

**LITTLE ATHLETICS ASSOCIATION OF NEW SOUTH WALES INC.**  
**Region Track & Field Program - Events by Day**

**Girls Events**

DAY	Under 8 Girls		Under 9 Girls		Under 10 Girls		Under 11 Girls		Under 12 Girls		Under 13 Girls		Under 14 Girls		Under 15 Girls		Under 17 Girls		
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	
<b>Saturday</b>	60h 100m 400m	DIS L/J	60h 100m 400m	H/J S/P	1500m 60h 100m 400m	DIS L/J	1500m 60h 100m 400m	S/P H/J T/J	1500m 60h 100m 400m	DIS L/J	1500m 200h 100m 400m 3000m	L/J H/J S/P	1500m 200h 100m 400m 3000m	S/P JAV L/J	1500m 200h 100m 400m 3000m	H/J T/J DIS	1500m 200h 100m 400m 3000m	1500m 200h 100m 400m 3000m	DIS T/J JAV
<b>Sunday</b>	70m P/Start 200m	S/P	70m Walk 800m 200m	L/J DIS	70m Walk 800m 200m	S/P H/J	Walk 200m 800m	DIS L/J	Walk 200m 800m	H/J S/P T/J	Walk 80h 200m 800m	DIS JAV T/J	Walk 80h 200m 800m	T/J H/J DIS	Walk 90h 200m 800m	L/J S/P JAV	Walk 100h 200m 800m	Walk 100h 200m 800m	L/J S/P H/J

**Boys Events**

DAY	Under 8 Boys		Under 9 Boys		Under 10 Boys		Under 11 Boys		Under 12 Boys		Under 13 Boys		Under 14 Boys		Under 15 Boys		Under 17 Boys		
	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	Track	Field	
<b>Saturday</b>	60h 100m 400m	S/P L/J	60h 100m 400m	H/J S/P	1500m 60h 100m 400m	L/J DIS	1500m 60h 100m 400m	S/P T/J	1500m 60h 100m 400m	H/J L/J DIS	1500m 200h 100m 400m 3000m	T/J DIS JAV	1500m 200h 100m 400m 3000m	DIS T/J H/J	1500m 200h 100m 400m 3000m	L/J S/P JAV	1500m 200h 100m 400m 3000m	1500m 200h 100m 400m 3000m	S/P L/J H/J
<b>Sunday</b>	70m P/Start 200m	DIS	70m Walk 800m 200m	L/J DIS	70m Walk 800m 200m	H/J S/P	Walk 200m 800m	H/J L/J DIS	Walk 200m 800m	S/P T/J	Walk 80h 200m 800m	H/J L/J S/P	Walk 90h 200m 800m	S/P L/J JAV	Walk 100h 200m 800m	DIS T/J H/J	Walk 110h 200m 800m	Walk 110h 200m 800m	DIS T/J JAV

**State Friday Night Field Events shown in Red**