6	Raymond Smith	Northern Suburbs	595	12.9
7	Jonathan Palmer	Cherrybrook	455	12.9
8	Christopher Yip	Parramatta	96	13.3

Event: T79 - U/14 Girls 100M Run

Record: 12.1

Place	Athlete Name	Centre	Number	Result
1	Danielle Bradbury	Terrigal/Wamberal	4	12.8
2	Jessi Elliott	Winston Hills	37	12.8
3	Elle-Maree Farrington	Northern Suburbs	397	13.0
4	Lee Desmidt	Ku-Ring-Gai	214	13.0
5	Jordan Lumley	Northern Districts	1	13.3
6	Dearne Eros	Cherrybrook	346	13.4
7	Chloe Ker	Manly Warringah	320	13.4
8	Caitlin Stedman	Hawkesbury City	1	13.4

Event: T80 - U/14 Boys 100M Run

Record: 11.2

Place	Athlete Name	Centre	Number	Result
1	Martin Stonis	Northern Suburbs	1	11.8
2	Michael Raterman	Tuggerah Lakes Mingara	356	12.2
3	Christopher Doumanis	Northern Suburbs	653	12.4
4	Zachary Gelder	Ku-Ring-Gai	464	12.4
5	Rory Mcveigh	Hills District	337	12.7
6	Mitchell Tysoe	Gosford	2	13.0
7	Mark O'Dare	Tuggerah Lakes Mingara	360	13.1
8	Joel Blinkhorne	Manly Warringah	489	13.2

Event: T81 - U/15 Girls 100M Run

Record: 12.1

Place	Athlete Name	Centre	Number	Result
1	Sarah Thomson	Cherrybrook	28	12.7
2	Jaimie Derwin	Manly Warringah	647	13.3
3	Erin Corbett	Tuggerah Lakes Mingara	481	13.6
4	Alyce Donoghue	Terrigal/Wamberal	12	13.7
5	Isobel Thomas	Mosman	7	13.8
6	Phoebe Rom	Winston Hills	20	14.2
7	Hailey Ure	Manly Warringah	388	14.2
8	Jennifer Burge	Hills District	39	14.3

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Event: T82 - U/15 Boys 100M Run

Record: 11.3

Place	Athlete Name	Centre	Number	Result
1	Daniel Olivera	Manly Warringah	401	11.4
2	Len Pearce	Ryde	74	11.6
3	John Pearce	Ryde	73	11.8
4	Nicholas Legrand	Northern Suburbs	376	11.8
5	Michael Oldfield	Manly Warringah	1	12.2
6	Robert McIntyre	Manly Warringah	301	12.3

Event: T83 - U/8 Girls 100M Run

Record: 15.2

Place	Athlete Name	Centre	Number	Result
1	Emily Campbell	Gosford	262	16.2
2	Emma Frost	Northern Districts	317	16.5
3	Madeleine Jones	Hornsby	258	16.5
4	Carla Takchi	Cherrybrook	320	16.7
5	Ella McCarroll	Tuggerah Lakes Mingara	333	16.9
6	Rachel Pace	Riverstone	8	17.0
7	Laura Welch	Manly Warringah	234	17.1

Event: T84 - U/8 Boys 100M Run

Record: 14.9

Place	Athlete Name	Centre	Number	Result
1	Jordan Shelley	Hills District	419	15.4
2	Bailey Simonsson	Manly Warringah	126	15.6
3	Max Le Ban	Manly Warringah	296	15.8
4	Remy-Luc Faint	Northern Suburbs	26	16.0
5	Alex Nguyen-Ha	Cherrybrook	146	16.1
6	Wade Buhler	Parramatta	204	16.3
7	Henry Ferguson	Manly Warringah	712	16.4
8	Jonathon Dobb	Terrigal/Wamberal	164	16.5

Event: T85 - U/9 Girls 100M Run

Record: 14.7

Place	Athlete Name	Centre	Number	Result
1	Natalie Tobin	Cherrybrook	202	15.1
2	Ashlee Tait	Kings Langley	11	15.3
3	Lauren Gilbert	Parramatta	60	15.4
4	Katrina Hunt	Northern Suburbs	168	15.5
5	Sara Marshall	Gosford	236	15.7
6	Antonia Howard	Ku-Ring-Gai	30	15.8
7	Kelsey Dwyer	Hills District	26	15.8
8	Georgina McDonnell	Manly Warringah	545	16.0

Event: T86 - U/9 Boys 100M Run

Record: 13.9

Place	Athlete Name	Centre	Number	Result
1	Joshua Parkinson	Tuggerah Lakes Mingara	152	14.8
2	Nelson Osifo	Hills District	467	15.1

3	Shavil Mendis	Ku-Ring-Gai	213	15.2
4	Braxton Facer	Manly Warringah	412	15.2

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5	Benjamin Treeby	Manly Warringah	661	15.2
6	Zac Sfiligoi	Cherrybrook	277	15.4
7	Tim Walsh	Ku-Ring-Gai	308	15.7
8	Tyler Grindal	Northern Suburbs	99	15.7

Event: T87 - U/10 Girls 100M Run

Record: 13.7

Place	Athlete Name	Centre	Number	Result
1	Claudia Lonngren-Hall	Manly Warringah	103	14.7
2	Jamie Carr	Gosford	296	14.9
3	Bianca Mould	Terrigal/Wamberal	2	15.0
4	Lauren Harrison	Ku-Ring-Gai	330	15.1
5	Hannah Jones	Gosford	346	15.4
6	Brooke Walker	Tuggerah Lakes Mingara	7	15.6
7	Jessica Hough	Hills District	3	15.7
8	Olivia O'Rourke	Mosman	46	15.8

Event: T88 - U/10 Boys 100M Run

Record: 13.3

Place	Athlete Name	Centre	Number	Result
1	Jayden Priest	Gosford	344	14.0
2	Isaac Simpson	Tuggerah Lakes Mingara	8	14.6
3	Mitchel Van Noort	Northern Districts	5	14.8
4	Kairo Anderson	Toukley	64	14.9
5	Jackson Kang	Parramatta	122	15.0
6	Henry Lister	Mosman	2	15.1
7	Luke Bonanno	Manly Warringah	573	15.2
8	Joshua Mbakwe	Hornsby	150	15.3

Event: T89 - U/11 Girls 100M Run

Record: 13.4

Place	Athlete Name	Centre	Number	Result
1	Mikaela Hale	Tuggerah Lakes Mingara	317	14.1
2	Katy Oswald	Northern Districts	57	14.3
3	Heidi Sfiligoi	Cherrybrook	276	14.6
4	Philippa Williams	Cherrybrook	360	14.7
5	Grace Gillard	Manly Warringah	230	14.8
6	Jemma Gledhill	Manly Warringah	78	14.9
7	Natalie Rimac	Winston Hills	164	15.0

Event: T90 - U/11 Boys 100M Run

Record: 13.1

Place	Athlete Name	Centre	Number	Result
1	Sam Mete	Ku-Ring-Gai	252	13.2
2	Jacob Roberts	Hawkesbury City	55	14.0
3	Mitchell Harmer	Manly Warringah	308	14.2
4	Jack Green	Nth Rocks/Carlingford	43	14.2
5	Jacob Webb	Woy Woy Peninsula	11	14.3
6	Travis Wood	Northern Suburbs	32	14.4
7	Benjamin White	Terrigal/Wamberal	159	14.5
8	Jordan Barnes	Hornsby	65	14.6

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Event: T91 - U/12 Girls 100M Run

Record: 12.4

Place	Athlete Name	Centre	Number	Result
1	Georgina Burnett	Hornsby	254	13.3
2	Courtney Cross	Hornsby	94	13.4
3	Samantha Hulme	Manly Warringah	313	13.6
4	Rubeena King	Northern Suburbs	487	13.8
5	Tahlia Peterson	Manly Warringah	191	13.9
6	Amy Lewis	Hills District	87	13.9
7	Kelly Spencer	Gosford	13	14.2
8	Myrrhing Fabricus	Mosman	3	14.3

Event: T92 - U/12 Boys 100M Run

Record: 12.3

Place	Athlete Name	Centre	Number	Result
1	Nicholas Hough	Hills District	4	12.9
2	Michael Yap	Parramatta	100	13.1
3	Justin Tarabine	Parramatta	155	13.4
4	Robbie Jones	Manly Warringah	601	13.5
5	Kyle Plant	Nth Rocks/Carlingford	287	13.7
6	Matthew Gonzalez	Hills District	312	13.8
7	Liam Blinco	Gosford	399	13.8
8	Evan Clothier	Northern Districts	196	14.0

Event: T93 - U/13 Girls 400M Run

Record: 58.6

Place	Athlete Name	Centre	Number	Result
1	Samantha Harmer	Manly Warringah	307	59.7
2	Janine Liversage	Hills District	123	1-00.4
3	Leah Elder	Manly Warringah	311	1-01.6
4	Tahlia Smith	Nth Rocks/Carlingford	255	1-04.4
5	Georgia Huggett	Cherrybrook	53	1-05.6
6	Hannah Monty	Hills District	200	1-07.6
7	Tammy Derwin	Manly Warringah	648	1-09.0
8	Sally Horwood	Nth Rocks/Carlingford	89	1-16.0

Event: T94 - U/13 Boys 400M Run

Record: 56.9

Place	Athlete Name	Centre	Number	Result
1	Alexander Pettigrew	Parramatta	7	56.0 RECORD
2	Raymond Smith	Northern Suburbs	595	58.3
3	Aiden Evans	Winston Hills	85	1-00.0
4	Daniel Desantis	Ryde	390	1-01.5
5	Aidan MacCulloch	Cherrybrook	454	1-02.9
6	Anthony Baddock	Winston Hills	84	1-05.3
7	Simon Abramowicz	Ku-Ring-Gai	298	1-06.0
8	Kwaku Ansah	Northern Districts	320	1-08.6

Event: T95 - U/14 Girls 400M Run

Record: 56.2

Place	Athlete Name	Centre	Number	Result
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2	Maddy Linwood	Tuggerah Lakes Mingara	257	1-02.1
3	Emma Hunt	Cherrybrook	12	1-02.3
4	Alisha Schram	Parramatta	645	1-03.9
5	Phoebe Kershaw	Northern Suburbs	15	1-05.1
6	Samantha Edwards	Tuggerah Lakes Mingara	323	1-05.5
7	Megan Sullivan	Gosford	111	1-07.3

Event: T96 - U/14 Boys 400M Run

Record: 53.5

Place	Athlete Name	Centre	Number	Result
1	Zachary Gelder	Ku-Ring-Gai	464	54.0
2	Matthew Ryan	Manly Warringah	688	56.2
3	Michael Inskip	Riverstone	108	56.6
4	Mark O'Dare	Tuggerah Lakes Mingara	360	58.1
5	Jack Richardson	Northern Suburbs	10	58.7
6	Campbell Ford	Parramatta	14	1-00.0
7	Thomas Slood	Ku-Ring-Gai	486	1-02.4
8	Angus Gaudry	Gosford	269	1-02.8

Event: T97 - U/15 Girls 400M Run

Record: 55.6

Place	Athlete Name	Centre	Number	Result
1	Andrea Zaja	Hills District	50	59.7
2	Elizabeth Carr	Northern Districts	42	1-00.0
3	Hayley Jones	Riverstone	107	1-00.5
4	Hannah Goddard	Manly Warringah	2	1-02.6
5	Hailey Ure	Manly Warringah	388	1-03.5
6	Alexandra Bretherton	Ku-Ring-Gai	19	1-03.7
7	Sarah Gunn	Gosford	286	1-06.0
8	Phoebe Rom	Winston Hills	20	1-07.6

Event: T98 - U/15 Boys 400M Run

Record: 50.9

Place	Athlete Name	Centre	Number	Result
1	Nathan Sharpe	Ku-Ring-Gai	12	54.3
2	Matthew Mooney	Northern Districts	157	54.5
3	James Dray	Winston Hills	3	54.8
4	Dylan Lee	Manly Warringah	620	56.0
5	Julian Clark	Ku-Ring-Gai	2	56.5
6	Joshua Smith	Northern Suburbs	173	56.9
7	Gary Partridge	Toukley	90	59.3
8	Tom Paavola	Terrigal/Wamberal	10	1-00.3

Event: T99 - U/8 Girls 400M Run

Record: 1-13.9

Place	Athlete Name	Centre	Number	Result
1	Sophie Gillard	Manly Warringah	231	1-22.0
2	Imogen McKay	Ku-Ring-Gai	425	1-22.2
3	Megan Wardell	Gosford	66	1-22.9
4	Mikayla Martin	Tuggerah Lakes Mingara	89	1-24.3
5	Bianca Messina	Hawkesbury City	242	1-24.9
6	Rebecca Jacob	Hornsby	245	1-26.5

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7	Kate O'gorman	Hills District	104	1-26.8
8	Melise Clisby	Hawkesbury City	179	1-30.2

Event: T100 - U/8 Boys 400M Run

Record: 1-09.7

Place	Athlete Name	Centre	Number	Result
1	Adam Halmy	Northern Districts	8	1-12.4
2	Jonathon Dobb	Terrigal/Wamberal	164	1-14.6
3	Sam Coburn	Hornsby	8	1-16.6
4	Ryan Boot	Ku-Ring-Gai	156	1-16.8
5	Aaron Gunn	Gosford	289	1-18.3
6	James McFadden	Ku-Ring-Gai	297	1-18.7
7	Ashley Doggett	Hills District	131	1-18.9
8	Jesse Rutherford	Tuggerah Lakes Mingara	88	1-24.1

Event: T101 - U/9 Girls 400M Run

Record: 1-10.7

Place	Athlete Name	Centre	Number	Result
1	Natalie Tobin	Cherrybrook	202	1-11.8
2	Kelsey Dwyer	Hills District	26	1-12.3
3	Abbie Dwyer	Hills District	25	1-12.8
4	Sara Marshall	Gosford	236	1-14.6
5	Patricia La Hood	Parramatta	50	1-14.7
6	Louise Hill	Mosman	84	1-15.6
7	Lucy Claxton	Winston Hills	255	1-18.0
8	Tayla-Paige Billington	Manly Warringah	368	1-19.7

Event: T102 - U/9 Boys 400M Run

Record: 1-05.3

Place	Athlete Name	Centre	Number	Result
1	Riley Staraj	Hawkesbury City	198	1-08.4
2	Scott Drinkwater	Tuggerah Lakes Mingara	380	1-09.0
3	Justin Brown	Manly Warringah	364	1-09.2
4	Tim Walsh	Ku-Ring-Gai	308	1-10.6
5	Alex Moore	Cherrybrook	293	1-10.9
6	Robert Nelson	Manly Warringah	185	1-19.6
1	Erin Blundell	Cherrybrook	19	1-10.0
2	Matilda Souter	Winston Hills	215	1-10.6
3	Molly Simpson	Manly Warringah	355	1-10.9
4	Kia Prokopiou	Tuggerah Lakes Mingara	9	1-11.5
5	Nicole Noga	Ryde	88	1-11.7
6	Rachel Horwood	Nth Rocks/Carlingford	90	1-13.0
7	Jordan Jamer	Cherrybrook	15	1-13.3
8	Aimee Kerr	Manly Warringah	349	1-14.1

Event: T104 - U/10 Boys 400M Run

Record: 1-03.8

Place	Athlete Name	Centre	Number	Result
1	Matthew Dunsmore	Manly Warringah	360	1-05.8
2	William Richardson	Northern Suburbs	7	1-08.9
3	Joshua Shepherd	Winston Hills	236	1-09.2
4	Jack Coulter	Gosford	406	1-09.4

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5	Andrew Crowe	Wyong	179	1-11.1
6	Jackson Lee	Cherrybrook	107	1-12.7
7	Harrison Fox	Northern Districts	28	1-14.0
8	Conor O'Sullivan	Manly Warringah	626	1-15.8

Event: T105 - U/11 Girls 400M Run

Record: None

Place	Athlete Name	Centre	Number	Result
1	Emilie Nelson	Manly Warringah	323	1-05.8
2	Courtney Chamberlain	Cherrybrook	305	1-07.0
3	Tori Groom	Manly Warringah	347	1-07.9
4	Natissa Schram	Parramatta	644	1-11.0
5	Genevieve Cowie	Hills District	193	1-11.8
6	Madeleine Smith	Terrigal/Wamberal	215	1-12.4
7	Bethany Halmy	Northern Districts	6	1-12.9
8	Elisha Coster	Ryde	42	1-15.3

Event: T106 - U/11 Boys 400M Run

Record: 1-00.5

Place	Athlete Name	Centre	Number	Result
1	Mitchell Harmer	Manly Warringah	308	1-03.6
2	Byron Cavender	Gosford	151	1-04.2
3	Patrick Curtin	Northern Suburbs	307	1-05.8
4	Liam Whiting	Ku-Ring-Gai	150	1-07.4
5	Jack Stapleton	Parramatta	165	1-08.2
6	E Park	Quakers Hull	224	1-14.1

