

NORTHERN METROPOLITAN LITTLE ATHLETICS ASSOCIATION INC. ZONE Carnival

TRACK PROGRAM – Saturday 10th December 2011

PLEASE NOTE: Times shown are “NOT TO START BEFORE TIMES” (i.e. they may start later)

CIRCULAR TRACK

ALL 3K COMPETITORS CAN BE MARSHALLED TO RACE AT 4:00PM

MARSHALLING COMMENCES AT 8:15AM

T1	U/13	Girls	1500M Run	Final	8:30
T2	U/13	Boys	1500M Run	Final	
T3	U/14	Girls	1500M Run	Final	
T4	U/14	Boys	1500M Run	Final	
T5	U/15	Girls	1500M Run	Final	
T6	U/15	Boys	1500M Run	Final	
T7	U/17	Girls	1500M Run	Final	
T8	U/17	Boys	1500M Run	Final	

T71	U/13	Girls	3000m Run	Final	4:00
T72	U/13	Boys	3000m Run	Final	
T73	U/14	Girls	3000m Run	Final	
T74	U/14	Boys	3000m Run	Final	
T75	U/15	Girls	3000m Run	Final	
T76	U/15	Boys	3000m Run	Final	
T77	U/17	Girls	3000m Run	Final	
T78	U/17	Boys	3000m Run	Final	

OFFICIAL OPENING BY ZONE CO

STRAIGHT TRACK

T9	U/7	Girls	200M Run	Heats	9:30
T10	U/7	Boys	200M Run	Heats	
T11	U/13	Girls	200M Hurdles	Heats	
T12	U/13	Boys	200M Hurdles	Heats	
T13	U/14	Girls	200M Hurdles	Heats	
T14	U/14	Boys	200M Hurdles	Heats	
T15	U/15	Girls	200M Hurdles	Heats	
T16	U/15	Boys	200M Hurdles	Heats	
T17	U/17	Girls	200M Hurdles	Heats	
T18	U/17	Boys	200M Hurdles	Heats	
T19	U/7	Girls	200M Run	Final	
T20	U/7	Boys	200M Run	Final	
T21	U/13	Girls	200M Hurdles	Final	
T22	U/13	Boys	200M Hurdles	Final	
T23	U/14	Girls	200M Hurdles	Final	
T24	U/14	Boys	200M Hurdles	Final	
T25	U/15	Girls	200M Hurdles	Final	
T26	U/15	Boys	200M Hurdles	Final	
T27	U/17	Girls	200M Hurdles	Final	
T28	U/17	Boys	200M Hurdles	Final	
T29	U/10	Girls	1500M Run	Final	11:30
T30	U/10	Boys	1500M Run	Final	
T31	U/11	Girls	1500M Run	Final	
T32	U/11	Boys	1500M Run	Final	
T33	U/12	Girls	1500M Run	Final	
T34	U/12	Boys	1500M Run	Final	
T35	U/13	Girls	400M Run	Heats	1:30
T36	U/13	Boys	400M Run	Heats	
T37	U/14	Girls	400M Run	Heats	
T38	U/14	Boys	400M Run	Heats	
T39	U/15	Girls	400M Run	Heats	
T40	U/15	Boys	400M Run	Heats	
T41	U/17	Girls	400M Run	Heats	
T42	U/17	Boys	400M Run	Heats	
T43	U/8	Girls	400M Run	Heats	
T44	U/8	Boys	400M Run	Heats	
T45	U/9	Girls	400M Run	Heats	
T46	U/9	Boys	400M Run	Heats	
T47	U/10	Girls	400M Run	Heats	
T48	U/10	Boys	400M Run	Heats	
T49	U/11	Girls	400M Run	Heats	
T50	U/11	Boys	400M Run	Heats	
T51	U/12	Girls	400M Run	Heats	
T52	U/12	Boys	400M Run	Heats	
T53	U/13	Girls	400M Run	Final	
T54	U/13	Boys	400M Run	Final	
T55	U/14	Girls	400M Run	Final	
T56	U/14	Boys	400M Run	Final	
T57	U/15	Girls	400M Run	Final	
T58	U/15	Boys	400M Run	Final	
T59	U/17	Girls	400M Run	Final	
T60	U/17	Boys	400M Run	Final	
T61	U/8	Girls	400M Run	Final	
T62	U/8	Boys	400M Run	Final	
T63	U/9	Girls	400M Run	Final	
T64	U/9	Boys	400M Run	Final	
T65	U/10	Girls	400M Run	Final	
T66	U/10	Boys	400M Run	Final	
T67	U/11	Girls	400M Run	Final	
T68	U/11	Boys	400M Run	Final	
T69	U/12	Girls	400M Run	Final	
T70	U/12	Boys	400M Run	Final	

