

LAANSW REGION 1 CARNIVAL

Centre: 3 - Manly Warringah

| Age Group     | Athlete Name         | Number     | Event        | Result |
|---------------|----------------------|------------|--------------|--------|
| U/9 Boys      | Justin Brown         | 364        | 400M Run     | 1-09.2 |
|               |                      |            | 200M Run     | 31.0   |
|               |                      |            | 70M Run      | 10.5   |
|               |                      |            | Long Jump    | 3.95   |
| U/10 Boys     | Luke Bonanno         | 573        | 70M Run      | 10.3   |
|               | Andrew Brown         | 569        | 1500M Run    | 5-15.9 |
|               | Tyson Davis          | 353        | Shot Put     | 8.90   |
|               |                      |            | Discus       | 33.84  |
|               | Matthew Dunsmore     | 360        | 400M Run     | 1-05.8 |
|               |                      |            | 800M Run     | 2-35.3 |
|               | Dean Evans           | 382        | High Jump    | 1.31   |
|               |                      |            | Discus       | 28.95  |
|               | Maxwell Irish        | 285        | 60M Hurdles  | 10.8   |
|               | Conor O'Sullivan     | 626        | 1500M Run    | 5-11.2 |
| 800M Run      |                      |            | 2-36.5       |        |
| U/11 Boys     | Marcus Alcock        | 251        | High Jump    | 1.35   |
|               |                      |            | 60M Hurdles  | 10.2   |
|               |                      |            | Triple Jump  | 8.97   |
|               | Mitchell Harmer      | 308        | 100M Run     | 14.2   |
|               |                      |            | 400M Run     | 1-03.6 |
|               |                      |            | 200M Run     | 29.2   |
|               | Duane Matulick-Short | 625        | Shot Put     | 12.03  |
|               |                      |            | 60M Hurdles  | 10.4   |
|               |                      |            | Discus       | 30.52  |
|               | Jordan Rowland       | 221        | 1100M Walk   | 6-05.0 |
| Daniel Stuart | 280                  | 1100M Walk | 6-00.0       |        |
| U/12 Boys     | Stephen Cragg        | 473        | High Jump    | 1.45   |
|               | Matt Rowland         | 88         | High Jump    | 1.45   |
|               |                      |            | 60M Hurdles  | 10.1   |
|               | Frank Stegman        | 7          | 400M Run     | 1-04.9 |
| U/13 Boys     | Allen Jones          | 131        | 100M Run     | 12.6   |
|               |                      |            | 80M Hurdles  | 13.2   |
|               | Kane Thompson        | 101        | 100M Run     | 12.1   |
|               |                      |            | 200M Run     | 25.1   |
|               |                      |            | 200M Hurdles | 26.4   |
|               | Daniel Walsh         | 309        | 80M Hurdles  | 12.0   |
|               |                      |            | High Jump    | 1.47   |
| U/14 Boys     | Bradley Johnston     | 608        | 1500M Walk   | 7-44.6 |
|               | Ben Northey          | 609        | Discus       | 36.47  |
|               | Matthew Ryan         | 688        | 400M Run     | 56.2   |
|               |                      |            | 1500M Run    | 4-40.5 |

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|-------------|------------------------|--------|---------------|--------|
| U/14 Boys   | Matthew Ryan           | 688    | 800M Run      | 2-15.0 |
|             | Matthew White          | 491    | Javelin       | 38.02  |
|             |                        |        | 200M Hurdles  | 27.6   |
| U/15 Boys   | Alex Matheson          | 345    | 3000M Run     | 9-52.3 |
|             |                        |        | 1500M Run     | 4-27.5 |
|             | Robert McIntyre        | 301    | 200M Run      | 24.4   |
|             |                        |        | 100M Hurdles  | 13.9   |
|             |                        |        | 200M Hurdles  | 25.5   |
|             | Jack Needham           | 691    | High Jump     | 1.76   |
|             | Michael Oldfield       | 1      | Long Jump     | 5.90   |
|             | Daniel Olivera         | 401    | 200M Run      | 23.6   |
|             |                        |        | 100M Run      | 11.4   |
|             | Jordan Smith           | 207    | 1500M Run     | 4-19.4 |
|             |                        |        | 3000M Run     | 9-45.7 |
|             |                        |        | 800M Run      | 2-05.3 |
| Junior Boys | Manly Warringah        | 9002   | 4 x 100 Relay | 57.2   |
| Senior Boys | Manly Warringah        | 9004   | 4 x 100 Relay | 48.4   |
| U/9 Girls   | Tayla-Paige Billington | 368    | 700M Walk     | 3-41.6 |
|             | Georgie Daniels        | 12     | 60M Hurdles   | 10.9   |
|             | Ainslee Elliott        | 384    | Shot Put      | 7.88   |
|             |                        |        | Discus        | 19.59  |
|             | Georgia Meagher        | 243    | High Jump     | 1.11   |
|             | Katia Molen-Grigull    | 551    | High Jump     | 1.19   |
|             | Chloe O'Brien          | 499    | 700M Walk     | 3-55.4 |
|             |                        | Discus | 19.65         |        |
| U/10 Girls  | Claudia Lonngren-Hall  | 103    | 70M Run       | 10.5   |
|             |                        |        | 60M Hurdles   | 10.7   |
|             |                        |        | 100M Run      | 14.7   |
|             | Ainsley Rose           | 220    | 1100M Walk    | 6-05.6 |
|             | Briarna Rowland        | 222    | 1100M Walk    | 6-32.2 |
|             | Molly Simpson          | 355    | 400M Run      | 1-10.9 |
| U/11 Girls  | Ashlee Barnard         | 71     | Triple Jump   | 8.54   |
|             | Amy Bettiol            | 334    | 1100M Walk    | 5-27.7 |
|             | Briella Brown          | 581    | 1100M Walk    | 6-00.7 |
|             | Laura Douglass         | 218    | Discus        | 25.74  |
|             | Tori Groom             | 347    | 400M Run      | 1-07.9 |
|             | Ciara Harding          | 346    | 1100M Walk    | 5-45.0 |
|             | Emilie Nelson          | 323    | 400M Run      | 1-05.8 |
|             |                        |        | 800M Run      | 2-36.1 |
|             | Vida Robinson          | 696    | 1500M Run     | 5-16.8 |
|             |                        |        | 800M Run      | 2-32.9 |
| U/12 Girls  | Libby Augustine        | 229    | 400M Run      | 1-04.2 |