Event: T107 - U/12 Girls 400M Run

Record: 1-01.3

Place	Athlete Name	Centre	Number	Result
1	Libby Augustine	Manly Warringah	229	1-04.2
2	Jenny Blundell	Cherrybrook	18	1-04.7
3	Tara Vance	Ryde	182	1-05.2
4	Madeline Fox	Northern Districts	20	1-06.0
5	Tessa Douglas	Cherrybrook	31	1-07.9
6	Claire Broadfoot	Manly Warringah	227	1-08.3
7	Karly O'Brien	Terrigal/Wamberal	48	1-10.2
8	Lauren Nelson	Tuggerah Lakes Mingara	5	1-14.6

Event: T108 - U/12 Boys 400M Run

Record: 58.7

Place	Athlete Name	Centre	Number	Result
1	Adam Harding	Hills District	93	58.6 RECORD
2	Michael Yap	Parramatta	100	1-00.4
3	Frank Stegman	Manly Warringah	7	1-04.9
4	Benjamin Marshall	Toukley	70	1-05.0
5	Scott Whyte	Tuggerah Lakes Mingara	92	1-06.6
6	Franz Hartevelt	Hills District	155	1-06.7
7	Joshua Ray	Parramatta	39	1-07.0
8	Thomas Finn	Northern Districts	254	1-14.7

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Event: T109 - U/13 Girls 3000M Run

Record: 11-03.4

Place	Athlete Name	Centre	Number	Result
1	Thea Welsby	Ku-Ring-Gai	277	10-47.3 RECORD
2	Hannah Menday	Cherrybrook	356	11-08.8
3	Suzanne Langer	Parramatta	34	11-20.2
4	Victoria Swalwell	Cherrybrook	283	11-58.2
5	Caroline Bourguignon	Hills District	291	12-06.8
6	Emily Thomson	Winston Hills	61	12-51.7
7	Nardia Nowlan	Tuggerah Lakes Mingara	213	12-55.2
8	Hannah Monty	Hills District	200	12-55.8
9	Emily Wright	Tuggerah Lakes Mingara	447	13-05.2
10	Renee Wardell	Gosford	64	13-18.6
11	Emily Gunn	Gosford	287	14-32.9

Event: T110 - U/13 Boys 3000M Run

Record: 9-47.6

Place	Athlete Name	Centre	Number	Result
1	James Zimbulis	Northern Suburbs	324	10-40.8
2	Jesse Beadman	Riverstone	113	10-49.3
3	Jonathan Perry	Hills District	242	10-51.6
4	Craig Cameron	Gosford	80	11-16.9
5	Jake Richardson	Riverstone	23	11-20.5
6	Ross Hendry	Ku-Ring-Gai	365	11-25.9
7	Adam Chor	Ku-Ring-Gai	400	11-26.1
8	Jordan Mulhearn	Parramatta	19	11-44.8
9	Robert Terlato	Tuggerah Lakes Mingara	10	11-45.3
10	Nathan Hopkins	Terrigal/Wamberal	161	12-49.9

Event: T111 - U/14 Girls 3000M Run

Record: 10-35.6

Place	Athlete Name	Centre	Number	Result
1	Renee Mainwaring	Gosford	105	10-50.9
2	Louise Marvin	Winston Hills	29	11-07.8
3	Chelsea Hayward	Manly Warringah	202	11-31.6
4	Katrina Andersen	Northern Suburbs	88	11-56.7
5	Xanthe Dwyer	Hills District	29	12-00.4
6	Amanda Xuereb	Riverstone	16	12-06.8
7	Alyssa Miller	Parramatta	22	12-14.4
8	Lisa Harvey	Northern Districts	55	12-21.4
9	Rebekah Cormack	Manly Warringah	203	12-32.1
10	Charlotte Bourguignon	Hills District	290	13-03.9

Event: T112 - U/14 Boys 3000M Run

Record: 9-19.0

Place	Athlete Name	Centre	Number	Result
1	Mitch Lozinski	Wyong	7	10-40.9
2	Nawfal Mahi	Ryde	392	11-01.7
3	James O'Donnell	Northern Suburbs	61	11-10.4
4	Charles Brooks	Gosford	17	11-27.2
5	Guy Lewis	Ryde	28	11-33.9

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6	Cameron Whittle	Hills District	257	12-13.1
7	Ben Scheffers	Manly Warringah	359	12-15.1

Event: T113 - U/15 Girls 3000M Run

Record: 10-38.5

Place	Athlete Name	Centre	Number	Result
1	Kaitlin Murphy	Terrigal/Wamberal	1	10-57.8
2	Bethany Scott	Gosford	229	11-06.8
3	Victoria Low	Cherrybrook	304	11-10.2
4	Jessie O'Brien	Northern Districts	270	11-26.9
5	Katie Furniss	Parramatta	218	12-15.3
6	Sarah Gunn	Gosford	286	12-38.5
7	Alyse Wigley	Hills District	111	12-56.2
8	Zara Doering	Hawkesbury City	122	13-17.2
9	Anne Sandig	Ku-Ring-Gai	18	13-25.0
10	Katie Trahair	Manly Warringah	188	13-57.4
11	Kendra Spring	Northern Suburbs	248	14-15.9

Event: T114 - U/15 Boys 3000M Run

Record: 9-30.7

Place	Athlete Name	Centre	Number	Result
1	Cameron Page	Gosford	285	9-12.7 RECORD
2	Jordan Smith	Manly Warringah	207	9-45.7
3	Alex Matheson	Manly Warringah	345	9-52.3
4	Leo Peterson	Northern Districts	250	10-17.4
5	Rhys Williams	Ku-Ring-Gai	15	10-36.2
6	Regino Caswell	Kings Langley	204	10-37.2
7	Derek Mulheam	Hawkesbury City	259	10-39.7
8	Joseph Craft	Northern Suburbs	301	10-43.0
9	Christian Millgate	Parramatta	9	10-53.3
10	John Robert Bowskill	Parramatta	20	11-22.3
11	Michael Robertson	Parramatta	51	12-17.6

Event: f1 - U/9 Girls High Jump

Record: 1.22

Place	Athlete Name	Centre	Number	Result
1	Ashlee Tait	Kings Langley	11	1.21
2	Katia Molen-Grigull	Manly Warringah	551	1.19
3	Georgia Meagher	Manly Warringah	243	1.11
4	Georgia Herron	Northern Suburbs	385	1.09
5	Georgie Daniels	Manly Warringah	12	1.05
6	Veronica Thomson	Hornsby	89	1.05
7	Amelia Basheer	Northern Suburbs	559	1.00
	Elissa Ayling	Cherrybrook	56	1.00
	Megan Beams	Ku-Ring-Gai	212	1.00
10	Tiralyn Watson	Kings Langley	146	.95
11	Taylah Drysdale	Wyong	109	.95
	Jessica Goddard	Hills District	443	.95
13	D Pogson	Quakers Hull	221	.85

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Event: F2 - U/9 Boys High Jump

Record: 1.31

Place	Athlete Name	Centre	Number	Result
1	Matthew Crowe	Northern Suburbs	332	1.20
2	Joshua Parkinson	Tuggerah Lakes Mingara	152	1.18
3	Shaun Garner	Winston Hills	291	1.16
4	Zac Sfiligoi	Cherrybrook	277	1.14
5	Joseph Hilsberg	Northern Suburbs	547	1.14
6	Matthew Fisher	Ku-Ring-Gai	174	1.12
7	Timothy Anstee	Hills District	35	1.05
8	Jarrold Lynch	Gosford	320	1.05
9	Gus Wong	Manly Warringah	21	1.05
10	Hayden Landels	Winston Hills	289	1.00
11	Hayden Tucker	Ku-Ring-Gai	295	1.00
12	Luke Batten	Tuggerah Lakes Mingara	100	1.00
13	Nathan Cotton	Manly Warringah	328	.95
14	Lachlan Parle	Winston Hills	300	0.90

Event: F3 - U/12 Girls Long Jump

Record: 5.02

Place	Athlete Name	Centre	Number	Result
1	Courtney Cross	Hornsby	94	4.96
2	Katie Healey	Northern Suburbs	175	4.51
3	Cassie Hewitt	Hills District	16	4.49
4	Keara Reilly	Parramatta	402	4.44
5	Olivia Caprarelli	Ku-Ring-Gai	83	4.41
6	Georgina Burnett	Hornsby	254	4.36
7	Kelly Spencer	Gosford	13	4.19
8	Amy Lewis	Hills District	87	4.19
9	Daniella Leite	Ku-Ring-Gai	386	4.18
10	Rosie Bradshaw	Winston Hills	134	4.13
11	Myrrhing Fabricus	Mosman	3	4.00
12	Rebekah Cotton	Manly Warringah	327	3.92
13	Alexandra Butler	Wyong	32	3.61

Event: F4 - U/12 Boys Discus

Record: 44.04

Place	Athlete Name	Centre	Number	Result
1	Benjamin Eldridge	Northern Suburbs	5	31.75
2	Scott MacLennan	Ku-Ring-Gai	238	31.29
3	Jack Dempsey	Northern Suburbs	9	29.68
4	Jonathon Ramsay	Nth Rocks/Carlingford	39	27.87
5	Lachlan McEntyre	Ku-Ring-Gai	280	27.73
6	Amaan Bhat	Northern Districts	130	27.21
7	Isaac Allison	Parramatta	390	26.71
8	Daniel Duffield	Gosford	37	24.97
9	Luke Bury	Terrigal/Wamberal	7	23.65
10	Nathan Akamarmoi	Terrigal/Wamberal	23	23.00
11	Dale Jones	Terrigal/Wamberal	100	22.67
12	Ben Fisher	Ku-Ring-Gai	450	22.12
13	Mitchell Sutton	Hills District	237	21.28

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14	Samuel Morgan	Winston Hills	143	19.42
15	Aaron Kramer	Hills District	323	17.92

Event: F5 - U/15 Boys Long Jump

Record: 6.47

Place	Athlete Name	Centre	Number	Result
1	Len Pearce	Ryde	74	6.17
2	Tom Meppem	Ku-Ring-Gai	514	6.07
3	Michael Oldfield	Manly Warringah	1	5.90
4	Clinton McEwan	Northern Suburbs	347	5.83
5	John Pearce	Ryde	73	5.69
6	Travis Auton	Wyong	16	5.53
7	Eamon Akamarmoi	Terrigal/Wamberal	22	5.50
8	Cameron Bruce	Woy Woy Peninsula	72	5.25
9	Julian Clark	Ku-Ring-Gai	2	5.11
10	James Mitchelhill-Miller	Riverstone	110	5.09
11	Simon Powell	Hills District	475	4.64
12	Tim Johns	Gosford	11	4.57
13	Danny Van Zyl	Winston Hills	10	4.37

Event: F6 - U/13 Boys Triple Jump

Record: 12.01

Place	Athlete Name	Centre	Number	Result
1	Christopher Yip	Parramatta	96	10.81
2	Samuel Williams	Northern Suburbs	12	10.24
3	Lachlan Dewar	Tuggerah Lakes Mingara	272	9.93
4	Oliver Wenderski	Ryde	176	9.48
5	Daniel Grob	Northern Suburbs	113	9.35
6	Mitchell Pennington	Gosford	54	9.31
7	Alexander Lorenzelli	Hills District	456	9.12
8	Malcolm Tye	Wyong	64	8.92
9	Adam Velk	Manly Warringah	485	8.73
10	Elliott Balkin	Hills District	108	8.70
11	Blake Isackson	Manly Warringah	269	8.57
12	Michael Subloo	Manly Warringah	484	8.45
13	Tim Cummins	Northern Districts	263	5.36

Event: F7 - U/14 Girls Shot Put

Record: 12.50

Place	Athlete Name	Centre	Number	Result
1	Ellen Ford	Hornsby	14	11.38
2	Freya Seale	Ku-Ring-Gai	103	9.92
3	Jennifer Hassett	Gosford	70	9.91
4	Lauren Cameron	Winston Hills	33	9.59
5	Amanda Leabeater	Parramatta	6	9.41
6	Alison Brough	Hills District	144	9.31
7	Crystal Balkin	Ku-Ring-Gai	163	8.95
8	Lucy Oswald	Northern Districts	56	8.75
9	Nicole Dahlberg	Winston Hills	30	8.52
10	Nicole Bury	Terrigal/Wamberal	14	8.40
11	Kacey Matthews	Gosford	20	7.99

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12 Jessica Bennett Parramatta 4 7.28

Event: F8 - U/14 Boys Shot Put

Record: 16.05

Place	Athlete Name	Centre	Number	Result
1	William Sacilotto	Nth Rocks/Carlingford	210	13.45
2	Luke White	Northern Suburbs	671	12.70
3	Andrew Cepak	Northern Suburbs	211	12.00
4	Mark Murphy	Northern Districts	241	11.20
5	Martin Stonis	Northern Suburbs	1	11.15
6	Michael Zaharia	Hills District	489	10.37
7	Cole Taylor	Northern Districts	2	10.17
8	James Meppem	Ku-Ring-Gai	104	9.63
9	Benjamin Apikotoa	Kings Langley	8	9.58
10	Rory Mcveigh	Hills District	337	8.41
11	Dale Kerr	Tuggerah Lakes Mingara	16	5.66
12	Nathan Burley	Tuggerah Lakes Mingara	138	4.85

Event: F9 - U/15 Girls Discus

Record: 44.32

Place	Athlete Name	Centre	Number	Result
1	Laura Yates	Hornsby	4	32.18
2	Bridgette Gemmell	Hawkesbury City	89	30.00
3	Jemma Ford	Hornsby	5	29.64
4	Monique Welch	Winston Hills	9	26.34
5	Hannah Pymble	Manly Warringah	56	25.79
6	Katie Trahair	Manly Warringah	188	24.22
7	Olivia McConnell	Ryde	263	24.13
8	Melissa Payne	Terrigal/Wamberal	11	20.59
9	Alison Hipwell	Northern Districts	3	20.02
10	Natalie Tereba	Hills District	76	19.92
11	Lucy Mitchell	Hornsby	15	19.18
12	Shantel Dixon	Manly Warringah	8	18.01
13	Krystal Cameron	Gosford	81	17.68

Event: F10 - U/13 Girls High Jump

Record: 1.63

Place	Athlete Name	Centre	Number	Result
1	Amy Pejkoivic	Cherrybrook	177	1.61
2	Priya Pathirana	Hornsby	1	1.45
3	Erica Mc Carthy	Parramatta	13	1.43
4	Alannah Myers	Northern Districts	300	1.43
5	Madison Bouillir	Woy Woy Peninsula	102	1.35
6	Jess Kimpton	Manly Warringah	310	1.30
	Bethany Claassens	Hawkesbury City	2	1.30
8	Caitlin Vine	Terrigal/Wamberal	225	1.30
9	Chelsea Killey	Winston Hills	72	1.30
	Katherine Innes	Hills District	433	1.30
11	B McCallum	Quakers Hull	259	1.20

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Event: F11 - U/10 Girls Discus

Record: 32.14

Place	Athlete Name	Centre	Number	Result
1	Taylah Sengul	Winston Hills	220	34.57 RECORD
2	Paletina Lemi	Winston Hills	211	32.56
3	Samantha Farrant	Gosford	96	29.25
4	Sajneet Pooni	Kings Langley	324	27.84
5	Nicola Rowland	Manly Warringah	87	25.39
6	Alice Poljak	Manly Warringah	357	24.18
7	Luseane Cook	Manly Warringah	719	23.74
8	Courtney Prevost	Winston Hills	216	23.50
9	Madeline Bergfield	Ryde	22	20.93
10	Carrie Edgar	Ryde	47	20.66
11	Alyson Weir	Gosford	185	16.63
12	Louise Giles	Wyong	44	15.27

Event: F12 - U/10 Boys Long Jump

Record: 4.81

Place	Athlete Name	Centre	Number	Result
1	Jayden Priest	Gosford	344	4.31
2	Isaac Simpson	Tuggerah Lakes Mingara	8	4.22
3	Mitchel Van Noort	Northern Districts	5	4.16
4	Maxwell Irish	Manly Warringah	285	4.11
5	Jack Angel	Hornsby	27	4.05
6	Glenn Clothier	Northern Districts	197	4.03
7	Alex Laguzza	Nth Rocks/Carlingford	7	3.98
8	Daniel Gray	Northern Suburbs	427	3.98
9	Ruben Robertson	Hills District	13	3.84
10	Dean Evans	Manly Warringah	382	3.82
11	Andre Krucican	Winston Hills	230	3.81
12	Kairo Anderson	Toukley	64	3.63
13	Mark Mcleay	Hills District	197	3.62
14	Morgan Paterson	Nth Rocks/Carlingford	175	3.60
15	Kinta Saunders	Tuggerah Lakes Mingara	176	3.56

Event: F13 - U/11 Girls Shot Put

Record: 11.40

Place	Athlete Name	Centre	Number	Result
1	Jean Harvey	Winston Hills	175	11.06
2	Renee Muller	Parramatta	25	10.95
3	Eliza Cepak	Northern Suburbs	213	9.71
4	Sarah Rodgers	Ku-Ring-Gai	173	8.51
5	Mikaela Cameron	Winston Hills	157	8.38
6	Ashlee Pauletto	Gosford	19	8.09
7	Ashley Frost	Northern Districts	316	7.99
8	Rebecca Martin	Hornsby	64	7.69
9	Taylor Fox-Smith	Ku-Ring-Gai	169	7.60
10	Anneka Mathias	Hills District	458	7.59
11	Kate Hobbs	Northern Suburbs	47	7.34
	Genevieve Little	Terrigal/Wamberal	17	7.34
13	Melissa Batten	Tuggerah Lakes Mingara	33	6.75

