

MULTI EVENT

Conducted by
SOUTH WEST METROPOLITAN ZONE

OPEN TO ALL REGISTERED LAANSW ATHLETES



DATE: Sunday 12th December 2010
PLACE: ESCHOL PARK SPORTS COMPLEX
Epping Forest Drive, Eschol Park
(UBD – Map 326 J4)



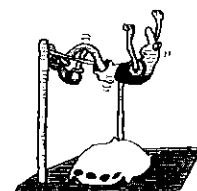
ENTRY FEE: \$5.00 per athlete
ENTRIES CLOSE: Monday 6th December 2010
FIRST CALL: 10:00am
FIRST EVENT: 10:15am

Contact: Gordon T Costello (Zone Coordinator) H: 9605 5553
W: 9600 9333
M: 0431 368 603



EVENTS

U/7	100m	Pack	50m	Shot Put	Discus	Long Jump	
U/8	200m	Pack	70m	Shot Put	Discus	Long Jump	
U/9	200m	800m	60m Hurdles	Shot Put	Discus	Long Jump	
U/10	200m	800m	60m Hurdles	Shot Put	Discus	Long Jump	
U/11	200m	800m	60m Hurdles	Shot Put	Discus	Long Jump	
U/12	200m	800m	60m Hurdles	Shot Put	Discus	Long Jump	
U/13	200m	800m	80m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.00m)
U/14G	200m	800m	80m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.05m)
U/14B	200m	800m	90m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.05m)
U/15G	100m	800m	90m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.10m)
U/15B	100m	800m	100m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.10m)
U16/17G	100m	800m	90m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.10m)
U16/17B	100m	800m	110m Hurdles	Shot Put	Discus	Long Jump	High Jump (1.10m)



- ◆ This is a multi event competition athletes should compete in all events. Failure to compete in all events will render the athlete ineligible to gain an official placing.
- ◆ Medals for 1st 2nd & 3rd placed athletes in each age group.
- ◆ Competition will be conducted under LAANSW/IAAF/LOCAL Rules.
- ◆ Approved Centre or Club uniform must be worn with registration number clearly displayed on chest and age patch on left hand side of uniform.
- ◆ Footwear is compulsory for ALL competitors in ALL events.
- ◆ Certificates for every competitor.
- ◆ We will be calling upon parents of competing athletes to assist at events.