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|              |                 |             |                    |         |             |           |
|--------------|-----------------|-------------|--------------------|---------|-------------|-----------|
| U/12 Girls   | Libby Augustine | 229         | 800M Run           | 2-31.5  |             |           |
|              |                 |             | Triple Jump        | 9.45    |             |           |
|              |                 |             | 1500M Run          | 5-15.4  |             |           |
|              | Emma Bettiol    | 333         | 1500M Walk         | 7-50.6  |             |           |
|              |                 |             | Rebekah Cotton     | 327     | Triple Jump | 9.37      |
|              |                 |             | Charlotte Hepworth |         | 11          | High Jump |
|              |                 |             | Samantha Hulme     | 313     | 100M Run    | 13.6      |
|              |                 | 60M Hurdles | 10.2               |         |             |           |
| U/13 Girls   | Leah Elder      | 311         | 400M Run           | 1-01.6  |             |           |
|              |                 |             | Samantha Harmer    | 307     | Long Jump   | 4.48      |
|              |                 |             | 200M Run           | 27.3    |             |           |
|              |                 |             | 400M Run           | 59.7    |             |           |
| U/14 Girls   | Chelsea Hayward | 202         | 800M Run           | 2-27.0  |             |           |
|              |                 |             | 3000M Run          | 11-31.6 |             |           |
|              | Chloe Ker       | 320         | 200M Hurdles       | 29.6    |             |           |
|              |                 |             | 80M Hurdles        | 12.9    |             |           |
| U/15 Girls   | Jaimie Derwin   | 647         | 100M Run           | 13.3    |             |           |
|              | Hannah Goddard  | 2           | 200M Run           | 27.4    |             |           |
| Senior Girls | Manly Warringah | 9003        | 4 x 100 Relay      | 51.7    |             |           |

LAANSW REGION 1 CARNIVAL

Centre: 4 - Hornsby

| Age Group  | Athlete Name     | Number | Event        | Result |
|------------|------------------|--------|--------------|--------|
| U/11 Boys  | James Paek       | 132    | Shot Put     | 10.12  |
| U/13 Boys  | Ric Sawyer       | 55     | Shot Put     | 11.01  |
|            | Jackson Smith    | 118    | 1500M Walk   | 7-49.6 |
| U/9 Girls  | Sarah Paek       | 133    | Long Jump    | 3.64   |
|            | Caitlin Plummer  | 92     | 700M Walk    | 3-53.2 |
| U/11 Girls | Sheridan Marks   | 41     | 60M Hurdles  | 10.8   |
| U/12 Girls | Hannah Bell      | 62     | 1500M Walk   | 8-10.5 |
|            | Georgina Burnett | 254    | 200M Run     | 28.6   |
|            |                  |        | 100M Run     | 13.3   |
|            | Courtney Cross   | 94     | 200M Run     | 27.7   |
|            |                  |        | Long Jump    | 4.96   |
|            |                  |        | 60M Hurdles  | 9.7    |
|            |                  |        | 100M Run     | 13.4   |
| U/13 Girls | Priya Pathirana  | 1      | High Jump    | 1.45   |
| U/14 Girls | Ellen Ford       | 14     | Shot Put     | 11.38  |
|            | Kate Henry       | 215    | High Jump    | 1.49   |
| U/15 Girls | Jemma Ford       | 5      | Discus       | 29.64  |
|            |                  |        | Shot Put     | 11.11  |
|            | Lucy Mitchell    | 15     | Shot Put     | 9.95   |
|            |                  |        | Javelin      | 31.88  |
|            | Dimity Norton    | 3      | 90M Hurdles  | 14.5   |
|            |                  |        | Triple Jump  | 10.22  |
|            |                  |        | 200M Hurdles | 29.3   |
|            |                  |        | Long Jump    | 4.91   |
|            | Laura Yates      | 4      | Javelin      | 33.23  |
|            |                  |        | Discus       | 32.18  |

LAANSW REGION 1 CARNIVAL

Centre: 7 - Parramatta

| Age Group  | Athlete Name         | Number | Event       | Result  |          |       |
|------------|----------------------|--------|-------------|---------|----------|-------|
| U/11 Boys  | Jack Stapleton       | 165    | 1500M Run   | 5-02.8  |          |       |
|            |                      |        | 800M Run    | 2-29.9  |          |       |
|            | David Williams       | 73     | Shot Put    | 10.87   |          |       |
|            |                      |        | Discus      | 33.08   |          |       |
| U/12 Boys  | Bradley Plug         | 21     | 800M Run    | 2-29.8  |          |       |
|            | Joshua Ray           | 39     | 1500M Walk  | 8-27.4  |          |       |
|            | Brandon Starc        | 386    | High Jump   | 1.47    |          |       |
|            | Justin Tarabine      | 155    | 100M Run    | 13.4    |          |       |
|            | Michael Yap          | 100    | 400M Run    | 1-00.4  |          |       |
|            |                      |        | 200M Run    | 27.3    |          |       |
| 100M Run   | 13.1                 |        |             |         |          |       |
| U/13 Boys  | Jordan Mulhearn      | 19     | 1500M Walk  | 7-04.6  |          |       |
|            | Alexander Pettigrew  | 7      | 400M Run    | 56.0    |          |       |
|            | Christopher Yip      | 96     | Triple Jump | 10.81   |          |       |
|            |                      |        | 800M Run    | 2-26.5  |          |       |
|            |                      |        | Long Jump   | 5.19    |          |       |
| U/14 Boys  | Nicholas Bills       | 5      | 90M Hurdles | 14.1    |          |       |
| U/15 Boys  | John Robert Bowskill | 20     | 800M Run    | 2-04.8  |          |       |
|            |                      |        | Dean Milroy | 1       | Discus   | 48.78 |
|            |                      |        |             |         | Shot Put | 14.88 |
| U/9 Girls  | Lauren Gilbert       | 60     | 100M Run    | 15.4    |          |       |
|            | Patricia La Hood     | 50     | 800M Run    | 2-41.8  |          |       |
| U/11 Girls | Alisha Bass          | 302    | Long Jump   | 4.12    |          |       |
|            | Renee Muller         | 25     | Shot Put    | 10.95   |          |       |
| U/12 Girls | Emily Bills          | 27     | Discus      | 32.15   |          |       |
|            |                      |        | Shot Put    | 12.16   |          |       |
|            | Joanne Elias         | 33     | 1500M Walk  | 8-38.8  |          |       |
|            | Keeara Reilly        | 402    | High Jump   | 1.43    |          |       |
| U/13 Girls | Danielle George      | 28     | 1500M Walk  | 7-49.2  |          |       |
|            | Suzanne Langer       | 34     | 1500M Run   | 5-05.5  |          |       |
|            |                      |        | 3000M Run   | 11-20.2 |          |       |
|            | Erica Mc Carthy      | 13     | High Jump   | 1.43    |          |       |
| U/14 Girls | Jessica Bennett      | 4      | 1500M Walk  | 7-49.7  |          |       |
|            | Amanda Leabeater     | 6      | Javelin     | 25.77   |          |       |
| U/15 Girls | Nadine George        | 3      | 90M Hurdles | 14.7    |          |       |
|            | Clare Henebery       | 16     | High Jump   | 1.58    |          |       |