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14	Anna Serukeribau	Manly Warringah	170	6.45
15	J Borg	Quakers Hull	115	4.70

Event: F14 - U/11 Boys Shot Put

Record: 12.82

Place	Athlete Name	Centre	Number	Result
1	Duane Matulick-Short	Manly Warringah	625	12.03
2	David Williams	Parramatta	73	10.87
3	James Paek	Hornsby	132	10.12
4	Jarryd Rylance	Hills District	454	9.90
5	Joel Edwards	Winston Hills	188	9.40
6	Alexander Prendergast	Manly Warringah	470	8.88
7	Jordan O'Donnell	Woy Woy Peninsula	61	8.85
8	Ali Javam	Winston Hills	193	8.74
9	Keiran McCluskey	Cherrybrook	316	8.51
10	Robin Molen-Grigull	Manly Warringah	590	8.08
11	Nathan Katz	Parramatta	79	7.61
12	Joshua Dixon	Hills District	283	7.25
13	Sean Town	Wyong	142	6.90
14	Aaron Whittaker	Manly Warringah	102	6.67

Event: F15 - U/13 Boys Discus

Record: 48.10

Place	Athlete Name	Centre	Number	Result
1	Maeva-nui Teina	Winston Hills	68	40.82
2	Benn Melrose	Winston Hills	92	34.15
3	Christopher Cepak	Northern Suburbs	212	30.47
4	Angus Baird	Hills District	78	26.85
5	Joel Williams	Parramatta	117	25.59
6	Mitchell Pennington	Gosford	54	25.37
7	Dominic Claxton	Hills District	356	22.24
8	Tom Mooney	Northern Districts	357	22.21
9	Steven Craig	Northern Districts	299	21.27
10	Nicholas Hatzinikolaou	Manly Warringah	268	20.57
11	Blake Isackson	Manly Warringah	269	17.92
12	Daniel Grob	Northern Suburbs	113	17.32

Event: F16 - U/8 Boys Long Jump

Record: 4.01

Place	Athlete Name	Centre	Number	Result
1	Lachlan Behagg	Manly Warringah	141	3.70
2	Jordan Shelley	Hills District	419	3.58
3	Benjamin Thomson	Hills District	426	3.55
4	Oscar Smith	Manly Warringah	42	3.49
5	Wade Buhler	Parramatta	204	3.48
6	Trent Buhagiar	Woy Woy Peninsula	27	3.46
7	Jordan Altmann	Gosford	182	3.46
8	Adam Halmy	Northern Districts	8	3.41
9	Luke Podnar	Woy Woy Peninsula	112	3.39
10	Remy-Luc Faint	Northern Suburbs	26	3.38
11	Ashley Doggett	Hills District	131	3.24

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12	Thomas Carter	Manly Warringah	236	3.21
13	Ryan Mcalpine	Northern Suburbs	255	3.18
14	Conrad Kaazke-McDonald	Winston Hills	370	3.03
15	Eric Kong	Nth Rocks/Carlingford	145	3.02
16	Jack Holm	Tuggerah Lakes Mingara	208	3.01

Event: F17 - U/14 Boys Triple Jump

Record: 13.27

Place	Athlete Name	Centre	Number	Result
1	Martin Stonis	Northern Suburbs	1	12.25
2	Mitchell Grehan	Cherrybrook	195	11.18
3	Rory Tarnow-Mordi	Ryde	1	11.01
4	Daniel Marcel	Hills District	340	10.87
5	Michael Gostelow	Manly Warringah	490	10.40
6	James Meppem	Ku-Ring-Gai	104	9.73
7	Michael Zaharia	Hills District	489	9.31
8	Joel Blinkhorne	Manly Warringah	489	9.14
9	Daniel Barton	Gosford	118	9.13
10	Rhys Hibberd	Tuggerah Lakes Mingara	240	8.93
11	Dermott Morgan	Winston Hills	48	7.99

Event: F18 - U/15 Girls High Jump

Record: 1.72

Place	Athlete Name	Centre	Number	Result
1	Amanda Bartrim	Woy Woy Peninsula	1	1.62
2	Clare Henebery	Parramatta	16	1.58
3	Rachael Henebery	Parramatta	17	1.58
4	Nina Baltussen	Ku-Ring-Gai	1	1.52
5	Andrea Zaja	Hills District	50	1.52
6	Amy Symons	Northern Suburbs	17	1.45
7	Rachel Lodewijks	Hornsby	40	1.45
8	Melissa Payne	Terrigal/Wamberal	11	1.40
9	Natalie Leibeck	Kings Langley	143	1.35
10	Kiri Blinkhorne	Manly Warringah	493	1.30

Event: F19 - U/15 Boys High Jump

Record: 1.88

Place	Athlete Name	Centre	Number	Result
1	Michael McDougall	Hawkesbury City	260	1.84
2	Tom Meppem	Ku-Ring-Gai	514	1.76
3	Jack Needham	Manly Warringah	691	1.76
4	David Dunn	Northern Suburbs	133	1.76
5	Matthew Wright	Parramatta	18	1.65
6	Mojo Halabi	Ku-Ring-Gai	411	1.65
7	James Dray	Winston Hills	3	1.65
	Gary Partridge	Toukley	90	1.65
9	Tim Johns	Gosford	11	1.55
10	Craig Rolfe	Manly Warringah	134	1.55
11	Steven Kurp	Winston Hills	19	1.50
12	James Mitchelhill-Miller	Riverstone	110	1.50

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Event: F20 - U/14 Girls Long Jump

Record: 5.42

Place	Athlete Name	Centre	Number	Result
1	Lee Desmidt	Ku-Ring-Gai	214	5.25
2	Amanda Thorpe	Woy Woy Peninsula	64	4.96
3	Phoebe Kershaw	Northern Suburbs	15	4.96
4	Dominique Macer-Wright	Winston Hills	28	4.91
5	Hannah Burgess	Cherrybrook	35	4.88
6	Jessi Elliott	Winston Hills	37	4.86
7	Madeleine Powell	Gosford	1	4.79
8	Danielle Bradbury	Terrigal/Wamberal	4	4.58
9	Emmica Burnell-Jones	Ryde	35	4.54
10	Monica Lamberton	Northern Districts	9	4.49
11	Samantha Edwards	Tuggerah Lakes Mingara	323	4.41
	Lucy Oswald	Northern Districts	56	4.41
13	Emilie Duval	Winston Hills	41	4.36

Event: F21 - U/9 Girls Shot Put

Record: 8.16

Place	Athlete Name	Centre	Number	Result
1	Ainslee Elliott	Manly Warringah	384	7.88
2	Tallis Levick	Northern Suburbs	391	6.73
3	Alysha Burnett	Northern Districts	183	6.42
4	Kirsty Welfare	Winston Hills	248	6.30
5	Maddison Forcha	Gosford	381	6.01
6	Caillie Dunne	Northern Suburbs	22	5.91
7	Jessica Goddard	Hills District	443	5.43
8	Taylor Douglas	Winston Hills	274	5.42
9	Laura Pinker	Ku-Ring-Gai	39	5.19
10	Terri Slater	Hornsby	120	4.85
11	Stephanie Gajewski	Northern Suburbs	71	4.69
12	Emily Kite	Wyang	78	4.47

Event: F22 - U/9 Boys Shot Put

Record: 9.46

Place	Athlete Name	Centre	Number	Result
1	Jarrold Lynch	Gosford	320	7.64
2	Oliver Green	Nth Rocks/Carlingford	44	7.13
3	Alexander Tripolone	Cherrybrook	294	6.98
4	Lachlan Parle	Winston Hills	300	6.90
5	Lachlyn Mulford	Riverstone	130	6.78
6	Tom Akamarmoi	Terrigal/Wamberal	24	6.60
7	Jonty Harris	Ku-Ring-Gai	396	6.49
8	Cameron Malone	Manly Warringah	720	6.30
9	Jack McGregor	Ku-Ring-Gai	101	6.17
10	Corey Mackay	Winston Hills	290	6.14
11	Matthew Downey	Gosford	243	5.87
12	Lachlan Byron	Winston Hills	303	5.62

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Event: f23 - U/13 Girls Triple Jump

Record: 10.91

Place	Athlete Name	Centre	Number	Result
1	Amy Pejkoivic	Cherrybrook	177	10.31
2	Meryn Denning	Hills District	333	9.92
3	Lauren Dowle	Winston Hills	71	9.72
4	Priya Pathirana	Hornsby	1	9.61
5	Laura Webster	Northern Suburbs	262	9.56
6	Paula Lu	Northern Suburbs	139	9.17
7	Brittany Williams	Wyong	62	9.10
8	Paigan Graham	Northern Districts	223	8.75
9	Erin Sheridan	Hawkesbury City	9	8.61
10	Nardia Nowlan	Tuggerah Lakes Mingara	213	8.57
11	Katherine Innes	Hills District	433	8.38
12	Katie Williams	Manly Warringah	201	8.34
13	Jessica Killen	Wyong	145	8.31

Event: F24 - U/11 Boys High Jump

Record: 1.56

Place	Athlete Name	Centre	Number	Result
1	Joel Edwards	Winston Hills	188	1.37
2	Marcus Alcock	Manly Warringah	251	1.35
	Nick McKell	Ku-Ring-Gai	146	1.35
4	Zachary Sheridan	Parramatta	86	1.30
5	Brodie O'Neil	Tuggerah Lakes Mingara	488	1.30
6	Patrick Kelland	Ryde	50	1.30
	Jacob Webb	Woy Woy Peninsula	11	1.30
8	Joshua Smith	Northern Suburbs	596	1.20
9	Steven Jessep	Kings Langley	174	1.20
10	David Williams	Parramatta	73	1.20
11	Gino Head-Toussaint	Manly Warringah	698	1.15
	Sanjai Krishna	Winston Hills	191	1.15
13	Justin Mckenzie	Tuggerah Lakes Mingara	122	1.15

Event: F25 - U/12 Girls Discus

Record: 35.70

Place	Athlete Name	Centre	Number	Result
1	Tepa Lemi	Winston Hills	113	38.62 RECORD
2	Cassie Hewitt	Hills District	16	32.64
3	Emily Bills	Parramatta	27	32.15
4	Cassandra Deegan	Gosford	134	30.68
5	Kimberley Lowe	Ryde	9	26.59
6	Samantha Dew	Winston Hills	116	25.88
7	Ellen Russell	Ryde	10	25.06
8	Rachel Hepworth	Manly Warringah	4	20.77
9	Holly Cormack	Manly Warringah	204	19.78
10	Amy Waldron	Gosford	8	19.31
11	Georgia May	Ku-Ring-Gai	338	18.39
12	Raechelle Walter	Wyong	48	16.86
13	Renee Giles	Wyong	223	16.21

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Event: F26 - U/12 Boys Long Jump

Record: 5.66

Place	Athlete Name	Centre	Number	Result
1	Mason Farrell	Cherrybrook	417	4.92
2	Magnus Heywood	Northern Suburbs	169	4.52
3	Brendan Hoyer	Cherrybrook	127	4.51
4	Evan Clothier	Northern Districts	196	4.50
5	Matt Rowland	Manly Warringah	88	4.46
6	Dylan Van Noort	Northern Districts	4	4.36
7	Thomas Gamble	Hills District	14	4.34
8	Tom Kite	Wyang	79	4.21
9	Ben Fisher	Ku-Ring-Gai	450	4.13
10	Thomas Head	Gosford	42	4.08
	Mitchell Nakhoul	Wyang	33	4.08
12	Liam Blinco	Gosford	399	4.07
13	Franz Hartevelt	Hills District	155	3.92

Event: F27 - U/11 Girls High Jump

Record: 1.48

Place	Athlete Name	Centre	Number	Result
1	Philippa Williams	Cherrybrook	360	1.33
2	Madeleine Bird	Tuggerah Lakes Mingara	229	1.31
3	Alexandra Walsh	Winston Hills	151	1.31
4	Zoe Jackson	Manly Warringah	75	1.29
5	Melissa Farrington	Northern Suburbs	398	1.20
	Sarah Gardiner	Northern Suburbs	36	1.20
	Natalie Rimac	Winston Hills	164	1.20
8	Ellen Dobrijevic	Ku-Ring-Gai	44	1.20
9	Grace Gillard	Manly Warringah	230	1.20
10	Lily Bardsley	Tuggerah Lakes Mingara	47	1.20
11	Kelsey Diver	Northern Districts	13	1.20
12	Felicia Matthews	Wyang	9	1.10
13	Renee Beer	Nth Rocks/Carlingford	12	1.10
14	Jordan Kaatzke-McDonald	Winston Hills	149	1.10
15	Brianna Gardoni	Winston Hills	154	1.05

Event: F28 - U/8 Girls Discus

Record: 24.09

Place	Athlete Name	Centre	Number	Result
1	Lauren Bassett	Hornsby	37	17.57
2	Kathleen Gemmell	Hawkesbury City	91	16.41
3	Emma Frost	Northern Districts	317	15.10
4	Emily Diaz	Woy Woy Peninsula	81	13.37
5	Sarah Kelland	Ryde	38	12.82
6	Catherine Bell	Ku-Ring-Gai	293	12.79
7	Tianna Jones	Terrigal/Wamberal	101	12.48
8	Kimberley Newell	Winston Hills	319	12.42
9	Emma Welch	Manly Warringah	233	12.01
10	Helena Hodges	Northern Suburbs	305	11.96
11	Rebeka Gaspersic	Hills District	129	11.41
12	Veronika Jukic	Ryde	17	11.39

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13	Jacinta Fisher	Manly Warringah	99	11.12
14	Rachel Pace	Riverstone	8	10.95
15	Ashley Lerway	Terrigal/Wamberal	60	8.31

Event: F29 - U/8 Boys Shot Put

Record: 9.24

Place	Athlete Name	Centre	Number	Result
1	Henry Ferguson	Manly Warringah	712	7.17
2	Airfun Javm	Winston Hills	361	7.08
3	Isaac Prokopiou	Tuggerah Lakes Mingara	34	6.60
4	Taylor Davies	Cherrybrook	406	6.49
5	Eric Kong	Nth Rocks/Carlingford	145	6.34
6	Baeden McKell	Ku-Ring-Gai	196	6.16
7	Liam Usher	Winston Hills	357	6.10
8	James Ramm	Parramatta	261	6.03
9	James Williams	Ku-Ring-Gai	262	5.63
	Adam Pawelko	Hills District	142	5.63
11	Deacon Mirabile	Northern Districts	163	5.61
12	Nicholas Welsby	Winston Hills	368	5.56
13	Joshua Hart	Ryde	300	5.50

Event: F30 - U/10 Girls Long Jump

Record: 4.54

Place	Athlete Name	Centre	Number	Result
1	Sachi Kayami	Ryde	333	3.98
2	Sarah Johnstone	Gosford	3	3.91
3	Alyson Weir	Gosford	185	3.90
4	Jessica Hough	Hills District	3	3.89
5	Sarah Watts	Hills District	328	3.83
6	Bianca Mould	Terrigal/Wamberal	2	3.81
7	Jamie Carr	Gosford	296	3.76
8	Emma Douglass	Manly Warringah	219	3.76
9	Paige Wilson-Mosey	Winston Hills	205	3.74
10	Ainsley Rose	Manly Warringah	220	3.70
11	Becky Clark	Nth Rocks/Carlingford	264	3.69
12	Claudia Lonngren-Hall	Manly Warringah	103	3.56
13	Hannah Rhodes	Winston Hills	201	3.52
14	Sophie Lau	Northern Suburbs	273	3.50
15	Olivia O'Rourke	Mosman	46	3.45
16	Rhiannon Evans	Cherrybrook	361	3.42

Event: f31 - U/15 Boys Shot Put

Record: 17.44

Place	Athlete Name	Centre	Number	Result
1	Adam Luzi	Winston Hills	6	15.66
2	Dean Milroy	Parramatta	1	14.88
3	Jeremy Bingham	Northern Districts	15	11.75
4	Gerard Hord	Winston Hills	16	11.73
5	Nicholas Legrand	Northern Suburbs	376	11.70
6	Nevo Rom	Winston Hills	18	11.29

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Event: f32 - U/13 Boys Javelin

Record: 39.50

Place	Athlete Name	Centre	Number	Result
1	Tom Mooney	Northern Districts	357	34.88
2	Maeva-nui Teina	Winston Hills	68	32.79
3	Benn Melrose	Winston Hills	92	29.88
4	Christopher Cepak	Northern Suburbs	212	26.57
5	Nicholas Hatzinikolaou	Manly Warringah	268	25.84
6	Philip Barba	Parramatta	319	25.19
7	Steven Craig	Northern Districts	299	24.10
8	Jordan Mulhearn	Parramatta	19	23.34
9	Elliott Balkin	Hills District	108	18.31
10	Nathan Falzon	Gosford	412	17.20
11	Jay Duckworth	Woy Woy Peninsula	67	16.72
12	Tim Cummins	Northern Districts	263	12.10