MARSHALLING COMMENCES AT 8:15AM

T79	U/8	Girls	60M Hurdles	Heats	8:30
T80	U/8	Boys	60M Hurdles	Heats	
T81	U/9	Girls	60M Hurdles	Heats	
T82	U/9	Boys	60M Hurdles	Heats	
T83	U/10	Girls	60M Hurdles	Heats	
T84	U/10	Boys	60M Hurdles	Heats	
T85	U/11	Girls	60M Hurdles	Heats	
T86	U/11	Boys	60M Hurdles	Heats	
T87	U/12	Girls	60M Hurdles	Heats	
T88	U/12	Boys	60M Hurdles	Heats	
T89	U/8	Girls	60M Hurdles	Final	
T90	U/8	Boys	60M Hurdles	Final	
T91	U/9	Girls	60M Hurdles	Final	
T92	U/9	Boys	60M Hurdles	Final	
T93	U/10	Girls	60M Hurdles	Final	
T94	U/10	Boys	60M Hurdles	Final	
T95	U/11	Girls	60M Hurdles	Final	
T96	U/11	Boys	60M Hurdles	Final	
T97	U/12	Girls	60M Hurdles	Final	
T98	U/12	Boys	60M Hurdles	Final	
T99	U/13	Girls	100M Run	Heats	10:30
T100	U/13	Boys	100M Run	Heats	
T101	U/14	Girls	100M Run	Heats	
T102	U/14	Boys	100M Run	Heats	
T103	U/15	Girls	100M Run	Heats	
T104	U/15	Boys	100M Run	Heats	
T105	U/17	Girls	100M Run	Heats	
T106	U/17	Boys	100M Run	Heats	
T107	U/7	Girls	100M Run	Heats	
T108	U/7	Boys	100M Run	Heats	
T109	U/8	Girls	100M Run	Heats	
T110	U/8	Boys	100M Run	Heats	
T111	U/9	Girls	100M Run	Heats	
T112	U/9	Boys	100M Run	Heats	
T113	U/10	Girls	100M Run	Heats	
T114	U/10	Boys	100M Run	Heats	
T115	U/11	Girls	100M Run	Heats	
T116	U/11	Boys	100M Run	Heats	
T117	U/12	Girls	100M Run	Heats	
T118	U/12	Boys	100M Run	Heats	
T119	U/7	Girls	50M Run	Heats	
T120	U/7	Boys	50M Run	Heats	
T121	U/13	Girls	100M Run	Final	12:30
T122	U/13	Boys	100M Run	Final	
T123	U/14	Girls	100M Run	Final	
T124	U/14	Boys	100M Run	Final	
T125	U/15	Girls	100M Run	Final	
T126	U/15	Boys	100M Run	Final	
T127	U/17	Girls	100M Run	Final	
T128	U/17	Boys	100M Run	Final	
T129	U/7	Girls	50M Run	Final	
T130	U/7	Boys	50M Run	Final	
T131	U/8	Girls	100M Run	Final	
T132	U/8	Boys	100M Run	Final	
T133	U/9	Girls	100M Run	Final	
T134	U/9	Boys	100M Run	Final	
T135	U/10	Girls	100M Run	Final	
T136	U/10	Boys	100M Run	Final	
T137	U/11	Girls	100M Run	Final	
T138	U/11	Boys	100M Run	Final	
T139	U/12	Girls	100M Run	Final	
T140	U/12	Boys	100M Run	Final	
T141	U/7	Girls	100M Run	Final	
T142	U/7	Boys	100M Run	Final	