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|            |                  |    |           |      |
|------------|------------------|----|-----------|------|
| U/15 Girls | Rachael Henebery | 17 | High Jump | 1.58 |
|------------|------------------|----|-----------|------|

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LAANSW REGION 1 CARNIVAL

Centre: 15 - Hills District

| Age Group  | Athlete Name        | Number | Event        | Result  |
|------------|---------------------|--------|--------------|---------|
| U/9 Boys   | Nelson Osifo        | 467    | 100M Run     | 15.1    |
|            |                     |        | 60M Hurdles  | 10.1    |
|            |                     |        | 700M Walk    | 4-13.4  |
|            | Connor Stewart      | 503    | 800M Run     | 2-41.5  |
| U/10 Boys  | Jayden Rennie       | 437    | 800M Run     | 2-37.0  |
|            | Nicholas Shina      | 11     | 1100M Walk   | 6-51.8  |
| U/12 Boys  | Adam Harding        | 93     | 800M Run     | 2-26.1  |
|            |                     |        | 400M Run     | 58.6    |
|            | Nicholas Hough      | 4      | Triple Jump  | 10.42   |
|            |                     |        | 100M Run     | 12.9    |
|            |                     |        | 200M Run     | 26.9    |
|            | Blake Wigley        | 159    | 1500M Run    | 5-06.1  |
| U/13 Boys  | Angus Baird         | 78     | 200M Hurdles | 30.2    |
|            | Jahmali Hicks       | 396    | Long Jump    | 4.74    |
|            | Jonathan Perry      | 242    | 3000M Run    | 10-51.6 |
| U/14 Boys  | Ethan Fowler        | 238    | Javelin      | 39.72   |
| U/9 Girls  | Abbie Dwyer         | 25     | 200M Run     | 32.5    |
|            |                     |        | 400M Run     | 1-12.8  |
|            | Kelsey Dwyer        | 26     | 400M Run     | 1-12.3  |
|            |                     |        | 200M Run     | 31.6    |
| U/10 Girls | Katie Gamble        | 15     | 1500M Run    | 5-28.1  |
|            |                     |        | 800M Run     | 2-42.6  |
|            | Jessica Hough       | 3      | 200M Run     | 30.8    |
|            | Sarah Watts         | 328    | High Jump    | 1.24    |
| U/11 Girls | Alexandra Pollett   | 7      | Triple Jump  | 8.76    |
| U/12 Girls | Sarah Bright        | 19     | 1500M Run    | 5-23.4  |
|            |                     |        | 16           | Discus  |
|            | Cassie Hewitt       |        | Long Jump    | 4.49    |
| U/13 Girls | Meryn Denning       | 333    | 100M Run     | 13.3    |
|            |                     |        | Triple Jump  | 9.92    |
|            | Alexandra Hutchison | 99     | Javelin      | 24.75   |
|            | Janine Liversage    | 123    | 1500M Run    | 4-50.8  |
|            |                     |        | 400M Run     | 1-00.4  |
|            |                     |        | 800M Run     | 2-18.4  |
| U/15 Girls | Andrea Zaja         | 50     | 400M Run     | 59.7    |
|            |                     |        | 200M Run     | 26.5    |



**LAANSW REGION 1 CARNIVAL****Centre:** 19 - Mosman

| <b>Age Group</b> | <b>Athlete Name</b> | <b>Number</b> | <b>Event</b> | <b>Result</b> |
|------------------|---------------------|---------------|--------------|---------------|
| U/10 Boys        | Oliver Wetzlar      | 1             | Shot Put     | 9.46          |
| U/9 Girls        | Louise Hill         | 84            | 800M Run     | 2-50.9        |

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**LAANSW REGION 1 CARNIVAL**

**Centre:** 33 - Hawkesbury City

| <b>Age Group</b> | <b>Athlete Name</b> | <b>Number</b> | <b>Event</b> | <b>Result</b> |
|------------------|---------------------|---------------|--------------|---------------|
| U/9 Boys         | Riley Staraj        | 198           | 400M Run     | 1-08.4        |
|                  |                     |               | 200M Run     | 30.7          |
| U/11 Boys        | Jacob Roberts       | 55            | 100M Run     | 14.0          |
| U/15 Boys        | Michael McDougall   | 260           | High Jump    | 1.84          |
|                  | Derek Mulheam       | 259           | 1500M Walk   | 7-16.9        |
| U/13 Girls       | Bethany Claassens   | 2             | 1500M Walk   | 8-06.0        |
|                  | Erin Sheridan       | 9             | Long Jump    | 4.62          |
| U/15 Girls       | Bridgette Gemmell   | 89            | Shot Put     | 11.39         |
|                  |                     |               | Discus       | 30.00         |