Event: f33 - U/11 Girls Triple Jump

Record: 9.72

Place	Athlete Name	Centre	Number	Result
1	Sarah Gardiner	Northern Suburbs	36	8.92
2	Alexandra Pollett	Hills District	7	8.76
3	Ashlee Barnard	Manly Warringah	71	8.54
4	Molly Tredinnick	Manly Warringah	580	8.48
5	Alexandra Walsh	Winston Hills	151	8.39
6	Alisha Bass	Parramatta	302	8.37
7	Madeleine Bird	Tuggerah Lakes Mingara	229	8.30
8	Renee Muller	Parramatta	25	8.27
9	Jessie Capizzi	Hawkesbury City	28	8.13
10	Lina Wallberg	Manly Warringah	105	8.02
11	Jordan Kaatzke-McDonald	Winston Hills	149	7.72
12	Lily Bardsley	Tuggerah Lakes Mingara	47	7.66
13	Erica Laverty	Toukley	61	7.19

Event: f34 - U/10 Boys Discus

Record: 39.76

Place	Athlete Name	Centre	Number	Result
1	Tyson Davis	Manly Warringah	353	33.84
2	Aaron Apikotoa	Kings Langley	7	32.78
3	Dean Evans	Manly Warringah	382	28.95
4	Nicholas Kelland	Ryde	2	24.78
5	Matthew Sutcliffe	Nth Rocks/Carlingford	31	24.33
6	Daniel Grey	Tuggerah Lakes Mingara	4	23.55
7	Bradley Baker	Hills District	45	23.34
8	Lee Kennedy	Winston Hills	238	22.94
9	Jayden Rennie	Hills District	437	21.37
10	Graham Pinnock	Northern Districts	187	20.22
11	Ben Plug	Parramatta	56	20.18
12	Bryce Orrock	Tuggerah Lakes Mingara	18	19.66
13	Brandon Martin	Wyong	135	18.96
14	Nicholas Cragg	Manly Warringah	454	18.34
15	Callum Blinco	Gosford	400	18.24

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Event: F35 - U/15 Girls Long Jump**Record: 5.53**

Place	Athlete Name	Centre	Number	Result
1	Dimity Norton	Hornsby	3	4.91
2	Alice King	Ku-Ring-Gai	5	4.75
3	Belinda Kayser	Tuggerah Lakes Mingara	377	4.60
4	Nina Baltussen	Ku-Ring-Gai	1	4.55
5	Erin Corbett	Tuggerah Lakes Mingara	481	4.40
6	Rachel Lodewijks	Hornsby	40	4.37
7	Jacqueline Ellero	Northern Suburbs	53	4.36
8	Anne Sandig	Ku-Ring-Gai	18	4.26
9	Jennifer Burge	Hills District	39	4.21
10	Megan Carmody	Wyong	229	4.19
11	Jessica Drysdale	Wyong	115	4.05
12	Natalie Tereba	Hills District	76	3.95

Event: f36 - U/8 Girls Long Jump**Record: 3.65**

Place	Athlete Name	Centre	Number	Result
1	Madeleine Jones	Hornsby	258	3.62
2	Sophie Gillard	Manly Warringah	231	3.26
3	Lauren Russell	Hawkesbury City	4	3.22
4	Maddison Fryer	Ku-Ring-Gai	282	3.21
5	Emma Welch	Manly Warringah	233	3.14
6	Laura Welch	Manly Warringah	234	3.10
7	Sahana Murali	Hornsby	197	3.10
8	Bianca Messina	Hawkesbury City	242	3.05
9	Georgia Gordon	Woy Woy Peninsula	4	3.01
10	Ella Beere	Terrigal/Wamberal	180	2.97
11	Freya Cleveringa	Hills District	367	2.93
12	Ellen Boucher	Hornsby	77	2.91
13	Katie Alderton	Hills District	171	2.86
14	Pippa James	Northern Suburbs	473	2.82
15	Jaimee Farrant	Gosford	97	2.65

Event: f37 - U/14 Girls Javelin**Record: 38.18**

Place	Athlete Name	Centre	Number	Result
1	Nicole Dahlberg	Winston Hills	30	26.43
2	Amanda Leabeater	Parramatta	6	25.77
3	Crystal Balkin	Ku-Ring-Gai	163	24.62
4	Lauren Waldron	Gosford	15	22.82
5	Elizabeth Andersen	Northern Suburbs	82	22.63
6	Katrina Andersen	Northern Suburbs	88	22.25
7	Salma Salah	Ku-Ring-Gai	438	19.97
8	Ashlee Clews	Winston Hills	36	18.70
9	Alana Nelson	Tuggerah Lakes Mingara	3	17.47
10	Lauren Cameron	Winston Hills	33	16.00
11	Alison Brough	Hills District	144	15.04
12	Kacey Matthews	Gosford	20	14.45

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13	Jade Waite	Manly Warringah	114	13.84
14	Tiarne Ker	Manly Warringah	319	12.48

Event: F38 - U/11 Boys Triple Jump

Record: 10.29

Place	Athlete Name	Centre	Number	Result
1	Sanjai Krishna	Winston Hills	191	9.14
2	Patrick Kelland	Ryde	50	9.10
3	Marcus Alcock	Manly Warringah	251	8.97
4	Jack Green	Nth Rocks/Carlingford	43	8.73
5	Nicholas Brown	Manly Warringah	593	8.60
6	James Paek	Hornsby	132	8.44
7	Harrison Andrews	Hills District	162	8.33
8	Daniel Stuart	Manly Warringah	280	8.19
9	Owen Murray	Winston Hills	192	8.17
10	Jack Marton	Winston Hills	196	7.86
11	Cameron Wardell	Gosford	65	7.82
12	Samuel Court	Woy Woy Peninsula	36	7.79

Event: F39 - U/13 Girls Discus

Record: 40.04

Place	Athlete Name	Centre	Number	Result
1	Elise Cansdale	Woy Woy Peninsula	63	34.44
2	Kim Kennedy	Winston Hills	88	30.49
3	Michelle Troup	Ku-Ring-Gai	140	28.14
4	Caitlin Lowe	Winston Hills	66	26.16
5	Madeleine Cox	Winston Hills	60	24.43
6	Nicola Simpson	Cherrybrook	319	24.37
7	Mahsa Javam	Winston Hills	73	22.68
8	Emily Gunn	Gosford	287	21.86
9	Caitlin Vine	Terrigal/Wamberal	225	20.20
10	Filiz Urkanci	Parramatta	63	20.05
11	Ellen Bluett	Ku-Ring-Gai	27	18.10
12	Brittany Bickford	Hornsby	241	18.08
13	Brigitta Tapp	Ku-Ring-Gai	415	17.78
14	Nuria Douglas-Jones	Northern Suburbs	333	16.51
15	Melanie Edge	Ku-Ring-Gai	223	14.75

Event: F40 - U/14 Boys Javelin

Record: 47.93

Place	Athlete Name	Centre	Number	Result
1	Andrew Cepak	Northern Suburbs	211	44.85
2	Ethan Fowler	Hills District	238	39.72
3	Matthew White	Manly Warringah	491	38.02
4	Lloyd Parker	Ryde	137	37.23
5	William Sacilotto	Nth Rocks/Carlingford	210	36.91
6	Stephen Jean-louis	Parramatta	119	34.41
7	Benjamin Apikotoa	Kings Langley	8	32.80
8	Mark Murphy	Northern Districts	241	32.60
9	Ben Northey	Manly Warringah	609	29.41
10	Rhys Hibberd	Tuggerah Lakes Mingara	240	23.42

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11	Charles Brooks	Gosford	17	22.59
12	Nathan Burley	Tuggerah Lakes Mingara	138	12.47
13	Dale Kerr	Tuggerah Lakes Mingara	16	10.58

Event: T115 - U/13 Girls 1500M Walk

Record: 7-20.9

Place	Athlete Name	Centre	Number	Result
1	Danielle George	Parramatta	28	7-49.2
2	Rebecca Houston	Winston Hills	86	7-57.2
3	Bethany Claassens	Hawkesbury City	2	8-06.0
4	Amy Morris	Hornsby	103	8-58.8
5	Ashleigh Trupiano	Ku-Ring-Gai	134	9-02.9
6	Natalie Hendley	Kings Langley	32	9-45.2
7	Koebii Daley	Tuggerah Lakes Mingara	53	9-54.1
8	Melanie Edge	Ku-Ring-Gai	223	10-00.3
9	Jade Galbraith	Gosford	241	10-12.0
10	Michaela Thornley	Tuggerah Lakes Mingara	291	10-54.0

Event: T116 - U/13 Boys 1500M Walk

Record: 7-22.2

Place	Athlete Name	Centre	Number	Result
1	Jordan Mulhearn	Parramatta	19	7-04.6 RECORD
2	Jackson Smith	Hornsby	118	7-49.6
3	Nicholas Cavenagh	Northern Suburbs	461	8-30.4
4	Jake Richardson	Riverstone	23	8-32.7

Event: T117 - U/14 Girls 1500M Walk

Record: 7-11.0

Place	Athlete Name	Centre	Number	Result
1	Jessica Bennett	Parramatta	4	7-49.7
2	Emmica Burnell-Jones	Ryde	35	8-15.8
3	Alana Nelson	Tuggerah Lakes Mingara	3	8-35.1
4	Lauren Leckie	Winston Hills	34	9-04.7
5	Sophie May	Northern Suburbs	565	9-12.1
6	Dalbon Louise	Hills District	179	9-26.5
7	Tiarne Ker	Manly Warringah	319	9-43.7
8	Olivia Little	Terrigal/Wamberal	16	10-07.0
9	Edwina Moran	Northern Suburbs	358	10-24.5
10	Nicole Bury	Terrigal/Wamberal	14	10-30.5

Event: T118 - U/14 Boys 1500M Walk

Record: 6-36.6

Place	Athlete Name	Centre	Number	Result
1	Bradley Johnston	Manly Warringah	608	7-44.6
2	Malcolm Ramsay	Nth Rocks/Carlingford	38	8-44.1
3	Harry Soiland	Tuggerah Lakes Mingara	2	9-00.8

Event: T119 - U/15 Girls 1500M Walk

Record: 7-08.9

Place	Athlete Name	Centre	Number	Result
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1 Melissa Hayes
2 Brittany Melrose

Kings Langley
Winston Hills

1
21

6-53.1 RECORD
7-37.5

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3	Natasha Hall	Ku-Ring-Gai	3	8-21.3
4	Erika Hendley	Kings Langley	30	8-55.2
5	Krystal Cameron	Gosford	81	9-00.7
6	Elly Vindin	Ku-Ring-Gai	6	9-36.1
7	Hailey Ure	Manly Warringah	388	9-53.8
8	Brianna Cross	Hornsby	44	10-38.2

Event: T120 - U/15 Boys 1500M Walk

Record: 6-35.2

Place	Athlete Name	Centre	Number	Result
1	Derek Mulheam	Hawkesbury City	259	7-16.9
2	Benjamin Trupiano	Ku-Ring-Gai	9	8-18.0
3	Cameron Bruce	Woy Woy Peninsula	72	8-29.2

Event: T121 - U/12 Girls 1500M Walk

Record: 7-28.3

Place	Athlete Name	Centre	Number	Result
1	Emma Bettiol	Manly Warringah	333	7-50.6
2	Hannah Bell	Hornsby	62	8-10.5
3	Joanne Elias	Parramatta	33	8-38.8
4	Brooke Lozinski	Wyong	8	8-59.8
5	Melanie Lagos	Ku-Ring-Gai	24	9-07.2
6	Jessica Marco	Parramatta	30	9-14.7
7	Alyssa Patterson	Ku-Ring-Gai	336	9-24.6
8	Emillie Scott	Hawkesbury City	31	9-31.6
9	Sophie Mara	Hills District	182	9-34.1
10	L Deverell	Quakers Hull	249	9-57.7
11	Holly Mandlik	Manly Warringah	479	10-15.0
12	Sherrin Dickson	Tuggerah Lakes Mingara	151	11-24.5

Event: T122 - U/12 Boys 1500M Walk

Record: 7-08.3

Place	Athlete Name	Centre	Number	Result
1	Jack Duffin	Ku-Ring-Gai	121	8-16.2
2	Joshua Ray	Parramatta	39	8-27.4
3	Peter Horsnell	Gosford	6	8-47.5
4	Lachlan McEntyre	Ku-Ring-Gai	280	8-49.8
5	Aiden Kelly	Winston Hills	147	8-51.3
6	Karel Lloyd	Manly Warringah	330	9-29.8
7	Daniel Kerr	Tuggerah Lakes Mingara	14	9-37.6
8	Connor Milligan	Hornsby	210	9-41.4
9	Trey Burrows	Hills District	271	9-47.9
10	Christopher Mann	Ku-Ring-Gai	81	9-51.2
11	David Hudson	Northern Suburbs	75	10-57.9
12	Christopher Bell	Tuggerah Lakes Mingara	110	11-15.8
13	Andrew Meikle	Hornsby	24	13-09.9

Event: T129 - U/11 Girls 1100M Walk

Record: 5-36.4

Place	Athlete Name	Centre	Number	Result
1	Amy Bettiol	Manly Warringah	334	5-27.7 RECORD
2	Ciara Harding	Manly Warringah	346	5-45.0

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3	Briella Brown	Manly Warringah	581	6-00.7
4	Monique O'Neill	Manly Warringah	655	6-13.5
5	Elizabeth Clay	Hornsby	80	6-18.6
6	Taryn Eddy	Hawkesbury City	69	6-38.1
7	Isabella Shina	Hills District	10	6-41.6
8	Corrina Moore	Kings Langley	286	6-41.6
9	Rachel Turner	Winston Hills	161	6-55.0
10	Rebecca Martin	Hornsby	64	6-58.3
11	Belinda Leabeater	Parramatta	32	7-11.5
12	Jessica Thomas	Gosford	368	7-36.7

Event: T130 - U/11 Boys 1100M Walk

Record: 5-38.2

Place	Athlete Name	Centre	Number	Result
1	Daniel Stuart	Manly Warringah	280	6-00.0
2	Jay Felton	Gosford	218	6-01.2
3	Jordan Rowland	Manly Warringah	221	6-05.0
4	Sean Leckie	Winston Hills	194	6-29.9
5	Matthew Killen	Wyong	146	6-33.0
6	Alexander Dillon	Ryde	23	6-40.3
7	Alexander Stitt	Tuggerah Lakes Mingara	492	6-41.3
8	Luke Morris	Hornsby	104	6-42.1
9	Gino Head-Toussaint	Manly Warringah	698	7-15.7
10	Thomas Barton	Gosford	119	7-17.5
11	Joshua Lewis	Parramatta	423	7-22.0
12	Ali Javam	Winston Hills	193	8-41.5

Event: T131 - U/10 Girls 1100M Walk

Record: 5-43.7

Place	Athlete Name	Centre	Number	Result
1	Ainsley Rose	Manly Warringah	220	6-05.6
2	Briarna Rowland	Manly Warringah	222	6-32.2
3	Rebecca Melville	Ku-Ring-Gai	115	6-38.9
4	Isabella Vick	Ku-Ring-Gai	79	6-47.9
5	Taylah Sengul	Winston Hills	220	6-48.8
6	Teeghan Annear	Wyong	23	6-48.9
7	Danielle Jenkins	Ryde	99	7-15.3
8	Madelene Yates	Tuggerah Lakes Mingara	149	7-16.5
9	Emily Michell	Hills District	122	7-20.3
10	Sally Van Der Vegt	Ryde	365	7-32.4
11	Hayleigh Bennett	Parramatta	35	7-47.1
12	Telicia Watson	Kings Langley	328	8-04.7

Event: T132 - U/10 Boys 1100M Walk

Record: 5-45.2

Place	Athlete Name	Centre	Number	Result
1	Guy Desmidt	Ku-Ring-Gai	215	6-45.4
2	Ryan Bell	Wyong	14	6-45.4
3	Nicholas Shina	Hills District	11	6-51.8
4	Ben Plug	Parramatta	56	7-00.0
5	Nicholas McKee	Manly Warringah	457	7-10.7

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6	Andre Krucican	Winston Hills	230	7-34.3
7	Remi Parsons	Northern Suburbs	350	7-42.4
8	Taylor Stephen	Ku-Ring-Gai	263	7-48.9
9	Luke Ray	Parramatta	70	8-21.5

Event: T133 - U/9 Girls 700M Walk

Record: 3-27.4

Place	Athlete Name	Centre	Number	Result
1	Tayla-Paige Billington	Manly Warringah	368	3-41.6
2	Caitlin Plummer	Hornsby	92	3-53.2
3	Chloe O'Brien	Manly Warringah	499	3-55.4
4	Carla Elias	Parramatta	57	4-04.1
5	Veronica Thomson	Hornsby	89	4-06.9
6	Remy Lloyd	Manly Warringah	331	4-10.1
7	Sacha Frizzell	Manly Warringah	342	4-14.7
8	Tiralyn Watson	Kings Langley	146	4-24.7
9	Marissa Mentis	Winston Hills	262	4-40.1
10	Seda Kuroz	Kings Langley	109	4-44.4
11	Keeley Bayldon	Cherrybrook	184	4-48.3
12	Tiffanie Nilsen	Wyong	101	5-02.3
13	Tamara Tye	Wyong	65	5-16.5
14	Abby Pearce	Wyong	99	5-17.0

