

HORNSBY STAR AWARDS

The Star Awards system provides athletes with goals to aim for during the season based on well-developed performance standards. It also rewards athletes for their attendance, improvement and achievement. Athletes may obtain up to five Stars in a season. The Stars may be displayed on their Centre Uniforms.

A Star will be awarded when qualifying standards have been achieved in a number of track and field events. This encourages young athletes to develop their track and field athletic skills generally rather than specialising at too early an age.

Stars are awarded according to a graduated standard, starting with Yellow, then Green, Red, Blue and finally Gold.

Performance Standards for each event are displayed on the Star Awards Sheet, which should be pasted at the back of the athlete's Achievement Book. An athlete must first attempt to equal or better the standards shown for the Yellow Star. When has been achieved in:

U/6 to U/8s	one track and two field events, or one field and two track events
U/9-to U/10s	two track and two field events, or two field and two track events
U/11 to U/15s	three track and two field events, or three field and two track events

then the Yellow Star can be awarded. Further Stars (Green, Red, and then Blue) may be earned when the same conditions are met at subsequent levels. A single performance, however, may not contribute to more than one Star and even a brilliant performance in a particular event must first be entered against the Yellow standard.

The ultimate achievement, the Gold Star, requires a Blue Star and performance equal to or better than the Gold standard in any two events.

Results must be entered in the first column where the achievement standard is reached. For example, if the Red level for an event is achieved, and there are no results entered for that event in the Yellow or Green levels, it must be entered in the Yellow column.

It is not necessary to use the same events at each level of award. For example, different events may be used to achieve the Green level than the events that were used to achieve the Yellow level. When enough standards have been achieved to qualify for an achievement award, the book should be submitted to the Awards Officer. The awards must be achieved in the correct order, i.e. Yellow, Green, Red, Blue and Gold. So the Yellow award must be achieved before the Green award, and so on.