## LAANSW REGION 1 CARNIVAL

Centre: 38 - Ryde

| Age Group  | Athlete Name         | Number | Event        | Result  |
|------------|----------------------|--------|--------------|---------|
| U/9 Boys   | Malcolm Chaney       | 375    | 70M Run      | 10.6    |
|            | Edward Penrose       | 180    | 800M Run     | 2-42.6  |
| U/11 Boys  | Patrick Kelland      | 50     | Triple Jump  | 9.10    |
| U/14 Boys  | Cameron Borwick      | 361    | 1500M Run    | 4-51.5  |
|            | Nawfal Mahi          | 392    | 3000M Run    | 11-01.7 |
|            | Rory Tarnow-Mordi    | 1      | Triple Jump  | 11.01   |
| U/15 Boys  | John Pearce          | 73     | 100M Hurdles | 13.7    |
|            |                      |        | 100M Run     | 11.8    |
|            | Len Pearce           | 74     | Long Jump    | 6.17    |
|            |                      |        | Triple Jump  | 12.96   |
|            |                      |        | 100M Run     | 11.6    |
| U/10 Girls | Sachi Kayami         | 333    | Long Jump    | 3.98    |
|            | Paulina Peters       | 7      | 1500M Run    | 5-40.6  |
| U/12 Girls | Beth Chilcott        | 220    | High Jump    | 1.41    |
|            |                      | 182    | 400M Run     | 1-05.2  |
|            | Tara Vance           |        | 800M Run     | 2-34.9  |
| U/14 Girls | Emmica Burnell-Jones | 35     | 1500M Walk   | 8-15.8  |
|            | Kavitaa Ranjitkumar  | 14     | Discus       | 28.06   |

LAANSW REGION 1 CARNIVAL

Centre: 53 - Kings Langley

| Age Group  | Athlete Name     | Number | Event       | Result |
|------------|------------------|--------|-------------|--------|
| U/10 Boys  | Aaron Apikotoa   | 7      | Discus      | 32.78  |
|            |                  |        | Shot Put    | 9.47   |
| U/11 Boys  | Steven Jessep    | 174    | Long Jump   | 4.41   |
| U/9 Girls  | Ashlee Tait      | 11     | Long Jump   | 3.67   |
|            |                  |        | High Jump   | 1.21   |
|            |                  |        | 60M Hurdles | 10.6   |
|            |                  |        | 100M Run    | 15.3   |
| U/10 Girls | Brooke Hojel     | 9      | High Jump   | 1.22   |
| U/11 Girls | Natalie Apikotoa | 6      | Discus      | 24.15  |
| U/15 Girls | Melissa Hayes    | 1      | 1500M Walk  | 6-53.1 |

LAANSW REGION 1 CARNIVAL

Centre: 54 - Northern Suburbs

| Age Group | Athlete Name         | Number | Event        | Result  |
|-----------|----------------------|--------|--------------|---------|
| U/9 Boys  | Matthew Crowe        | 332    | High Jump    | 1.20    |
|           | Zac Cummins          | 252    | Discus       | 22.83   |
|           | Alec Diamond         | 111    | 60M Hurdles  | 10.4    |
|           |                      |        | Long Jump    | 3.96    |
|           |                      |        | Discus       | 22.95   |
|           | Tyler Grindal        | 99     | 60M Hurdles  | 10.3    |
| U/10 Boys | William Richardson   | 7      | 400M Run     | 1-08.9  |
| U/11 Boys | Patrick Curtin       | 307    | 400M Run     | 1-05.8  |
|           |                      |        | 200M Run     | 29.4    |
|           | Travis Wood          | 32     | 60M Hurdles  | 9.8     |
|           | Michael Wright       | 441    | 800M Run     | 2-33.7  |
| U/12 Boys | Lachlan Bird         | 204    | Triple Jump  | 9.99    |
|           | Nicholas Chapman     | 72     | 60M Hurdles  | 10.1    |
|           | Jack Dempsey         | 9      | Discus       | 29.68   |
|           |                      |        | Shot Put     | 9.29    |
|           | Benjamin Eldridge    | 5      | Discus       | 31.75   |
|           |                      |        | Shot Put     | 9.45    |
|           | Magnus Heywood       | 169    | Long Jump    | 4.52    |
|           | Eiichiro Hirota      | 543    | Triple Jump  | 9.42    |
| U/13 Boys | Nicholas Cavenagh    | 461    | 1500M Walk   | 8-30.4  |
|           | Christopher Cepak    | 212    | Discus       | 30.47   |
|           | Aron Hagberg         | 55     | High Jump    | 1.47    |
|           | Raymond Smith        | 595    | 400M Run     | 58.3    |
|           |                      |        | 200M Hurdles | 27.9    |
|           |                      |        | 200M Run     | 26.2    |
|           | Samuel Williams      | 12     | Long Jump    | 4.78    |
|           |                      |        | Triple Jump  | 10.24   |
|           | James Zimbulis       | 324    | 3000M Run    | 10-40.8 |
|           |                      |        | 1500M Run    | 5-04.5  |
| U/14 Boys | Hugh Brigden         | 482    | Long Jump    | 5.32    |
|           |                      |        | 200M Run     | 24.6    |
|           |                      |        | 200M Hurdles | 26.8    |
|           | Andrew Cepak         | 211    | Shot Put     | 12.00   |
|           |                      |        | Javelin      | 44.85   |
|           |                      |        | Discus       | 45.83   |
|           | Christopher Doumanis | 653    | 100M Run     | 12.4    |
|           | James O'Donnell      | 61     | 3000M Run    | 11-10.4 |
|           | Jack Richardson      | 10     | 90M Hurdles  | 13.6    |
|           |                      |        | High Jump    | 1.61    |
|           | Martin Stonis        | 1      | Triple Jump  | 12.25   |
|           |                      |        | Long Jump    | 5.61    |