Event: T134 - U/9 Boys 700M Walk

Record: 3-34.6

Place	Athlete Name	Centre	Number	Result
1	Joshua Byron	Winston Hills	308	4-11.3
2	Nelson Osifo	Hills District	467	4-13.4
3	James Cox	Gosford	214	4-16.5
4	Alistair MacLennan	Ku-Ring-Gai	239	4-33.2
5	Shane Machon	Manly Warringah	560	4-39.3
6	Matthew Curtin	Northern Suburbs	308	4-41.8
7	Luke Batten	Tuggerah Lakes Mingara	100	5-02.2
8	Luke Clark	Manly Warringah	367	5-05.9
9	Jed Saunders	Tuggerah Lakes Mingara	178	5-19.8
10	Timothy Matthews	Gosford	26	5-24.1

Event: T141 - U/9 Girls 70M Run

Record: 10.2

Place	Athlete Name	Centre	Number	Result
1	Katrina Hunt	Northern Suburbs	168	10.8
2	Sara Marshall	Gosford	236	10.9
3	Antonia Howard	Ku-Ring-Gai	30	11.0
4	Allanah Cochrane	Winston Hills	268	11.0
5	Lauren Gilbert	Parramatta	60	11.1
6	Georgina McDonnell	Manly Warringah	545	11.2
7	Georgie Daniels	Manly Warringah	12	11.3
8	Brenna Roberts	Northern Districts	200	11.6

Event: T142 - U/9 Boys 70M Run

Record: 10.0

Place	Athlete Name	Centre	Number	Result
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1	Justin Brown	Manly Warringah	364	10.5
2	Shavil Mendis	Ku-Ring-Gai	213	10.6
3	Malcolm Chaney	Ryde	375	10.6
4	Matthew Crowe	Northern Suburbs	332	10.7
5	Scott Drinkwater	Tuggerah Lakes Mingara	380	11.1
6	Braxton Facer	Manly Warringah	412	11.3
7	Timothy Anstee	Hills District	35	11.3
8	Nicholas Andrews	Hills District	163	11.3

Event: T143 - U/10 Girls 70M Run

Record: 9.8

Place	Athlete Name	Centre	Number	Result
1	Bianca Mould	Terrigal/Wamberal	2	10.3
2	Claudia Lonngren-Hall	Manly Warringah	103	10.5
3	Sarah Johnstone	Gosford	3	10.7
4	Brooke Walker	Tuggerah Lakes Mingara	7	10.8
5	Sarah Watts	Hills District	328	10.8
6	Hannah Jones	Gosford	346	10.8
7	Lauren Harrison	Ku-Ring-Gai	330	10.9
8	Jessica Hough	Hills District	3	11.1

Event: T144 - U/10 Boys 70M Run

Record: 9.5

Place	Athlete Name	Centre	Number	Result
1	Jayden Priest	Gosford	344	9.9
2	Luke Bonanno	Manly Warringah	573	10.3
3	Benjamin Butler	Wyong	21	10.3
4	Isaac Simpson	Tuggerah Lakes Mingara	8	10.4
5	Henry Lister	Mosman	2	10.4
6	Mitchel Van Noort	Northern Districts	5	10.4
7	Callum Blinco	Gosford	400	10.5
8	Harry Chan	Northern Suburbs	21	10.8

Event: T145 - U/8 Girls 70M Run

Record: 10.9

Place	Athlete Name	Centre	Number	Result
1	Rachel Pace	Riverstone	8	11.5
2	Carla Takchi	Cherrybrook	320	11.6
3	Ella McCarroll	Tuggerah Lakes Mingara	333	11.6
4	Laura Welch	Manly Warringah	234	11.7
5	Emma Welch	Manly Warringah	233	11.9
6	Mimi Lewis	Northern Suburbs	146	12.0
7	Ellen Boucher	Hornsby	77	12.1
8	Megan Wardell	Gosford	66	12.3

Event: T146 - U/8 Boys 70M Run

Record: 10.9

Place	Athlete Name	Centre	Number	Result
1	Jordan Shelley	Hills District	419	10.6 RECORD
2	Bailey Simonsson	Manly Warringah	126	10.8
3	Remy-Luc Faint	Northern Suburbs	26	11.0
4	Alex Nguyen-Ha	Cherrybrook	146	11.0

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5	Max Le Ban	Manly Warringah	296	11.3
6	Paul Salem	Ku-Ring-Gai	507	11.5
7	Cameron Brown	Tuggerah Lakes Mingara	246	11.5
8	Wade Buhler	Parramatta	204	11.7

Event: T151 - U/13 Girls 80M Hurdles

Record: 12.9

Place	Athlete Name	Centre	Number	Result
1	Annaliese Gardiner	Ku-Ring-Gai	33	12.8
2	Michelle Jenneke	Cherrybrook	210	13.4
3	Tahlia Smith	Nth Rocks/Carlingford	255	13.8
4	Meryn Denning	Hills District	333	14.1
5	Paula Lu	Northern Suburbs	139	14.7
6	Erin Ortado	Ryde	110	14.9
7	Isabel Ball	Terrigal/Wamberal	25	15.1
8	Lauren Dowle	Winston Hills	71	15.3

Event: T152 - U/13 Boys 80M Hurdles

Record: 12.3

Place	Athlete Name	Centre	Number	Result
1	Kane Thompson	Manly Warringah	101	12.0 RECORD
2	Allen Jones	Manly Warringah	131	13.2
3	Justin Gow	Tuggerah Lakes Mingara	158	13.5
4	Samuel Williams	Northern Suburbs	12	13.8
5	Oliver Wenderski	Ryde	176	14.0
6	Jonathan Perry	Hills District	242	14.2
7	Matthew Andrew	Gosford	367	14.4
8	Daniel Walsh	Manly Warringah	309	14.6

Event: T153 - U/14 Girls 80M Hurdles

Record: 12.2

Place	Athlete Name	Centre	Number	Result
1	Ellie Maxton	Ku-Ring-Gai	23	12.7
2	Chloe Ker	Manly Warringah	320	12.9
3	Madeleine Powell	Gosford	1	13.3
4	Rachel May	Winston Hills	38	13.5
5	Ellen Ford	Hornsby	14	13.6
6	Dominique Macer-Wright	Winston Hills	28	13.8
7	Belinda Frewin	Northern Districts	153	14.1
8	Alanna Raymond	Manly Warringah	316	14.2

Event: T154 - U/14 Boys 90M Hurdles

Record: 12.4

Place	Athlete Name	Centre	Number	Result
1	Mitchell Tysoe	Gosford	2	13.4
2	Jack Richardson	Northern Suburbs	10	13.6
3	Nicholas Bills	Parramatta	5	14.1
4	Michael Dempsey	Northern Suburbs	8	14.5
5	Rory Tarnow-Mordi	Ryde	1	14.6
6	Cameron Whittle	Hills District	257	15.5
7	Bobby Davies	Ku-Ring-Gai	467	15.7
8	Michael Gostelow	Manly Warringah	490	15.8

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Event: T155 - U/15 Girls 90M Hurdles

Record: 13.1

Place	Athlete Name	Centre	Number	Result
1	Alice King	Ku-Ring-Gai	5	14.3
2	Dimity Norton	Hornsby	3	14.5
3	Nadine George	Parramatta	3	14.7
4	Jennifer Burge	Hills District	39	15.4
5	Jade Booty	Hornsby	160	15.4
6	Madison Johnstone	Winston Hills	22	15.6
7	Simone Baker	Cherrybrook	158	15.7
8	Natalie Leibeck	Kings Langley	143	16.7

Event: T156 - U/15 Boys 100M Hurdles

Record: 13.2

Place	Athlete Name	Centre	Number	Result
1	John Pearce	Ryde	73	13.7
2	Robert McIntyre	Manly Warringah	301	13.9
3	James Dooley	Northern Suburbs	599	14.1
4	Michael Oldfield	Manly Warringah	1	14.3
5	Grant Nelson	Tuggerah Lakes Mingara	6	14.5
6	Clinton McEwan	Northern Suburbs	347	14.9
7	Angus McEntyre	Ku-Ring-Gai	4	15.1
8	Mojo Halabi	Ku-Ring-Gai	411	15.3

Event: T157 - U/8 Girls Pack Start

Record: 2-26.9

Place	Athlete Name	Centre	Number	Result
1	Sophie Gillard	Manly Warringah	231	2-35.7
2	Emily Cranfield	Cherrybrook	258	2-38.3
3	Madeleine Jones	Hornsby	258	2-39.2
4	Lily Somers	Manly Warringah	532	2-39.6
5	Mikayla Martin	Tuggerah Lakes Mingara	89	2-41.8
6	Kate O'gorman	Hills District	104	2-48.4
7	Maddison Fryer	Ku-Ring-Gai	282	2-48.4
8	Erin Pridmore	Cherrybrook	170	2-50.1
9	T Deverell	Quakers Hull	251	2-52.4
10	Jessica Schauwecker	Northern Districts	181	2-55.3
11	Jasmine Bianco	Hills District	67	2-58.5
12	Caitlin Hodge	Winston Hills	331	3-03.0
13	Laura Johnstone	Gosford	47	3-07.9

Event: T158 - U/8 Boys Pack Start

Record: 2-17.4

Place	Athlete Name	Centre	Number	Result
1	Adam Halmy	Northern Districts	8	2-20.1
2	Lachlan Behagg	Manly Warringah	141	2-28.1
3	Sam Coburn	Hornsby	8	2-28.3
4	Cooper Lee	Cherrybrook	108	2-32.2
5	Aaron Gunn	Gosford	289	2-32.5
6	Lewis Cavender	Gosford	152	2-34.2
7	James Benson	Ku-Ring-Gai	389	2-34.5

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8	Jesse Rutherford	Tuggerah Lakes Mingara	88	2-34.8	
9	Timothy Martin	Winston Hills	367	2-35.1	
10	Harrison Clay	Hornsby	81	2-36.4	
11	Joshua Hart	Ryde	300	2-37.4	
12	Max Le Ban	Manly Warringah	296	2-40.2	
13	Ashley Doggett	Hills District	131	2-40.9	
14	Michael Glenfield	Hills District	494	2-42.5	
15	Cameron Brown	Tuggerah Lakes Mingara	246	2-50.6	
1	Patricia La Hood	Parramatta	50	2-41.8	RECORD
2	Antonia Howard	Ku-Ring-Gai	30	2-47.7	
3	Louise Hill	Mosman	84	2-50.9	
4	Abbie Dwyer	Hills District	25	2-52.7	
5	Tayla-Paige Billington	Manly Warringah	368	2-54.2	
6	Emily Augustine	Manly Warringah	228	2-55.9	
7	Natalie Tobin	Cherrybrook	202	2-59.7	
8	A Precious	Quakers Hull	265	3-00.5	
9	Charlotte Culver	Northern Suburbs	489	3-02.5	
10	Taylah Drysdale	Wyong	109	3-06.2	
11	Chelsea Freeman	Terrigal/Wamberal	21	3-10.7	
12	Laura Wade	Cherrybrook	232	3-11.5	
13	Bianca Meiklejohn	Woy Woy Peninsula	89	3-20.7	

Event: T160 - U/9 Boys 800M Run

Record: 2-27.8

Place	Athlete Name	Centre	Number	Result
1	Jack Collett	Terrigal/Wamberal	142	2-39.7
2	Connor Stewart	Hills District	503	2-41.5
3	Edward Penrose	Ryde	180	2-42.6
4	Haakon Barry	Ku-Ring-Gai	369	2-43.7
5	Cody Donnellan	Terrigal/Wamberal	166	2-43.9
6	Tim Walsh	Ku-Ring-Gai	308	2-48.8
7	James Cox	Gosford	214	2-49.0
8	Joshua Byron	Winston Hills	308	2-49.6
9	Quentin Burke	Hawkesbury City	262	2-50.5
10	Ryan Frame	Tuggerah Lakes Mingara	216	2-51.4
11	Drew Fisher-Peel	Manly Warringah	256	2-51.7
12	Robert Nelson	Manly Warringah	185	2-53.1
13	Joshua Windsor	Hills District	370	2-53.5
14	Cameron Dow	Ryde	158	2-59.2
15	Safwane Mahi	Ryde	367	2-59.8
16	Patrick Newman	Ryde	98	3-00.2

Event: T161 - U/10 Girls 800M Run

Record: 2-38.5

Place	Athlete Name	Centre	Number	Result
1	Erin Blundell	Cherrybrook	19	2-41.8
2	Katie Gamble	Hills District	15	2-42.6
3	Matilda Souter	Winston Hills	215	2-45.2
4	Tegan Boden	Gosford	10	2-47.4
5	Briarna Rowland	Manly Warringah	222	2-50.6

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6	Paulina Peters	Ryde	7	2-51.7
7	Rebecca Marco	Parramatta	44	2-54.2
8	Melanie Stonis	Northern Suburbs	13	2-54.4
9	Paige Wilson-Mosey	Winston Hills	205	2-55.6
10	K Deverell	Quakers Hull	250	2-58.0
11	Nicola Simmons	Ku-Ring-Gai	58	2-58.4
12	Hannah Gibson	Manly Warringah	18	3-01.2
13	Ainsley Rose	Manly Warringah	220	3-04.5
14	Melissa Hopkins	Terrigal/Wamberal	162	3-05.6

Event: T162 - U/10 Boys 800M Run

Record: 2-27.3

Place	Athlete Name	Centre	Number	Result
1	Matthew Dunsmore	Manly Warringah	360	2-35.3
2	Conor O'Sullivan	Manly Warringah	626	2-36.5
3	Jayden Rennie	Hills District	437	2-37.0
4	Anthony Jones	Gosford	39	2-37.9
5	Glenn Clothier	Northern Districts	197	2-41.6
6	Alex Waterson	Cherrybrook	265	2-44.2
7	Joshua Shepherd	Winston Hills	236	2-49.0
8	Dean Evans	Manly Warringah	382	2-49.3
9	Oliver Briggs	Northern Suburbs	155	2-51.2
10	Andrew Horan-Baker	Hawkesbury City	85	2-52.8
11	Kielan Tobin	Nth Rocks/Carlingford	311	2-53.2
12	Henry Gallagher	Ryde	15	2-53.5
13	Jack Giannini	Winston Hills	244	2-55.0
14	Nicholas Trengrove	Gosford	328	2-58.6
15	Andrew Hastings	Gosford	305	3-09.4

Event: T175 - U/11 Girls 800M Run

Record: 2-27.2

Place	Athlete Name	Centre	Number	Result
1	Vida Robinson	Manly Warringah	696	2-32.9
2	Courtney Chamberlain	Cherrybrook	305	2-34.0
3	Emilie Nelson	Manly Warringah	323	2-36.1
4	Tori Groom	Manly Warringah	347	2-41.8
5	Kristal Lewis	Hawkesbury City	16	2-43.1
6	Caitlin Delaney	Tuggerah Lakes Mingara	343	2-43.4
7	Bethany Halmy	Northern Districts	6	2-46.1
8	Jessica Clarke	Winston Hills	172	2-47.1
9	Katie Ingle	Cherrybrook	224	2-48.2
10	Madeleine Smith	Terrigal/Wamberal	215	2-53.2
11	Gabrielle Ralphs	Hills District	100	2-55.5
12	Taryn Eddy	Hawkesbury City	69	3-03.1
13	Jasmine La Hood	Parramatta	104	3-06.5
14	Tara van Herten	Ryde	87	3-10.0

Event: T176 - U/11 Boys 800M Run

Record: 2-21.8

Place	Athlete Name	Centre	Number	Result
1	Seth Godlewski	Ku-Ring-Gai	194	2-27.6

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2	Jack Stapleton	Parramatta	165	2-29.9
3	Michael Wright	Northern Suburbs	441	2-33.7
4	Harrison Gregson	Nth Rocks/Carlingford	22	2-36.2
5	Liam Whiting	Ku-Ring-Gai	150	2-36.5
6	Joshua Williams	Ku-Ring-Gai	343	2-36.9
7	Andrew Simon	Parramatta	62	2-39.2
8	Brandon Smallwood	Hawkesbury City	140	2-39.4
9	Ryan Jelley	Tuggerah Lakes Mingara	378	2-41.6
10	Patrick Weir	Manly Warringah	284	2-43.6
11	S Lush	Quakers Hull	301	2-49.6
12	Harley Donoghue	Terrigal/Wamberal	18	2-53.7
13	Jay Felton	Gosford	218	3-00.4

Event: T177 - U/12 Girls 800M Run

Record: 2-23.8

Place	Athlete Name	Centre	Number	Result
1	Jenny Blundell	Cherrybrook	18	2-26.1
2	Libby Augustine	Manly Warringah	229	2-31.5
3	Tara Vance	Ryde	182	2-34.9
4	Sarah Bright	Hills District	19	2-40.2
5	Holly Cormack	Manly Warringah	204	2-41.1
6	Felicity Bright	Hills District	18	2-41.7
7	Gemma Boden	Gosford	12	2-42.3
8	Natalie Jukic	Ryde	6	2-44.3
9	Danika Messina	Hawkesbury City	103	2-44.5
10	Eliza Bell	Wyang	5	2-47.3
11	Paris Waite	Manly Warringah	112	2-51.0
12	Emily Gentle	Nth Rocks/Carlingford	61	2-51.3
13	Maddie Thornton	Ku-Ring-Gai	42	2-51.7
14	Brittany Annear	Wyang	10	3-00.3