NORTHERN METROPOLITAN LITTLE ATHLETICS ASSOCIATION INC. ZONE Carnival**FIELD PROGRAM – Sat 10th December, 2011****PLEASE NOTE: Times shown are “NOT TO START BEFORE TIMES”**

F1	U/9	Boys	High Jump	8:30	F3	U/13	Girls	Long Jump	8:30
F2	U/12	Boys	High Jump	8:30	F4	U/15	Boys	Long Jump	8:30
F10	U/9	Girls	High Jump	10:00	F5	U/13	Boys	Triple Jump	8:30
F11	U/15	Girls	High Jump	10:00	F12	U/10	Boys	Long Jump	8:30
F19	U/11	Girls	High Jump	11:30	F13	U/17	Boys	Long Jump	10:00
F20	U/13	Girls	High Jump	11:30	F14	U/14	Boys	Triple Jump	10:00
F29	U/14	Boys	High Jump	1:00	F21	U/12	Girls	Long Jump	10:00
F30	U/17	Boys	High Jump	1:00	F22	U/12	Boys	Long Jump	10:00
					F23	U/17	Girls	Triple Jump	11:30
F28	U/13	Boys	Javelin	9:30	F31	U/8	Girls	Long Jump	11:30
F49	U/15	Boys	Javelin	11:00	F32	U/10	Girls	Long Jump	11:30
F47	U/17	Girls	Javelin	12:00	F33	U/15	Girls	Triple Jump	11:30
F44	U/12	Girls	Javelin	1:00	F38	U/8	Boys	Long Jump	1:00
F37	U/14	Girls	Javelin	2:30	F39	U/14	Girls	Long Jump	1:00
					F40	U/11	Boys	Triple Jump	1:00
					F45	U/11	Girls	Triple Jump	1:00
F6	U/12	Girls	Discus	8:30	F8	U/11	Girls	Shot Put	8:30
F7	U/14	Boys	Discus	8:30	F9	U/17	Boys	Shot Put	8:30
F15	U/10	Girls	Discus	9:30	F17	U/11	Boys	Shot Put	9:30
F16	U/17	Girls	Discus	9:30	F18	U/14	Girls	Shot Put	9:30
F24	U/8	Girls	Discus	11:00	F26	U/8	Boys	Shot Put	11:00
F25	U/7	Girls	Discus	11:00	F27	U/9	Boys	Shot Put	11:00
F34	U/10	Boys	Discus	12:30	F35	U/7	Boys	Shot Put	12:30
F41	U/12	Boys	Discus	12:30	F36	U/9	Girls	Shot Put	12:30
F46	U/15	Girls	Discus	2:00	F42	U/13	Girls	Shot Put	2:00
F48	U/13	Boys	Discus	2:00	F43	U/15	Boys	Shot Put	2:00

NORTHERN METROPOLITAN LITTLE ATHLETICS ASSOCIATION INC. ZONE Carnival

TRACK PROGRAM – Sunday 11th December 2011

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CIRCULAR TRACK

CIRCULAR TRACK (CONT'd)

MARSHALLING COMMENCES AT 8:15AM

ALLWALKERS CAN BE MARSHALLED TO RACE AT 8:45

T143	U/7	Girls	Pack Start	Final	8:30
T144	U/7	Boys	Pack Start	Final	
T145	U/8	Girls	Pack Start	Final	
T146	U/8	Boys	Pack Start	Final	
T147	U/9	Girls	700M Walk	Final	8:45
T148	U/9	Boys	700M Walk	Final	
T149	U/10	Girls	1100M Walk	Final	
T150	U/10	Boys	1100M Walk	Final	
T151	U/11	Girls	1100M Walk	Final	
T152	U/11	Boys	1100M Walk	Final	
T153	U/12	Girls	1500M Walk	Final	
T154	U/12	Boys	1500M Walk	Final	
T155	U/13	Girls	1500M Walk	Final	
T156	U/13	Boys	1500M Walk	Final	
T157	U/14	Girls	1500M Walk	Final	
T158	U/14	Boys	1500M Walk	Final	
T159	U/15	Girls	1500M Walk	Final	
T160	U/15	Boys	1500M Walk	Final	
T161	U/17	Girls	1500M Walk	Final	
T162	U/17	Boys	1500M Walk	Final	
T163	U/9	Girls	800M Run	Heats	10:30
T164	U/9	Boys	800M Run	Heats	
T165	U/10	Girls	800M Run	Heats	
T166	U/10	Boys	800M Run	Heats	
T167	U/11	Girls	800M Run	Heats	
T168	U/11	Boys	800M Run	Heats	
T169	U/12	Girls	800M Run	Heats	
T170	U/12	Boys	800M Run	Heats	
T171	U/13	Girls	800M Run	Heats	
T172	U/13	Boys	800M Run	Heats	
T173	U/14	Girls	800M Run	Heats	
T174	U/14	Boys	800M Run	Heats	
T175	U/15	Girls	800M Run	Heats	
T176	U/15	Boys	800M Run	Heats	
T177	U/17	Girls	800M Run	Heats	
T178	U/17	Boys	800M Run	Heats	