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|              |                       |      |               |        |
|--------------|-----------------------|------|---------------|--------|
| U/14 Boys    | Martin Stonis         | 1    | 100M Run      | 11.8   |
|              | Luke White            | 671  | Shot Put      | 12.70  |
| U/15 Boys    | James Dooley          | 599  | 100M Hurdles  | 14.1   |
|              |                       |      | 200M Hurdles  | 26.1   |
|              | Nicholas Legrand      | 376  | 200M Run      | 24.2   |
|              | Clinton McEwan        | 347  | Triple Jump   | 12.37  |
| U/9 Girls    | Katrina Hunt          | 168  | 70M Run       | 10.8   |
|              |                       |      | 60M Hurdles   | 10.7   |
|              | Tallis Levick         | 391  | Discus        | 20.57  |
|              |                       |      | Shot Put      | 6.73   |
| U/11 Girls   | Eliza Cepak           | 213  | Shot Put      | 9.71   |
|              | Melissa Farrington    | 398  | 60M Hurdles   | 10.5   |
|              |                       |      | Long Jump     | 4.32   |
|              | Sarah Gardiner        | 36   | Triple Jump   | 8.92   |
| U/12 Girls   | Katie Healey          | 175  | 60M Hurdles   | 10.4   |
|              |                       |      | Long Jump     | 4.51   |
|              |                       |      | Triple Jump   | 9.41   |
|              | Rubeena King          | 487  | 200M Run      | 28.4   |
| U/14 Girls   | Elle-Maree Farrington | 397  | 100M Run      | 13.0   |
|              |                       |      | 200M Run      | 26.5   |
|              |                       |      | 400M Run      | 1-01.2 |
|              |                       |      | 800M Run      | 2-24.1 |
|              | Phoebe Kershaw        | 15   | Long Jump     | 4.96   |
|              |                       |      | Triple Jump   | 10.17  |
|              | Anna Pavlakis         | 50   | High Jump     | 1.49   |
| Junior Girls | Northern Suburbs      | 5402 | 4 x 100 Relay | 58.3   |

LAANSW REGION 1 CARNIVAL

Centre: 72 - Gosford

| Age Group    | Athlete Name     | Number    | Event        | Result  |
|--------------|------------------|-----------|--------------|---------|
| U/9 Boys     | James Cox        | 214       | 700M Walk    | 4-16.5  |
|              | Jarrold Lynch    | 320       | Shot Put     | 7.64    |
| U/10 Boys    | Jayden Priest    | 344       | Long Jump    | 4.31    |
|              |                  |           | 70M Run      | 9.9     |
|              |                  |           | 100M Run     | 14.0    |
| U/11 Boys    | Byron Cavender   | 151       | 400M Run     | 1-04.2  |
|              | Jay Felton       | 218       | 1100M Walk   | 6-01.2  |
| U/12 Boys    | Peter Horsnell   | 6         | 1500M Walk   | 8-47.5  |
| U/13 Boys    | Craig Cameron    | 80        | 1500M Run    | 5-09.0  |
| U/14 Boys    | Mitchell Tysoe   | 2         | 200M Hurdles | 27.5    |
|              |                  |           | 90M Hurdles  | 13.4    |
| U/15 Boys    | Cameron Page     | 285       | 3000M Run    | 9-12.7  |
|              |                  |           | 1500M Run    | 4-14.0  |
| U/9 Girls    | Sara Marshall    | 236       | 70M Run      | 10.9    |
| U/10 Girls   | Jamie Carr       | 296       | 60M Hurdles  | 10.9    |
|              |                  |           | 100M Run     | 14.9    |
|              | Samantha Farrant | 96        | Discus       | 29.25   |
|              |                  |           | Shot Put     | 9.25    |
|              | Sarah Johnstone  | 3         | 70M Run      | 10.7    |
|              |                  |           | Long Jump    | 3.91    |
| Alyson Weir  | 185              | Long Jump | 3.90         |         |
| U/12 Girls   | Cassandra Deegan | 134       | Shot Put     | 11.59   |
| U/14 Girls   | Jennifer Hassett | 70        | Shot Put     | 9.91    |
|              | Renee Mainwaring | 105       | 3000M Run    | 10-50.9 |
|              |                  |           | 1500M Run    | 4-56.6  |
|              | Madeleine Powell | 1         | Triple Jump  | 10.50   |
|              |                  |           | 80M Hurdles  | 13.3    |
| 200M Hurdles | 29.8             |           |              |         |
| U/15 Girls   | Bethany Scott    | 229       | 3000M Run    | 11-06.8 |
|              |                  |           | 1500M Run    | 4-59.3  |