Event: T178 - U/12 Boys 800M Run

Record: 2-16.2

Place	Athlete Name	Centre	Number	Result
1	Adam Harding	Hills District	93	2-26.1
2	Bradley Plug	Parramatta	21	2-29.8
3	Lloyd Marshall	Ku-Ring-Gai	468	2-30.9
4	Scott Whyte	Tuggerah Lakes Mingara	92	2-31.0
5	Blake Wigley	Hills District	159	2-34.6
6	Joshua Ray	Parramatta	39	2-36.6
7	Mitchell Yabsley	Cherrybrook	213	2-37.2
8	Frank Stegman	Manly Warringah	7	2-38.1
9	Matthew Van Arkel	Hills District	5	2-39.4
10	Jarred Mears	Gosford	30	2-40.1
11	Daniel Terranova	Cherrybrook	322	2-40.5
12	Robert Dredge	Tuggerah Lakes Mingara	56	2-42.8
13	Patrick Jones	Gosford	38	3-05.3

Event: T179 - U/13 Girls 800M Run

Record: 2-20.3

Place	Athlete Name	Centre	Number	Result
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LAANSW REGION 1 CARNIVAL

1	Janine Liversage	Hills District	123	2-18.4	RECORD
2	Hannah Menday	Cherrybrook	356	2-29.3	
3	Thea Welsby	Ku-Ring-Gai	277	2-30.0	
4	Montana Turner	Cherrybrook	159	2-32.5	
5	Tammy Derwin	Manly Warringah	648	2-37.9	
6	Hannah Monty	Hills District	200	2-39.8	
7	Georgia Edis	Northern Suburbs	59	2-40.9	
8	Georgia Huggett	Cherrybrook	53	2-42.0	
9	Natalie Turrin	Northern Districts	34	2-45.4	
10	Renee Wardell	Gosford	64	2-55.8	
11	Madison Bouillir	Woy Woy Peninsula	102	2-56.0	
12	Jessica Killen	Wyong	145	2-57.7	

Event: T180 - U/13 Boys 800M Run

Record: 2-11.2

Place	Athlete Name	Centre	Number	Result
1	Aiden Evans	Winston Hills	85	2-22.7
2	Jesse Beadman	Riverstone	113	2-23.6
3	Christopher Yip	Parramatta	96	2-26.5
4	James Zimbulis	Northern Suburbs	324	2-28.9
5	Craig Cameron	Gosford	80	2-30.2
6	Ridge Mapu	Gosford	342	2-32.1
7	Luke Gardiner	Manly Warringah	482	2-32.6
8	Robert Terlato	Tuggerah Lakes Mingara	10	2-32.9
9	Adam Chor	Ku-Ring-Gai	400	2-36.1
10	Nick Gittoes	Tuggerah Lakes Mingara	448	2-36.5
11	Declan Whealing	Manly Warringah	486	2-39.5

Event: T181 - U/14 Girls 800M Run

Record: 2-18.6

Place	Athlete Name	Centre	Number	Result
1	Elle-Maree Farrington	Northern Suburbs	397	2-24.1
2	Chelsea Hayward	Manly Warringah	202	2-27.0
3	Emma Hunt	Cherrybrook	12	2-27.6
4	Xanthe Dwyer	Hills District	29	2-28.9
5	Lisa Harvey	Northern Districts	55	2-31.1
6	Rebekah Cormack	Manly Warringah	203	2-31.6
7	Louise Marvin	Winston Hills	29	2-34.1
8	Samantha Shaw	Hills District	101	2-36.3
9	Alyssa Miller	Parramatta	22	2-39.8
10	Megan Sullivan	Gosford	111	2-41.4

Event: T182 - U/14 Boys 800M Run

Record: 2-07.4

Place	Athlete Name	Centre	Number	Result
1	Joshua Ralph	Nth Rocks/Carlingford	261	2-11.3
2	Zachary Gelder	Ku-Ring-Gai	464	2-11.7
3	Matthew Ryan	Manly Warringah	688	2-15.0
4	Campbell Ford	Parramatta	14	2-25.1
5	Cameron Borwick	Ryde	361	2-25.4
6	James O'Donnell	Northern Suburbs	61	2-27.4

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7	Charles Brooks	Gosford	17	2-29.7
8	Angus Gaudry	Gosford	269	2-29.9
9	Thomas Sloat	Ku-Ring-Gai	486	2-31.2
10	Luke Herzog	Hills District	199	2-33.2
11	Adam Wylie	Winston Hills	59	2-36.1
12	Robert Jessep	Kings Langley	175	3-15.1

Event: T183 - U/15 Girls 800M Run

Record: 2-12.9

Place	Athlete Name	Centre	Number	Result
1	Kaitlin Murphy	Terrigal/Wamberal	1	2-22.0
2	Elizabeth Carr	Northern Districts	42	2-22.9
3	Hayley Jones	Riverstone	107	2-24.0
4	Bethany Scott	Gosford	229	2-26.5
5	Jessica Drysdale	Wyong	115	2-27.8
6	Jessie O'Brien	Northern Districts	270	2-29.8
7	Katy Tomasums	Hills District	223	2-31.7
8	Katie Furniss	Parramatta	218	2-36.0
9	Victoria Low	Cherrybrook	304	2-37.0
10	Alyse Wigley	Hills District	111	2-39.2
11	Isabella Breukelaar	Northern Suburbs	330	2-43.5
12	Sarah Gunn	Gosford	286	2-45.8
13	Anne Sandig	Ku-Ring-Gai	18	2-48.4

Event: T184 - U/15 Boys 800M Run

Record: 2-00.1

Place	Athlete Name	Centre	Number	Result
1	John Robert Bowskill	Parramatta	20	2-04.8
2	Jordan Smith	Manly Warringah	207	2-05.3
3	Matthew Mooney	Northern Districts	157	2-07.8
4	Julian Clark	Ku-Ring-Gai	2	2-08.1
5	Alex Matheson	Manly Warringah	345	2-11.3
6	Ben Tumminello	Ryde	95	2-12.5
7	Joshua Wright	Terrigal/Wamberal	80	2-12.8
8	Regino Caswell	Kings Langley	204	2-13.9
9	Nathan Kemp	Cherrybrook	287	2-15.5
10	William Dredge	Tuggerah Lakes Mingara	54	2-18.6
11	Tom Gorman	Hills District	491	2-45.7

Event: T185 - U/8 Girls 200M Run

Record: 31.5

Place	Athlete Name	Centre	Number	Result
1	Carla Takchi	Cherrybrook	320	34.1
2	Emma Frost	Northern Districts	317	34.1
3	Emily Campbell	Gosford	262	34.7
4	Cassia Scott	Gosford	228	35.5
5	Sophie Gillard	Manly Warringah	231	36.1
6	Laura Welch	Manly Warringah	234	36.1
7	Bianca Messina	Hawkesbury City	242	36.8
8	Anna Skelly	Cherrybrook	191	38.6

LAANSW REGION 1 CARNIVAL

Event: T186 - U/8 Boys 200M Run

Record: 31.0

Place	Athlete Name	Centre	Number	Result
1	Jordan Shelley	Hills District	419	32.0
2	Bailey Simonsson	Manly Warringah	126	32.3
3	Adam Halmy	Northern Districts	8	32.9
4	Jonathon Dobb	Terrigal/Wamberal	164	33.1
5	Nick Milton-Hine	Mosman	171	33.8
6	Alex Nguyen-Ha	Cherrybrook	146	33.9
7	Ryan Boot	Ku-Ring-Gai	156	34.1
8	Luke Podnar	Woy Woy Peninsula	112	34.3

Event: T187 - U/9 Girls 200M Run

Record: 30.8

Place	Athlete Name	Centre	Number	Result
1	Natalie Tobin	Cherrybrook	202	31.5
2	Kelsey Dwyer	Hills District	26	31.6
3	Abbie Dwyer	Hills District	25	32.5
4	Sara Marshall	Gosford	236	32.7
5	Elissa Ayling	Cherrybrook	56	32.8
6	Madison Crowe	Terrigal/Wamberal	229	34.3
7	Georgina McDonnell	Manly Warringah	545	34.6
8	Chloe O'Brien	Manly Warringah	499	35.0

Event: T188 - U/9 Boys 200M Run

Record: 29.1

Place	Athlete Name	Centre	Number	Result
1	Riley Staraj	Hawkesbury City	198	30.7
2	Justin Brown	Manly Warringah	364	31.0
3	Scott Drinkwater	Tuggerah Lakes Mingara	380	31.6
4	Alex Moore	Cherrybrook	293	31.8
5	Tyler Grindal	Northern Suburbs	99	32.2
6	Nelson Osifo	Hills District	467	32.6
7	Zac Sfiligoi	Cherrybrook	277	33.3
8	Anthony Wheeler	Parramatta	376	33.4

Event: T189 - U/10 Girls 200M Run

Record: 28.4

Place	Athlete Name	Centre	Number	Result
1	Jessica Hough	Hills District	3	30.8
2	Brooke Walker	Tuggerah Lakes Mingara	7	31.2
3	Kia Prokopiou	Tuggerah Lakes Mingara	9	31.4
4	Olivia O'Rourke	Mosman	46	31.6
5	Hannah Jones	Gosford	346	31.9
6	Rachel Horwood	Nth Rocks/Carlingford	90	31.9
7	Molly Simpson	Manly Warringah	355	32.3
8	Nicole Noga	Ryde	88	32.5

Event: T190 - U/10 Boys 200M Run

Record: 27.5

Place	Athlete Name	Centre	Number	Result
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1 Mitchel Van Noort

Northern Districts

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29.9

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2	Ben Thornton	Ku-Ring-Gai	43	30.2
3	Isaac Simpson	Tuggerah Lakes Mingara	8	30.4
4	Joshua Shepherd	Winston Hills	236	30.6
5	Jack Angel	Hornsby	27	31.0
6	Jackson Kang	Parramatta	122	31.8
7	Ruben Robertson	Hills District	13	31.9
8	Billy Maxwell	Manly Warringah	456	32.4

Event: T191 - U/11 Girls 200M Run

Record: 27.5

Place	Athlete Name	Centre	Number	Result
1	Katy Oswald	Northern Districts	57	29.3
2	Mikaela Hale	Tuggerah Lakes Mingara	317	29.9
3	Heidi Sfiligoi	Cherrybrook	276	30.2
4	Grace Gillard	Manly Warringah	230	30.2
5	Emilie Nelson	Manly Warringah	323	30.4
6	Philippa Williams	Cherrybrook	360	30.5
7	Natalie Rimac	Winston Hills	164	31.0
8	Eliza Cepak	Northern Suburbs	213	31.5

Event: T192 - U/11 Boys 200M Run

Record: 27.1

Place	Athlete Name	Centre	Number	Result
1	Sam Mete	Ku-Ring-Gai	252	28.4
2	Mitchell Harmer	Manly Warringah	308	29.2
3	Patrick Curtin	Northern Suburbs	307	29.4
4	Travis Wood	Northern Suburbs	32	29.5
5	Byron Cavender	Gosford	151	30.0
6	Nicholas Brown	Manly Warringah	593	30.4
7	Marcus Alcock	Manly Warringah	251	31.1

Event: T193 - U/12 Girls 200M Run

Record: 26.3

Place	Athlete Name	Centre	Number	Result
1	Courtney Cross	Hornsby	94	27.7
2	Rubeena King	Northern Suburbs	487	28.4
3	Georgina Burnett	Hornsby	254	28.6
4	Amy Lewis	Hills District	87	29.0
5	Myrrhing Fabricus	Mosman	3	29.1
6	Tahlia Peterson	Manly Warringah	191	29.1
7	Jenna Chapman	Woy Woy Peninsula	19	29.6
8	Claire Broadfoot	Manly Warringah	227	29.9

Event: T194 - U/12 Boys 200M Run

Record: 25.8

Place	Athlete Name	Centre	Number	Result
1	Nicholas Hough	Hills District	4	26.9
2	Michael Yap	Parramatta	100	27.3
3	Evan Clothier	Northern Districts	196	28.3
4	Kyle Plant	Nth Rocks/Carlingford	287	28.5
5	Mason Farrell	Cherrybrook	417	28.6
6	Magnus Heywood	Northern Suburbs	169	28.8

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7	Rhys Madgwick	Tuggerah Lakes Mingara	112	29.0
8	Matthew Gonzalez	Hills District	312	29.1

Event: T195 - U/13 Girls 200M Run

Record: 25.8

Place	Athlete Name	Centre	Number	Result
1	Annaliese Gardiner	Ku-Ring-Gai	33	26.9
2	Samantha Harmer	Manly Warringah	307	27.3
3	Rebecca Watts	Winston Hills	77	27.8
4	Meryn Denning	Hills District	333	28.0
5	Leah Elder	Manly Warringah	311	28.3
6	Sarah Dillon	Ryde	24	28.9
7	Kaitlyn Duursma	Cherrybrook	100	29.1
8	Megan Tully	Terrigal/Wamberal	96	29.4

Event: T196 - U/13 Boys 200M Run

Record: 24.3

Place	Athlete Name	Centre	Number	Result
1	Kane Thompson	Manly Warringah	101	25.1
2	D Moonesamy	Quakers Hull	142	25.7
3	Raymond Smith	Northern Suburbs	595	26.2
4	Allen Jones	Manly Warringah	131	26.4
5	Jacob Gow	Tuggerah Lakes Mingara	156	26.6
6	Jonathan Palmer	Cherrybrook	455	26.8
7	Luke Gough	Cherrybrook	16	28.6

Event: T197 - U/14 Girls 200M Run

Record: 24.6

Place	Athlete Name	Centre	Number	Result
1	Elle-Maree Farrington	Northern Suburbs	397	26.5
2	Danielle Bradbury	Terrigal/Wamberal	4	26.8
3	Jessi Elliott	Winston Hills	37	26.8
4	Jordan Lumley	Northern Districts	1	27.1
5	Lee Desmidt	Ku-Ring-Gai	214	27.4
6	Dearne Eros	Cherrybrook	346	27.5
7	Chloe Ker	Manly Warringah	320	27.8
8	Jessica Redden	Tuggerah Lakes Mingara	245	28.7

Event: T198 - U/14 Boys 200M Run

Record: 23.1

Place	Athlete Name	Centre	Number	Result
1	Michael Raterman	Tuggerah Lakes Mingara	356	24.5
2	Hugh Brigden	Northern Suburbs	482	24.6
3	Zachary Gelder	Ku-Ring-Gai	464	24.9
4	Tommy Robinson	Terrigal/Wamberal	3	25.4
5	Cameron Searle	Winston Hills	57	26.2
6	Mark O'Dare	Tuggerah Lakes Mingara	360	26.2
7	Jack Sullivan	Ku-Ring-Gai	492	26.8

Event: T199 - U/15 Girls 200M Run

Record: 25.2

Place	Athlete Name	Centre	Number	Result
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1	Sarah Thomson	Cherrybrook	28	26.1
2	Andrea Zaja	Hills District	50	26.5
3	Hannah Goddard	Manly Warringah	2	27.4
4	Phoebe Rom	Winston Hills	20	27.6
5	Alyce Donoghue	Terrigal/Wamberal	12	28.2
6	Hayley Jones	Riverstone	107	28.3
7	Isobel Thomas	Mosman	7	28.5

Event: T200 - U/15 Boys 200M Run

Record: 22.9

Place	Athlete Name	Centre	Number	Result
1	Daniel Olivera	Manly Warringah	401	23.6
2	Nicholas Legrand	Northern Suburbs	376	24.2
3	Robert McIntyre	Manly Warringah	301	24.4
4	James Dooley	Northern Suburbs	599	24.7
5	Ray Ohashi	Northern Suburbs	150	24.8
6	Nathan Sharpe	Ku-Ring-Gai	12	25.0
7	Simon Powell	Hills District	475	26.0

Event: T201 - Junior Girls 4 x 100 Relay

Record: 56.5

Place	Athlete Name	Centre	Number	Result
1	Northern Suburbs	Northern Suburbs	5402	58.3
2	Gosford	Gosford	9000	58.7
3	Manly Warringah	Manly Warringah	9111	58.9
4	Cherrybrook	Cherrybrook	2192	59.3
5	Ku-Ring-Gai	Ku-Ring-Gai	9001	59.6
6	Hills District	Hills District	9997	1-01.6
1	Manly Warringah	Manly Warringah	9002	57.2
2	Northern Suburbs	Northern Suburbs	5401	57.7
3	Gosford	Gosford	9002	57.9
4	North Rocks	Nth Rocks/Carlingford	1581	58.1
5	Hills District	Hills District	9998	58.4
6	Tuggerah Lakes	Tuggerah Lakes Mingara	9002	58.6
7	Northern Districts	Northern Districts	9333	58.7
8	Winston Hills	Winston Hills	9998	59.6