T207	U/14	Girls	800M Run	Final	
T208	U/14	Boys	800M Run	Final	
T209	U/15	Girls	800M Run	Final	
T210	U/15	Boys	800M Run	Final	
T211	U/17	Girls	800M Run	Final	
T212	U/17	Boys	800M Run	Final	
T213	U/8	Girls	200M Run	Final	
T214	U/8	Boys	200M Run	Final	
T215	U/9	Girls	200M Run	Final	
T216	U/9	Boys	200M Run	Final	
T217	U/10	Girls	200M Run	Final	
T218	U/10	Boys	200M Run	Final	
T219	U/11	Girls	200M Run	Final	
T220	U/11	Boys	200M Run	Final	
T221	U/12	Girls	200M Run	Final	
T222	U/12	Boys	200M Run	Final	
T223	U/13	Girls	200M Run	Final	
T224	U/13	Boys	200M Run	Final	
T225	U/14	Girls	200M Run	Final	
T226	U/14	Boys	200M Run	Final	
T227	U/15	Girls	200M Run	Final	
T228	U/15	Boys	200M Run	Final	
T229	U/17	Girls	200M Run	Final	
T230	U/17	Boys	200M Run	Final	
T231	Junior	Girls	Relay		3:30
T232	Junior	Boys	Relay		
T233	Senior	Girls	Relay		
T234	Senior	Boys	Relay		

Straight Track

MARSHALLING COMMENCES AT 8:15AM

					12:30
U17	LAP OF HONOUR				
T179	U/8	Girls	200M Run	Heats	
T180	U/8	Boys	200M Run	Heats	
T181	U/9	Girls	200M Run	Heats	
T182	U/9	Boys	200M Run	Heats	
T183	U/10	Girls	200M Run	Heats	
T184	U/10	Boys	200M Run	Heats	
T185	U/11	Girls	200M Run	Heats	
T186	U/11	Boys	200M Run	Heats	
T187	U/12	Girls	200M Run	Heats	
T188	U/12	Boys	200M Run	Heats	
T189	U/13	Girls	200M Run	Heats	
T190	U/13	Boys	200M Run	Heats	
T191	U/14	Girls	200M Run	Heats	
T192	U/14	Boys	200M Run	Heats	
T193	U/15	Girls	200M Run	Heats	
T194	U/15	Boys	200M Run	Heats	
T195	U/17	Girls	200M Run	Heats	
T196	U/17	Boys	200M Run	Heats	
T197	U/9	Girls	800M Run	Final	
T198	U/9	Boys	800M Run	Final	
T199	U/10	Girls	800M Run	Final	
T200	U/10	Boys	800M Run	Final	
T201	U/11	Girls	800M Run	Final	
T202	U/11	Boys	800M Run	Final	
T203	U/12	Girls	800M Run	Final	
T204	U/12	Boys	800M Run	Final	
T205	U/13	Girls	800M Run	Final	
T206	U/13	Boys	800M Run	Final	