LAANSW REGION 1 CARNIVAL

Centre: 76 - Winston Hills

| Age Group  | Athlete Name     | Number   | Event       | Result |
|------------|------------------|----------|-------------|--------|
| U/9 Boys   | Joshua Byron     | 308      | 700M Walk   | 4-11.3 |
|            |                  |          | Discus      | 24.70  |
|            | Shaun Garner     | 291      | High Jump   | 1.16   |
| U/10 Boys  | Andre Krucican   | 230      | High Jump   | 1.27   |
|            | Joshua Shepherd  | 236      | 1500M Run   | 5-14.9 |
|            |                  |          | 400M Run    | 1-09.2 |
| U/11 Boys  | Joel Edwards     | 188      | Discus      | 23.90  |
|            |                  |          | High Jump   | 1.37   |
|            | Sanjai Krishna   | 191      | Triple Jump | 9.14   |
| U/13 Boys  | Aiden Evans      | 85       | 400M Run    | 1-00.0 |
|            |                  |          | 800M Run    | 2-22.7 |
|            | Benn Melrose     | 92       | Discus      | 34.15  |
|            |                  |          | Javelin     | 29.88  |
|            |                  |          | Shot Put    | 11.10  |
|            | Maeva-nui Teina  | 68       | Shot Put    | 15.07  |
|            |                  | Discus   | 40.82       |        |
|            |                  | Javelin  | 32.79       |        |
| U/15 Boys  | James Dray       | 3        | Javelin     | 55.98  |
|            |                  |          | 400M Run    | 54.8   |
|            | Adam Luzi        | 6        | Shot Put    | 15.66  |
|            |                  |          | Javelin     | 48.60  |
|            |                  | Discus   | 45.90       |        |
| U/9 Girls  | Allanah Cochrane | 268      | Long Jump   | 3.55   |
| U/10 Girls | Paletina Lemi    | 211      | Discus      | 32.56  |
|            |                  |          | Shot Put    | 10.21  |
|            | Taylah Sengul    | 220      | Discus      | 34.57  |
|            |                  |          | Shot Put    | 10.90  |
|            | Matilda Souter   | 215      | 800M Run    | 2-45.2 |
|            |                  |          | 1500M Run   | 5-41.3 |
|            |                  | 400M Run | 1-10.6      |        |
| U/11 Girls | Jessica Clarke   | 172      | 1500M Run   | 5-32.5 |
|            | Jean Harvey      | 175      | Shot Put    | 11.06  |
|            |                  |          | Discus      | 29.98  |
|            | Alexandra Walsh  | 151      | High Jump   | 1.31   |
| U/12 Girls | Tepa Lemi        | 113      | Discus      | 38.62  |
|            |                  |          | Shot Put    | 13.03  |
| U/13 Girls | Lauren Dowle     | 71       | Triple Jump | 9.72   |

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|               |                  |                |              |                 |        |
|---------------|------------------|----------------|--------------|-----------------|--------|
| U/13 Girls    | Lauren Dowle     | 71             | Javelin      | 31.33           |        |
|               |                  |                | Shot Put     | 9.02            |        |
|               | Rebecca Houston  | 86             | 1500M Walk   | 7-57.2          |        |
|               |                  |                | Kim Kennedy  | 88              | Discus |
|               |                  | Javelin        | 30.57        |                 |        |
|               |                  | 200M Hurdles   | 30.1         |                 |        |
|               | Rebecca Watts    | 77             | 200M Run     | 27.8            |        |
|               |                  |                | 100M Run     | 13.5            |        |
|               | U/14 Girls       | Lauren Cameron | 33           | Discus          | 28.94  |
|               |                  |                |              | Nicole Dahlberg | 30     |
| Jessi Elliott |                  | 37             | 100M Run     | 12.8            |        |
|               |                  |                | 200M Run     | 26.8            |        |
|               |                  |                | 200M Hurdles | 28.7            |        |
| Louise Marvin |                  | 29             | 3000M Run    | 11-07.8         |        |
|               |                  |                | 1500M Run    | 5-01.0          |        |
| U/15 Girls    | Brittany Melrose | 21             | 1500M Walk   | 7-37.5          |        |

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LAANSW REGION 1 CARNIVAL

Centre: 84 - Ku-Ring-Gai

| Age Group  | Athlete Name       | Number | Event        | Result |           |         |
|------------|--------------------|--------|--------------|--------|-----------|---------|
| U/9 Boys   | Shavil Mendis      | 213    | 100M Run     | 15.2   |           |         |
|            |                    |        | 70M Run      | 10.6   |           |         |
|            |                    |        | Long Jump    | 3.92   |           |         |
| U/10 Boys  | Guy Desmidt        | 215    | 1100M Walk   | 6-45.4 |           |         |
|            | Ben Thornton       | 43     | 200M Run     | 30.2   |           |         |
| U/11 Boys  | Seth Godlewski     | 194    | 800M Run     | 2-27.6 |           |         |
|            |                    |        | 1500M Run    | 5-02.7 |           |         |
|            | Nick McKell        | 146    | High Jump    | 1.35   |           |         |
|            | Sam Mete           | 252    | 200M Run     | 28.4   |           |         |
|            |                    |        | Long Jump    | 4.55   |           |         |
|            | Liam Whiting       | 150    | 100M Run     | 13.2   |           |         |
|            |                    |        | 1500M Run    | 5-04.0 |           |         |
| U/12 Boys  | Jack Duffin        | 121    | 1500M Walk   | 8-16.2 |           |         |
|            | Crawford Huuk      | 289    | 1500M Run    | 5-08.0 |           |         |
|            | Oliver Knight      | 236    | Shot Put     | 9.29   |           |         |
|            | Scott MacLennan    | 238    | Discus       | 31.29  |           |         |
|            | Lloyd Marshall     | 468    | 800M Run     | 2-30.9 |           |         |
| U/14 Boys  | Zachary Gelder     | 464    | 200M Run     | 24.9   |           |         |
|            |                    |        | 800M Run     | 2-11.7 |           |         |
|            |                    |        | 400M Run     | 54.0   |           |         |
|            | James Meppem       | 104    | Long Jump    | 4.71   |           |         |
| U/15 Boys  | Angus McEntyre     | 4      | Discus       | 43.48  |           |         |
|            | Tom Meppem         | 514    | Long Jump    | 6.07   |           |         |
|            |                    |        | High Jump    | 1.76   |           |         |
|            | Nathan Sharpe      | 12     | 400M Run     | 54.3   |           |         |
|            | Benjamin Trupiano  | 9      | 1500M Walk   | 8-18.0 |           |         |
| U/9 Girls  | Antonia Howard     | 30     | 800M Run     | 2-47.7 |           |         |
|            |                    |        | 70M Run      | 11.0   |           |         |
| U/10 Girls | Rebecca Melville   | 115    | 1100M Walk   | 6-38.9 |           |         |
| U/13 Girls | Annaliese Gardiner | 33     | 100M Run     | 12.8   |           |         |
|            |                    |        | 80M Hurdles  | 12.8   |           |         |
|            |                    |        | 200M Hurdles | 28.9   |           |         |
|            |                    |        | 200M Run     | 26.9   |           |         |
|            | Michelle Troup     | 140    | Discus       | 28.14  |           |         |
|            |                    |        | Thea Welsby  | 277    | 1500M Run | 5-05.2  |
|            |                    |        |              |        | 3000M Run | 10-47.3 |
|            |                    |        |              |        | 800M Run  | 2-30.0  |