Event: T203 - Senior Girls 4 x 100 Relay

Record: 50.8

Place	Athlete Name	Centre	Number	Result
1	Manly Warringah	Manly Warringah	9003	51.7
2	Winston Hills	Winston Hills	9996	51.8
3	Cherrybrook	Cherrybrook	2194	52.7
4	Hills District	Hills District	9996	53.2
5	Ku-Ring-Gai	Ku-Ring-Gai	9222	53.4
6	Terrigal/Wamberal	Terrigal/Wamberal	9001	53.5
7	Northern Suburbs	Northern Suburbs	5404	53.7

Event: T204 - Senior Boys 4 x 100 Relay

Record: 48.5

Place	Athlete Name	Centre	Number	Result
1	Manly Warringah	Manly Warringah	9004	48.4 RECORD

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2	Northern Suburbs	Northern Suburbs	5403	49.1
3	Tuggerah Lakes	Tuggerah Lakes Mingara	9003	49.3
4	Parramatta	Parramatta	7003	49.7
5	Hills District	Hills District	9995	50.3
6	Gosford	Gosford	9003	52.1
7	Winston Hills	Winston Hills	9995	52.3
8	Northern Districts	Northern Districts	9444	53.0

Event: F41 - U/9 Girls Long Jump

Record: 4.20

Place	Athlete Name	Centre	Number	Result
1	Ashlee Tait	Kings Langley	11	3.67
2	Sarah Paek	Hornsby	133	3.64
3	Allanah Cochrane	Winston Hills	268	3.55
4	Terri Slater	Hornsby	120	3.54
5	Georgia Briggs	Manly Warringah	24	3.47
6	Brenna Roberts	Northern Districts	200	3.47
7	Ally Moxham	Wyong	61	3.37
8	Jaymi Whyte	Gosford	45	3.31
9	Lucy Claxton	Winston Hills	255	3.28
10	Georgia Meagher	Manly Warringah	243	3.20
11	Madison Crowe	Terrigal/Wamberal	229	3.19
12	Keily Dober	Manly Warringah	411	3.14
13	Natalie Martino	Ryde	204	2.96
14	Taylor Douglas	Winston Hills	274	2.86
15	Amelia Basheer	Northern Suburbs	559	2.85
16	Tamara Tye	Wyong	65	2.84

Event: F42 - U/9 Boys Long Jump

Record: 4.48

Place	Athlete Name	Centre	Number	Result
1	Alec Diamond	Northern Suburbs	111	3.96
2	Justin Brown	Manly Warringah	364	3.95
3	Shavil Mendis	Ku-Ring-Gai	213	3.92
4	Anthony Hannigan	Northern Districts	123	3.86
5	Braxton Facer	Manly Warringah	412	3.81
6	Shaun Garner	Winston Hills	291	3.74
7	Matthew Crowe	Northern Suburbs	332	3.65
8	Darien Mocatta	Hills District	172	3.59
9	Nicholas Andrews	Hills District	163	3.54
10	Joshua Thorndyke	Woy Woy Peninsula	16	3.40
11	Malcolm Chaney	Ryde	375	3.38
12	Branden Ross	Wyong	91	3.24
13	Nicholas Schofield	Cherrybrook	429	3.22
14	Jake Ferguson	Kings Langley	186	2.33

Event: F43 - U/15 Boys Triple Jump

Record: 13.18

Place	Athlete Name	Centre	Number	Result
1	Len Pearce	Ryde	74	12.96
2	Clinton McEwan	Northern Suburbs	347	12.37

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3	Eamon Akamarmoi	Terrigal/Wamberal	22	12.29
4	Matthew Hicks	Hornsby	67	11.65
5	Cameron Bruce	Woy Woy Peninsula	72	11.59
6	Erik Moss	Ku-Ring-Gai	377	10.68
7	Regino Caswell	Kings Langley	204	10.35

Event: F44 - U/10 Boys High Jump

Record: 1.40

Place	Athlete Name	Centre	Number	Result
1	Dean Evans	Manly Warringah	382	1.31
2	Morgan Paterson	Nth Rocks/Carlingford	175	1.31
3	Andre Krucican	Winston Hills	230	1.27
4	Nicholas Cragg	Manly Warringah	454	1.25
5	Nicholas Hynes	Woy Woy Peninsula	20	1.20
	Bryce Orrock	Tuggerah Lakes Mingara	18	1.20
7	Thomas Lowe	Hornsby	247	1.20
8	Ben Thornton	Ku-Ring-Gai	43	1.15
9	Jack Giannini	Winston Hills	244	1.15
10	Thomas Sutcliffe	Mosman	4	1.15
11	Mitchell Dewar	Tuggerah Lakes Mingara	274	1.10
12	Allyn Hicks	Hills District	397	1.10
13	Brayden Jameson	Wyong	1	1.10
	Kane Lippmann	Kings Langley	17	1.10
15	Charles Allison	Parramatta	389	1.05
16	Ian Thompson	Northern Suburbs	34	1.05

Event: F45 - U/14 Girls Discus

Record: 40.14

Place	Athlete Name	Centre	Number	Result
1	Freya Seale	Ku-Ring-Gai	103	30.30
2	Lauren Cameron	Winston Hills	33	28.94
3	Kavitaa Ranjitkumar	Ryde	14	28.06
4	Amanda Leabeater	Parramatta	6	26.87
5	Katrina Andersen	Northern Suburbs	88	25.72
6	Jennifer Hassett	Gosford	70	25.33
7	Elizabeth Andersen	Northern Suburbs	82	22.52
8	Nicole Bury	Terrigal/Wamberal	14	22.12
9	Alison Brough	Hills District	144	21.97
10	Salma Salah	Ku-Ring-Gai	438	21.33
11	Kacey Matthews	Gosford	20	20.25
12	Crystal Balkin	Ku-Ring-Gai	163	18.80
13	Holly Clarkin	Winston Hills	27	18.04
14	Ashlee Clews	Winston Hills	36	17.31

Event: F46 - U/11 Girls Discus

Record: 30.74

Place	Athlete Name	Centre	Number	Result
1	Jean Harvey	Winston Hills	175	29.98
2	Laura Douglass	Manly Warringah	218	25.74
3	Natalie Apikotoa	Kings Langley	6	24.15
4	Sheridan Marks	Hornsby	41	23.75

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5	Jane Troup	Ku-Ring-Gai	141	20.91
6	Caitlin Sankey	Ku-Ring-Gai	64	19.04
7	Ashley Frost	Northern Districts	316	16.83
8	Ashley Giles	Wyong	43	16.42
9	Ashlee Pauletto	Gosford	19	15.25
10	Melissa Batten	Tuggerah Lakes Mingara	33	15.13
11	Mikaela Cameron	Winston Hills	157	15.11
12	Renee Muller	Parramatta	25	15.02
13	Courtney Cavaleri	Winston Hills	171	13.21
14	Crystal Stojanovi	Terrigal/Wamberal	41	12.84

Event: F47 - U/12 Girls High Jump

Record: 1.58

Place	Athlete Name	Centre	Number	Result
1	Keara Reilly	Parramatta	402	1.43
2	Charlotte Hepworth	Manly Warringah	11	1.41
3	Beth Chilcott	Ryde	220	1.41
4	Jenna Chapman	Woy Woy Peninsula	19	1.39
5	Samantha Rowntree	Winston Hills	115	1.35
6	Kimberley Lowe	Ryde	9	1.35
7	Charlotte Board	Northern Suburbs	35	1.30
	Karly O'Brien	Terrigal/Wamberal	48	1.30
9	Vanessa Osifo	Hills District	466	1.30
10	Yolana Keogh	Manly Warringah	211	1.25
11	Tamara Williams	Winston Hills	130	1.25
12	Paris Waite	Manly Warringah	112	1.25
13	Steph Marven	Ku-Ring-Gai	119	1.20
14	Therese Auton	Wyong	4	1.20

Event: F48 - U/15 Girls Shot Put

Record: 14.00

Place	Athlete Name	Centre	Number	Result
1	Bridgette Gemmell	Hawkesbury City	89	11.39
2	Jemma Ford	Hornsby	5	11.11
3	Lucy Mitchell	Hornsby	15	9.95
4	Laura Yates	Hornsby	4	9.91
5	Monique Welch	Winston Hills	9	9.72
6	Alison Hipwell	Northern Districts	3	8.95
7	Jessica O'Keeffe	Woy Woy Peninsula	57	8.84
8	Katie Trahair	Manly Warringah	188	8.23
9	Kiri Blinkhorne	Manly Warringah	493	8.00
10	Erika Hendley	Kings Langley	30	7.97
11	Hannah Pymble	Manly Warringah	56	7.66
12	Krystal Cameron	Gosford	81	6.88

Event: F49 - U/13 Girls Shot Put

Record: 12.21

Place	Athlete Name	Centre	Number	Result
1	Tahlia Smith	Nth Rocks/Carlingford	255	9.70
2	Lauren Dowle	Winston Hills	71	9.02
3	Elise Cansdale	Woy Woy Peninsula	63	8.71

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4	Kim Kennedy	Winston Hills	88	8.61
5	Alannah Myers	Northern Districts	300	8.46
6	Elyce Hanson	Winston Hills	70	8.20
7	Nicola Simpson	Cherrybrook	319	7.58
8	Emily Gunn	Gosford	287	7.22
9	Jocelyn Ellero	Northern Suburbs	57	6.83
10	Mahsa Javam	Winston Hills	73	6.73
11	Brittany Williams	Wyang	62	6.55
12	Nuria Douglas-Jones	Northern Suburbs	333	6.51
13	Natalie Molen-Grigull	Manly Warringah	716	5.40

Event: F50 - U/12 Boys High Jump

Record: 1.59

Place	Athlete Name	Centre	Number	Result
1	Brandon Starc	Parramatta	386	1.47
2	Stephen Cragg	Manly Warringah	473	1.45
	Matt Rowland	Manly Warringah	88	1.45
4	Justin Tarabine	Parramatta	155	1.45
5	Lachlan Bird	Northern Suburbs	204	1.40
	Sean Tarnow-Mordi	Ryde	272	1.40
	Nicholas Hough	Hills District	4	1.40
8	Luke Bury	Terrigal/Wamberal	7	1.35
9	Jarred Mears	Gosford	30	1.35
10	Scott MacLennan	Ku-Ring-Gai	238	1.35
11	Dylan Buhagiar	Woy Woy Peninsula	75	1.35
12	Thomas Gamble	Hills District	14	1.25

Event: F51 - U/15 Boys Discus

Record: 56.28

Place	Athlete Name	Centre	Number	Result
1	Dean Milroy	Parramatta	1	48.78
2	Adam Luzi	Winston Hills	6	45.90
3	Angus McEntyre	Ku-Ring-Gai	4	43.48
4	Gerard Hord	Winston Hills	16	43.15
5	Travis Auton	Wyang	16	40.91
6	Andrew Koomen	Cherrybrook	262	36.25
7	Nicholas Legrand	Northern Suburbs	376	35.51
8	Jeremy Bingham	Northern Districts	15	34.69
9	Michael Oldfield	Manly Warringah	1	33.66
10	Grant Nelson	Tuggerah Lakes Mingara	6	31.80
11	Gary Partridge	Toukley	90	24.25

Event: F52 - U/11 Girls Long Jump

Record: 4.76

Place	Athlete Name	Centre	Number	Result
1	Melissa Farrington	Northern Suburbs	398	4.32
2	Alisha Bass	Parramatta	302	4.12
3	Madeleine Bird	Tuggerah Lakes Mingara	229	4.08
4	Grace Gillard	Manly Warringah	230	4.08
5	Leanne Jardine	Cherrybrook	332	4.08
6	Katy Oswald	Northern Districts	57	4.08

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7	Alexandra Pollett	Hills District	7	3.97
8	Mikaela Hale	Tuggerah Lakes Mingara	317	3.93
9	Ashton Cherry	Northern Districts	235	3.90
10	Heidi Sfilligoi	Cherrybrook	276	3.88
11	Mackenzie Wood	Ku-Ring-Gai	113	3.87
12	Alexandra Walsh	Winston Hills	151	3.85
13	Jessica Clarke	Winston Hills	172	3.83
14	Amy-Lee Lawrence	Wyong	57	3.40
15	Natalie Apikotoa	Kings Langley	6	3.00

Event: F53 - U/10 Girls High Jump

Record: 1.36

Place	Athlete Name	Centre	Number	Result
1	Sarah Watts	Hills District	328	1.24
2	Erin Blundell	Cherrybrook	19	1.24
3	Brooke Hojel	Kings Langley	9	1.22
4	Alyson Weir	Gosford	185	1.20
5	Becky Clark	Nth Rocks/Carlingford	264	1.20
6	Samantha Farrant	Gosford	96	1.15
7	Sarah Crisafulli	Northern Districts	23	1.15
8	Lauren Tam	Northern Suburbs	535	1.15
9	Lauren Tapp	Ku-Ring-Gai	416	1.10
10	Chelsea Davie	Manly Warringah	83	1.10
11	Sarah Johnstone	Gosford	3	1.05
	T Burton	Quakers Hull	295	1.05
	Nicola Rowland	Manly Warringah	87	1.05
14	Laura Devine	Hawkesbury City	143	0.95

Event: F54 - U/13 Boys Shot Put

Record: 15.66

Place	Athlete Name	Centre	Number	Result
1	Maeva-nui Teina	Winston Hills	68	15.07
2	Benn Melrose	Winston Hills	92	11.10
3	Ric Sawyer	Hornsby	55	11.01
4	Joel Williams	Parramatta	117	10.28
5	Nicholas Hatzinikolaou	Manly Warringah	268	9.69
6	William Saunders	Northern Suburbs	41	9.42
7	Brandon Webster	Winston Hills	95	9.36
8	Tom Mooney	Northern Districts	357	9.16
9	Michael Taylor	Ku-Ring-Gai	96	9.03
10	Alex Williams	Ku-Ring-Gai	260	7.16

Event: F55 - U/9 Boys Discus

Record: 32.96

Place	Athlete Name	Centre	Number	Result
1	Joshua Byron	Winston Hills	308	24.70
2	Alec Diamond	Northern Suburbs	111	22.95
3	Zac Cummins	Northern Suburbs	252	22.83
4	Jason O'Toole	Manly Warringah	558	22.62
5	Alexander Moore	Cherrybrook	447	21.49
6	Branden Ross	Wyong	91	20.72

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7	Tom Akamarmoi	Terrigal/Wamberal	24	20.34
8	Cameron Cavaleri	Winston Hills	293	19.47
9	Alistair MacLennan	Ku-Ring-Gai	239	18.39
10	Lachlan Byron	Winston Hills	303	18.37
11	Patrick Newman	Ryde	98	17.85
12	Brady Pennington	Gosford	56	17.73
13	Cameron Malone	Manly Warringah	555	16.42
14	Lachlan Parle	Winston Hills	300	16.34

Event: F56 - U/14 Boys Long Jump

Record: 6.13

Place	Athlete Name	Centre	Number	Result
1	Martin Stonis	Northern Suburbs	1	5.61
2	Hugh Brigden	Northern Suburbs	482	5.32
3	James Meppem	Ku-Ring-Gai	104	4.71
4	Mitchell Grehan	Cherrybrook	195	4.64
5	Ben Northey	Manly Warringah	609	4.62
6	Cameron Searle	Winston Hills	57	4.41
7	Rhys Hibberd	Tuggerah Lakes Mingara	240	4.27
8	Luke Herzog	Hills District	199	3.97
9	Kurt Herzog	Hills District	222	3.90
10	Dermott Morgan	Winston Hills	48	3.54

Event: F57 - U/15 Girls Triple Jump

Record: 11.58

Place	Athlete Name	Centre	Number	Result
1	Dimity Norton	Hornsby	3	10.22
2	Simone Baker	Cherrybrook	158	9.95
3	Alice King	Ku-Ring-Gai	5	9.93
4	Belinda Kayser	Tuggerah Lakes Mingara	377	9.90
5	Jennifer Burge	Hills District	39	9.84
6	Hannah Morris	Northern Suburbs	600	9.76
7	Hannah Goddard	Manly Warringah	2	9.69
8	Erin Corbett	Tuggerah Lakes Mingara	481	9.45
9	Natalie Leibeck	Kings Langley	143	8.86

Event: F58 - U/10 Boys Shot Put

Record: 11.64

Place	Athlete Name	Centre	Number	Result
1	Aaron Apikotoa	Kings Langley	7	9.47
2	Oliver Wetzlar	Mosman	1	9.46
3	Tyson Davis	Manly Warringah	353	8.90
4	Mitchell Howden	Ku-Ring-Gai	80	8.11
5	Tierney Glasson	Parramatta	48	7.93
6	Daniel Grey	Tuggerah Lakes Mingara	4	7.67
7	Alexander Johnston	Ku-Ring-Gai	25	7.42
8	Ben Plug	Parramatta	56	7.41
9	Brandon Martin	Wyong	135	6.91
10	Bradley Baker	Hills District	45	6.75
11	Matthew Sutcliffe	Nth Rocks/Carlingford	31	6.51
12	Bernard Chau	Hills District	478	6.06

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13	Brendan Saul	Gosford	384	5.76
14	Bryce Orrock	Tuggerah Lakes Mingara	18	5.38
15	Arshdeep Sidhu	Hills District	91	5.27