T235	U/13	Girls	80M Hurdles	Heats	8:30
T236	U/13	Boys	80M Hurdles	Heats	
T237	U/14	Girls	80M Hurdles	Heats	
T238	U/14	Boys	90M Hurdles	Heats	
T239	U/15	Girls	90M Hurdles	Heats	
T240	U/15	Boys	100M Hurdles	Heats	
T241	U/17	Girls	100M Hurdles	Heats	
T242	U/17	Boys	110M Hurdles	Heats	
T243	U/13	Girls	80M Hurdles	Final	
T244	U/13	Boys	80M Hurdles	Final	
T245	U/14	Girls	80M Hurdles	Final	
T246	U/14	Boys	90M Hurdles	Final	
T247	U/15	Girls	90M Hurdles	Final	
T248	U/15	Boys	100M Hurdles	Final	
T249	U/17	Girls	100M Hurdles	Final	
T250	U/17	Boys	110M Hurdles	Final	
T251	U/7	Girls	70M Run	Heats	9:30
T252	U/7	Boys	70M Run	Heats	
T253	U/8	Girls	70M Run	Heats	
T254	U/8	Boys	70M Run	Heats	
T255	U/9	Girls	70M Run	Heats	
T256	U/9	Boys	70M Run	Heats	
T257	U/10	Girls	70M Run	Heats	
T258	U/10	Boys	70M Run	Heats	
T259	U/7	Girls	70M Run	Final	
T260	U/7	Boys	70M Run	Final	
T261	U/8	Girls	70M Run	Final	
T262	U/8	Boys	70M Run	Final	
T263	U/9	Girls	70M Run	Final	
T264	U/9	Boys	70M Run	Final	
T265	U/10	Girls	70M Run	Final	
T266	U/10	Boys	70M Run	Final	

NORTHERN METROPOLITAN LITTLE ATHLETICS ASSOCIATION INC. ZONE Carnival**FIELD PROGRAM – Sun 11th December, 2011****PLEASE NOTE: Times shown are “NOT TO START BEFORE TIMES”**

F50	U/11	Boys	High Jump	8:30	F52	U/9	Boys	LongJump	8:30
F51	U/12	Girls	High Jump	8:30	F53	U/17	Girls	Long Jump	8:30
F59	U/10	Boys	High Jump	10:00	F54	U/14	Girls	Triple Jump	8:30
F60	U/13	Boys	High Jump	10:00	F61	U/9	Girls	LongJump	8:30
F68	U/14	Girls	High Jump	11:30	F62	U/15	Girls	Long Jump	10:00
F69	U/10	Girls	High Jump	11:30	F63	U/15	Boys	Triple Jump	10:00
F78	U/15	Boys	High Jump	1:00	F70	U/11	Boys	Long Jump	10:00
F79	U/17	Girls	High Jump	1:00	F71	U/14	Boys	Long Jump	10:00
					F72	U/17	Boys	Triple Jump	11:30
F98	U/15	Girls	Javelin	8:30	F80	U/11	Girls	Long Jump	11:30
F93	U/14	Boys	Javelin	10:00	F81	U/13	Boys	Long Jump	11:30
F77	U/13	Girls	Javelin	11:00	F82	U/12	Girls	Triple Jump	11:30
F96	U/17	Boys	Javelin	12:30	F87	U/7	Girls	Long Jump	1:00
F86	U/12	Boys	Javelin	1:30	F88	U/7	Boys	Long Jump	1:00
					F89	U/13	Girls	Triple Jump	1:00
					F94	U/12	Boys	Triple Jump	1:00
F55	U/13	Girls	Discus	8:30	F57	U/10	Girls	Shot Put	8:30
F56	U/15	Boys	Discus	8:30	F58	U/14	Boys	Shot Put	8:30
F64	U/17	Boys	Discus	9:30	F66	U/12	Boys	Shot Put	9:30
F65	U/11	Girls	Discus	9:30	F67	U/17	Girls	Shot Put	9:30
F73	U/8	Boys	Discus	11:00	F75	U/8	Girls	Shot Put	11:00
F74	U/7	Boys	Discus	11:00	F76	U/12	Girls	Shot Put	11:00
F83	U/9	Boys	Discus	12:30	F84	U/7	Girls	Shot Put	12:30
F90	U/9	Girls	Discus	12:30	F85	U/15	Girls	Shot Put	12:30
F95	U/11	Boys	Discus	1:30	F91	U/10	Boys	Shot Put	1:30
F97	U/14	Girls	Discus	1:30	F92	U/13	Boys	Shot Put	1:30