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|            |                 |     |              |        |
|------------|-----------------|-----|--------------|--------|
| U/14 Girls | Crystal Balkin  | 163 | Javelin      | 24.62  |
|            | Lee Desmidt     | 214 | Long Jump    | 5.25   |
|            | Ellie Maxton    | 23  | 80M Hurdles  | 12.7   |
|            | Freya Seale     | 103 | Discus       | 30.30  |
|            |                 |     | Shot Put     | 9.92   |
| U/15 Girls | Natasha Hall    | 3   | 1500M Walk   | 8-21.3 |
|            | Alice King      | 5   | 200M Hurdles | 30.0   |
|            |                 |     | 90M Hurdles  | 14.3   |
|            |                 |     | Triple Jump  | 9.93   |
|            |                 |     | Long Jump    | 4.75   |
|            | Ashleigh Knight | 16  | Javelin      | 26.87  |
|            | Anne Sandig     | 18  | 200M Hurdles | 30.2   |

LAANSW REGION 1 CARNIVAL

Centre: 105 - Wyong

| Age Group  | Athlete Name     | Number | Event       | Result  |
|------------|------------------|--------|-------------|---------|
| U/10 Boys  | Ryan Bell        | 14     | 1100M Walk  | 6-45.4  |
|            | Benjamin Butler  | 21     | 60M Hurdles | 10.8    |
|            |                  |        | 70M Run     | 10.3    |
| U/14 Boys  | Mitch Lozinski   | 7      | 3000M Run   | 10-40.9 |
| U/15 Girls | Jessica Drysdale | 115    | 1500M Run   | 4-56.1  |

LAANSW REGION 1 CARNIVAL

Centre: 155 - Terrigal/Wamberal

| Age Group  | Athlete Name      | Number | Event        | Result  |
|------------|-------------------|--------|--------------|---------|
| U/9 Boys   | Jack Collett      | 142    | 800M Run     | 2-39.7  |
| U/15 Boys  | Eamon Akamarmoi   | 22     | Triple Jump  | 12.29   |
|            |                   |        | 200M Hurdles | 27.1    |
| U/10 Girls | Bianca Mould      | 2      | 100M Run     | 15.0    |
|            |                   |        | 60M Hurdles  | 11.1    |
|            |                   |        | 70M Run      | 10.3    |
| U/14 Girls | Danielle Bradbury | 4      | 100M Run     | 12.8    |
|            |                   |        | 200M Run     | 26.8    |
| U/15 Girls | Kaitlin Murphy    | 1      | 1500M Run    | 4-53.6  |
|            |                   |        | 800M Run     | 2-22.0  |
|            |                   |        | 3000M Run    | 10-57.8 |

LAANSW REGION 1 CARNIVAL

Centre: 157 - Northern Districts

| Age Group  | Athlete Name      | Number   | Event       | Result |
|------------|-------------------|----------|-------------|--------|
| U/10 Boys  | Glenn Clothier    | 197      | 60M Hurdles | 10.5   |
|            | Mitchel Van Noort | 5        | 100M Run    | 14.8   |
|            |                   |          | Long Jump   | 4.16   |
|            |                   |          | 200M Run    | 29.9   |
| U/12 Boys  | Evan Clothier     | 196      | 200M Run    | 28.3   |
| U/13 Boys  | Tom Mooney        | 357      | Javelin     | 34.88  |
| U/14 Boys  | Mark Murphy       | 241      | Discus      | 41.94  |
| U/15 Boys  | Jeremy Bingham    | 15       | Shot Put    | 11.75  |
|            | Matthew Mooney    |          | Javelin     | 48.14  |
| 157        |                   | 800M Run | 2-07.8      |        |
|            |                   | 400M Run | 54.5        |        |
| U/9 Girls  | Alysha Burnett    | 183      | Shot Put    | 6.42   |
| U/11 Girls | Katy Oswald       | 57       | 100M Run    | 14.3   |
|            |                   |          | 200M Run    | 29.3   |
| U/14 Girls | Lucy Oswald       | 56       | High Jump   | 1.51   |
| U/15 Girls | Elizabeth Carr    | 42       | 400M Run    | 1-00.0 |
|            |                   |          | 800M Run    | 2-22.9 |

LAANSW REGION 1 CARNIVAL

Centre: 158 - Nth Rocks/Carlingford

| Age Group  | Athlete Name      | Number | Event        | Result |
|------------|-------------------|--------|--------------|--------|
| U/9 Boys   | Oliver Green      | 44     | Shot Put     | 7.13   |
| U/10 Boys  | Morgan Paterson   | 175    | High Jump    | 1.31   |
| U/14 Boys  | Joshua Ralph      | 261    | 1500M Run    | 4-36.6 |
|            |                   |        | 800M Run     | 2-11.3 |
|            | Malcolm Ramsay    | 38     | 1500M Walk   | 8-44.1 |
|            | William Sacilotto | 210    | Shot Put     | 13.45  |
| U/13 Girls | Tahlia Smith      | 255    | Shot Put     | 9.70   |
|            |                   |        | 200M Hurdles | 29.6   |
|            |                   |        | 80M Hurdles  | 13.8   |