Event: F59 - U/13 Boys High Jump

Record: 1.70

Place	Athlete Name	Centre	Number	Result
1	Tom Evans	Tuggerah Lakes Mingara	52	1.71 RECORD
2	Daniel Walsh	Manly Warringah	309	1.47
3	Aron Hagberg	Northern Suburbs	55	1.47
4	Jahmali Hicks	Hills District	396	1.45
5	Adam Velk	Manly Warringah	485	1.40
6	Tim Clarke	Winston Hills	90	1.40
	Luke Town	Wyong	141	1.40
8	Tom Lyons	Parramatta	75	1.40
9	B Kaafi	Quakers Hull	242	1.40
10	Mark Johnstone	Gosford	48	1.40
11	Ross Hendry	Ku-Ring-Gai	365	1.35
	Angus Baird	Hills District	78	1.35
13	Ric Sawyer	Hornsby	55	1.35
14	Daniel Grob	Northern Suburbs	113	1.35
15	Luke Hill	Mosman	83	1.25

Event: F60 - U/14 Boys Discus

Record: 55.22

Place	Athlete Name	Centre	Number	Result
1	Andrew Cepak	Northern Suburbs	211	45.83
2	Mark Murphy	Northern Districts	241	41.94
3	Ben Northey	Manly Warringah	609	36.47
4	Alexander Hyde	Gosford	131	35.04
5	Lloyd Parker	Ryde	137	35.04
6	William Sacilotto	Nth Rocks/Carlingford	210	34.23
7	Benjamin Apikotoa	Kings Langley	8	32.43
8	Malcolm Ramsay	Nth Rocks/Carlingford	38	31.82
9	Matthew White	Manly Warringah	491	26.33
10	Rory Mcveigh	Hills District	337	26.07
11	Luke Herzog	Hills District	199	25.78
12	Jack Sullivan	Ku-Ring-Gai	492	23.90

Event: F61 - U/11 Boys Long Jump

Record: 5.14

Place	Athlete Name	Centre	Number	Result
1	Sam Mete	Ku-Ring-Gai	252	4.55
2	Steven Jessep	Kings Langley	174	4.41
3	Liam Hayes	Tuggerah Lakes Mingara	242	4.21
4	Joel Edwards	Winston Hills	188	4.15
5	Tim Milton-Hine	Mosman	169	4.14
6	Travis Wood	Northern Suburbs	32	4.06
7	Owen Murray	Winston Hills	192	4.02
8	Sanjai Krishna	Winston Hills	191	3.99
9	Daniel Stuart	Manly Warringah	280	3.81

LAANSW REGION 1 CARNIVAL

Event: F62 - U/12 Girls Triple Jump**Record: 10.48**

Place	Athlete Name	Centre	Number	Result
1	Libby Augustine	Manly Warringah	229	9.45
2	Katie Healey	Northern Suburbs	175	9.41
3	Rebekah Cotton	Manly Warringah	327	9.37
4	Georgina Burnett	Hornsby	254	9.13
5	Danika Messina	Hawkesbury City	103	9.05
6	Amy Lewis	Hills District	87	8.89
7	Keara Reilly	Parramatta	402	8.87
8	Holly Burgess	Cherrybrook	36	8.78
9	Felicity Bright	Hills District	18	8.75
10	Kasey Tysoe	Gosford	4	8.74
11	Holly Pears	Manly Warringah	397	8.60
12	Yolana Keogh	Manly Warringah	211	8.57
13	Tepa Lemi	Winston Hills	113	8.46
14	Caitlin Drysdale	Wyong	112	8.42
15	Lauren Nelson	Tuggerah Lakes Mingara	5	8.10

Event: F63 - U/12 Boys Shot Put**Record: 13.30**

Place	Athlete Name	Centre	Number	Result
1	Benjamin Eldridge	Northern Suburbs	5	9.45
2	Jack Dempsey	Northern Suburbs	9	9.29
3	Oliver Knight	Ku-Ring-Gai	236	9.29
4	Mitchell Nakhoul	Wyong	33	8.94
5	Ben Heath	Northern Districts	50	8.54
6	Daniel Duffield	Gosford	37	8.22
7	Ben Fisher	Ku-Ring-Gai	450	8.12
8	Nathan Akamarmoi	Terrigal/Wamberal	23	7.58
9	Jonathon Ramsay	Nth Rocks/Carlingford	39	7.54
10	Alex Yip	Parramatta	220	7.44
11	Samuel Morgan	Winston Hills	143	7.43
12	Jeremy Ryburn	Manly Warringah	271	6.80
13	Rhys Lippmann	Kings Langley	16	6.36

Event: F64 - U/13 Girls Long Jump**Record: 5.18**

Place	Athlete Name	Centre	Number	Result
1	Amy Pejkoivic	Cherrybrook	177	4.97
2	Erin Sheridan	Hawkesbury City	9	4.62
3	Samantha Harmer	Manly Warringah	307	4.48
4	Megan Tully	Terrigal/Wamberal	96	4.39
5	Brittany Williams	Wyong	62	4.36
6	Paula Lu	Northern Suburbs	139	4.31
7	Paigan Graham	Northern Districts	223	4.19
8	Chelsea Killey	Winston Hills	72	3.93
9	Andrea Harrison	Ku-Ring-Gai	331	3.88
10	Erica Mc Carthy	Parramatta	13	3.88
11	Caitlin Lowe	Winston Hills	66	3.54

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Event: F65 - U/14 Girls High Jump

Record: 1.71

Place	Athlete Name	Centre	Number	Result
1	Lucy Oswald	Northern Districts	56	1.51
2	Kate Henry	Hornsby	215	1.49
3	Anna Pavlakis	Northern Suburbs	50	1.49
4	Caitlyn Barden	Manly Warringah	710	1.47
5	Dearne Eros	Cherrybrook	346	1.45
6	Hannah Ascroft	Ku-Ring-Gai	387	1.40
7	Emily Chan	Northern Suburbs	23	1.40
8	Maddy Linwood	Tuggerah Lakes Mingara	257	1.40
9	Ashlee Clews	Winston Hills	36	1.35
10	Therese Canty	Winston Hills	31	1.30

Event: f66 - U/8 Girls Shot Put

Record: 7.85

Place	Athlete Name	Centre	Number	Result
1	Lauren Bassett	Hornsby	37	6.74
2	Emma Frost	Northern Districts	317	6.67
3	Kathleen Gemmell	Hawkesbury City	91	5.94
4	Fiona Harvey	Winston Hills	329	5.79
5	Jaimee Farrant	Gosford	97	5.53
6	Catherine Bell	Ku-Ring-Gai	293	5.42
7	Kimberley Newell	Winston Hills	319	5.08
8	Samina Ward	Manly Warringah	14	4.94
9	Emily Diaz	Woy Woy Peninsula	81	4.91
10	Rebeka Gaspersic	Hills District	129	4.59
11	Sarah Kelland	Ryde	38	4.26
12	Tianna Jones	Terrigal/Wamberal	101	4.17
13	Daisy Morris	Hornsby	284	4.16

Event: f67 - U/8 Boys Discus

Record: 31.36

Place	Athlete Name	Centre	Number	Result
1	Lachlan Behagg	Manly Warringah	141	22.61
2	Airfun Javm	Winston Hills	361	19.89
3	Lewis Cavender	Gosford	152	18.20
4	James McFadden	Ku-Ring-Gai	297	17.96
5	Daniel Gostelow	Manly Warringah	430	17.28
6	Max Townsend	Tuggerah Lakes Mingara	74	16.74
7	Connor Hammond	Hills District	392	16.56
8	Joshua Hart	Ryde	300	16.48
9	James Ramm	Parramatta	261	15.00
10	Alec Gowan	Manly Warringah	541	14.91
11	Liam Usher	Winston Hills	357	14.73
12	Nick Brown	Hills District	484	14.50
13	Ryan Mcalpine	Northern Suburbs	255	14.41
14	Isaac Prokopiou	Tuggerah Lakes Mingara	34	11.22

LAANSW REGION 1 CARNIVAL

Event: f68 - U/14 Boys High Jump

Record: 1.85

Place	Athlete Name	Centre	Number	Result
1	Jack Richardson	Northern Suburbs	10	1.61
2	Mark O'Dare	Tuggerah Lakes Mingara	360	1.59
3	Mitchell Grehan	Cherrybrook	195	1.59
4	Andrew Cepak	Northern Suburbs	211	1.57
5	Michael Gostelow	Manly Warringah	490	1.55
6	Rory Tarnow-Mordi	Ryde	1	1.55
7	Scott Goodman	Ku-Ring-Gai	419	1.50
8	Bradley Bridge	Winston Hills	50	1.40
9	Carl Puchner	Manly Warringah	505	1.35
	James Meppem	Ku-Ring-Gai	104	1.35
11	Rhys Hibberd	Tuggerah Lakes Mingara	240	1.30

Event: F69 - U/15 Girls Javelin

Record: 38.79

Place	Athlete Name	Centre	Number	Result
1	Laura Yates	Hornsby	4	33.23
2	Lucy Mitchell	Hornsby	15	31.88
3	Ashleigh Knight	Ku-Ring-Gai	16	26.87
4	Melissa Payne	Terrigal/Wamberal	11	26.42
5	Melissa Hayes	Kings Langley	1	23.77
6	Hannah Pymble	Manly Warringah	56	22.97
7	Alison Hipwell	Northern Districts	3	22.46
8	Olivia McConnell	Ryde	263	20.41
9	Bridgette Gemmell	Hawkesbury City	89	17.85
10	Shantel Dixon	Manly Warringah	8	17.64
11	Louise Peake	Northern Suburbs	268	14.59

Event: f70 - U/12 Girls Shot Put

Record: 13.87

Place	Athlete Name	Centre	Number	Result
1	Tepa Lemi	Winston Hills	113	13.03
2	Emily Bills	Parramatta	27	12.16
3	Cassandra Deegan	Gosford	134	11.59
4	Amber Van Zeeland	Winston Hills	108	10.51
5	Belinda Kane	Hills District	358	9.62
6	Rebekah Cotton	Manly Warringah	327	8.95
7	Brooke McDonald	Tuggerah Lakes Mingara	399	8.58
8	Sophie Scarlett	Hornsby	188	8.34
9	Olivia Caprarelli	Ku-Ring-Gai	83	8.13
10	Lauren Stephenson	Hornsby	46	8.07
11	Shayna Levitt	Ku-Ring-Gai	273	7.98
12	Raechelle Walter	Wyong	48	7.91
13	Amy Waldron	Gosford	8	7.73
14	Tara Jorgensen	Hills District	331	7.57
15	Rachel Hepworth	Manly Warringah	4	7.45
16	Kimberley Lowe	Ryde	9	7.26

LAANSW REGION 1 CARNIVAL

Event: F71 - U/11 Boys Discus

Record: 35.16

Place	Athlete Name	Centre	Number	Result
1	David Williams	Parramatta	73	33.08
2	Duane Matulick-Short	Manly Warringah	625	30.52
3	Joel Edwards	Winston Hills	188	23.90
4	Patrick Kelland	Ryde	50	23.70
5	Harley Donoghue	Terrigal/Wamberal	18	23.36
6	Ali Javam	Winston Hills	193	22.58
7	Jarryd Rylance	Hills District	454	21.62
8	Nicholas Brown	Manly Warringah	593	20.39
9	Adam Batten	Tuggerah Lakes Mingara	124	19.49
10	Byron Cavender	Gosford	151	17.78
11	Alexander Prendergast	Manly Warringah	470	16.07
12	James Bellamy	Northern Districts	109	12.19

Event: F72 - U/12 Boys Triple Jump

Record: 11.54

Place	Athlete Name	Centre	Number	Result
1	Nicholas Hough	Hills District	4	10.42
2	Lachlan Bird	Northern Suburbs	204	9.99
3	Eiichiro Hirota	Northern Suburbs	543	9.42
4	Matt Rowland	Manly Warringah	88	9.31
5	Jordan Mbakwe	Hornsby	149	9.16
6	Tom Kite	Wyong	79	8.98
7	Thomas Gamble	Hills District	14	8.90
8	Stephen Cragg	Manly Warringah	473	8.81
9	Franz Hartevelt	Hills District	155	8.73
10	Phillip Lorenzelli	Hills District	455	8.69
11	Jonathon Ramsay	Nth Rocks/Carlingford	39	8.61
12	Daniel Alcock	Manly Warringah	250	8.44
13	Luke Bury	Terrigal/Wamberal	7	8.40
14	Ben Steele	Northern Districts	52	8.26

Event: f73 - U/10 Girls Shot Put

Record: 10.34

Place	Athlete Name	Centre	Number	Result
1	Taylah Sengul	Winston Hills	220	10.90 RECORD
2	Paletina Lemi	Winston Hills	211	10.21
3	Samantha Farrant	Gosford	96	9.25
4	Meaghan Gemmell	Hawkesbury City	90	8.70
5	Sajneet Pooni	Kings Langley	324	7.19
6	Luseane Cook	Manly Warringah	719	7.09
7	Emma Douglass	Manly Warringah	219	6.84
8	Katie Johnson	Northern Districts	215	6.65
9	Sarah Caprarelli	Ku-Ring-Gai	84	6.59
10	Madeline Bergfield	Ryde	22	6.30
11	Hannah Beasley	Tuggerah Lakes Mingara	357	6.28
12	Carrie Edgar	Ryde	47	5.70
13	Anita Terlato	Tuggerah Lakes Mingara	215	5.42
14	Hannah Ramm	Parramatta	260	5.23

LAANSW REGION 1 CARNIVAL

15 Ayla Tavukcu Northern Suburbs 582 4.77

Event: f74 - U/13 Boys Long Jump

Record: 5.75

Place	Athlete Name	Centre	Number	Result
1	Christopher Yip	Parramatta	96	5.19
2	Samuel Williams	Northern Suburbs	12	4.78
3	Jahmali Hicks	Hills District	396	4.74
4	Joshua Andrew	Hawkesbury City	32	4.67
5	Daniel Walsh	Manly Warringah	309	4.47
6	Tim Clarke	Winston Hills	90	4.45
7	Jonathan Palmer	Cherrybrook	455	4.39
8	Malcolm Tye	Wyong	64	4.26

Event: f75 - U/13 Girls Javelin

Record: 35.96

Place	Athlete Name	Centre	Number	Result
1	Lauren Dowle	Winston Hills	71	31.33
2	Kim Kennedy	Winston Hills	88	30.57
3	Alexandra Hutchison	Hills District	99	24.75
4	Michelle Troup	Ku-Ring-Gai	140	23.66
5	Ellen Bluett	Ku-Ring-Gai	27	21.38
6	Mahsa Javam	Winston Hills	73	21.13
7	Emily Gunn	Gosford	287	17.79
8	Michaela Thornley	Tuggerah Lakes Mingara	291	17.77
9	Gabrielle Kelland	Ryde	12	10.05

Event: F76 - U/14 Girls Triple Jump

Record: 11.34

Place	Athlete Name	Centre	Number	Result
1	Madeleine Powell	Gosford	1	10.50
2	Amanda Thorpe	Woy Woy Peninsula	64	10.47
3	Phoebe Kershaw	Northern Suburbs	15	10.17
4	Hannah Burgess	Cherrybrook	35	9.93
5	Dominique Macer-Wright	Winston Hills	28	9.53
6	Emilie Duval	Winston Hills	41	9.32
7	Rachel May	Winston Hills	38	9.26
8	Alison McIntyre	Hills District	136	9.09
9	Jessica Redden	Tuggerah Lakes Mingara	245	8.57
10	Sally Little	Ku-Ring-Gai	300	8.12

Event: F77 - U/9 Girls Discus

Record: 27.23

Place	Athlete Name	Centre	Number	Result
1	Tallis Levick	Northern Suburbs	391	20.57
2	Chloe O'Brien	Manly Warringah	499	19.65
3	Ainslee Elliott	Manly Warringah	384	19.59
4	Laura Pinker	Ku-Ring-Gai	39	19.51
5	Maddison Forcha	Gosford	381	19.23
6	Allanah Cochrane	Winston Hills	268	16.51
7	Jessica Eldridge	Northern Suburbs	54	15.83
8	Alysha Burnett	Northern Districts	183	15.69

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9	Kirsty Welfare	Winston Hills	248	14.42
10	Hayley Bridge	Winston Hills	267	12.72
11	Caillie Dunne	Northern Suburbs	22	12.71
12	Taylah Drysdale	Wyong	109	12.54
13	Cassandra Marinkov	Parramatta	193	12.19
14	Emily Kite	Wyong	78	11.30
15	Bianca Meiklejohn	Woy Woy Peninsula	89	9.19

Event: F78 - U/15 Boys Javelin**Record: 56.50**

Place	Athlete Name	Centre	Number	Result
1	James Dray	Winston Hills	3	55.98
2	Adam Luzi	Winston Hills	6	48.60
3	Jeremy Bingham	Northern Districts	15	48.14
4	Danny Van Zyl	Winston Hills	10	42.90
5	Andrew Koomen	Cherrybrook	262	38.00
6	Matthew Mooney	Northern Districts	157	34.72
7	Rory Sparrow	Wyong	283	33.70
8	Peter Holm	Tuggerah Lakes Mingara	210	30.59
9	Angus McEntyre	Ku-Ring-Gai	4	28.81
10	Leo Giusti	Parramatta	15	9.60