LAANSW REGION 1 CARNIVAL

Centre: 165 - Tuggerah Lakes Mingara

| Age Group  | Athlete Name     | Number   | Event            | Result |
|------------|------------------|----------|------------------|--------|
| U/9 Boys   | Scott Drinkwater | 380      | 400M Run         | 1-09.0 |
|            |                  |          | 200M Run         | 31.6   |
|            | Joshua Parkinson | 152      | 100M Run         | 14.8   |
|            |                  |          | High Jump        | 1.18   |
| U/10 Boys  | Isaac Simpson    | 8        | 200M Run         | 30.4   |
|            |                  |          | 100M Run         | 14.6   |
|            |                  |          | Long Jump        | 4.22   |
| U/11 Boys  | Liam Hayes       | 242      | Long Jump        | 4.21   |
| U/13 Boys  | Lachlan Dewar    | 272      | Triple Jump      | 9.93   |
|            | Tom Evans        | 52       | High Jump        | 1.71   |
|            | Justin Gow       | 158      | 80M Hurdles      | 13.5   |
| U/14 Boys  | Mark O'Dare      | 360      | High Jump        | 1.59   |
|            |                  |          | Michael Raterman | 356    |
|            |                  | 200M Run | 24.5             |        |
|            | Harry Soiland    | 2        | 1500M Walk       | 9-00.8 |
| U/10 Girls | Kia Prokopiou    | 9        | 200M Run         | 31.4   |
|            | Brooke Walker    | 7        | 200M Run         | 31.2   |
| U/11 Girls | Madeleine Bird   | 229      | Long Jump        | 4.08   |
|            |                  |          | High Jump        | 1.31   |
|            | Mikaela Hale     | 317      | 100M Run         | 14.1   |
|            |                  |          | 200M Run         | 29.9   |
|            |                  |          | 60M Hurdles      | 10.5   |
| U/14 Girls | Maddy Linwood    | 257      | 400M Run         | 1-02.1 |
|            | Alana Nelson     | 3        | 1500M Walk       | 8-35.1 |
| U/15 Girls | Erin Corbett     | 481      | 100M Run         | 13.6   |
|            | Belinda Kayser   | 377      | Long Jump        | 4.60   |

**LAANSW REGION 1 CARNIVAL**

**Centre:** 171 - Riverstone

| <b>Age Group</b> | <b>Athlete Name</b> | <b>Number</b> | <b>Event</b> | <b>Result</b> |
|------------------|---------------------|---------------|--------------|---------------|
| U/13 Boys        | Jesse Beadman       | 113           | 3000M Run    | 10-49.3       |
|                  |                     |               | 800M Run     | 2-23.6        |
|                  | Jake Richardson     | 23            | 1500M Run    | 5-15.5        |
| U/14 Boys        | Michael Inskip      | 108           | 400M Run     | 56.6          |
| U/15 Girls       | Hayley Jones        | 107           | 800M Run     | 2-24.0        |
|                  |                     |               | 400M Run     | 1-00.5        |

## LAANSW REGION 1 CARNIVAL

Centre: 178 - Woy Woy Peninsula

| Age Group  | Athlete Name   | Number | Event       | Result |
|------------|----------------|--------|-------------|--------|
| U/15 Boys  | Cameron Bruce  | 72     | 1500M Walk  | 8-29.2 |
| U/13 Girls | Elise Cansdale | 63     | Discus      | 34.44  |
|            |                |        | Shot Put    | 8.71   |
| U/14 Girls | Amanda Thorpe  | 64     | Triple Jump | 10.47  |
|            |                |        | Long Jump   | 4.96   |
| U/15 Girls | Amanda Bartrim | 1      | High Jump   | 1.62   |

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**LAANSW REGION 1 CARNIVAL**

**Centre:** 199 - Quakers Hull

| <b>Age Group</b> | <b>Athlete Name</b> | <b>Number</b> | <b>Event</b> | <b>Result</b> |
|------------------|---------------------|---------------|--------------|---------------|
| U/13 Boys        | D Moonesamy         | 142           | 100M Run     | 12.5          |
|                  |                     |               | 200M Run     | 25.7          |

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LAANSW REGION 1 CARNIVAL

Centre: 219 - Cherrybrook

| Age Group  | Athlete Name         | Number | Event       | Result  |
|------------|----------------------|--------|-------------|---------|
| U/9 Boys   | Alexander Tripolone  | 294    | Shot Put    | 6.98    |
| U/12 Boys  | Josh Davies          | 405    | 1500M Run   | 4-54.3  |
|            | Mason Farrell        | 417    | 60M Hurdles | 9.9     |
|            |                      |        | Long Jump   | 4.92    |
|            | Brendan Hoyer        | 127    | Long Jump   | 4.51    |
| U/14 Boys  | Mitchell Grehan      | 195    | High Jump   | 1.59    |
|            |                      |        | Triple Jump | 11.18   |
| U/9 Girls  | Natalie Tobin        | 202    | 100M Run    | 15.1    |
|            |                      |        | 400M Run    | 1-11.8  |
|            |                      |        | 200M Run    | 31.5    |
| U/10 Girls | Erin Blundell        | 19     | High Jump   | 1.24    |
|            |                      |        | 800M Run    | 2-41.8  |
|            |                      |        | 400M Run    | 1-10.0  |
| U/11 Girls | Courtney Chamberlain | 305    | 1500M Run   | 5-23.2  |
|            |                      |        | 800M Run    | 2-34.0  |
|            |                      |        | 400M Run    | 1-07.0  |
|            | Heidi Sfiligoi       | 276    | 200M Run    | 30.2    |
|            |                      |        | 100M Run    | 14.6    |
|            | Philippa Williams    | 360    | High Jump   | 1.33    |
| U/12 Girls | Jenny Blundell       | 18     | 400M Run    | 1-04.7  |
|            |                      |        | 800M Run    | 2-26.1  |
|            |                      |        | 1500M Run   | 5-00.8  |
| U/13 Girls | Michelle Jenneke     | 210    | 80M Hurdles | 13.4    |
|            | Hannah Menday        | 356    | 3000M Run   | 11-08.8 |
|            |                      |        | 800M Run    | 2-29.3  |
|            | Amy Pejkovic         | 177    | Triple Jump | 10.31   |
|            |                      |        | High Jump   | 1.61    |
|            |                      |        | Long Jump   | 4.97    |
| U/14 Girls | Kristina Cavanna     | 231    | 1500M Run   | 5-06.5  |
|            | Emma Hunt            | 12     | 400M Run    | 1-02.3  |
|            |                      |        | 800M Run    | 2-27.6  |
| U/15 Girls | Simone Baker         | 158    | Triple Jump | 9.95    |
|            | Victoria Low         | 304    | 3000M Run   | 11-10.2 |
|            | Sarah Thomson        | 28     | 200M Run    | 26.1    |
|            |                      |        | 100M Run    | 12.7    |